



Erasmus+

2019-1-PL01-KA203-065784



**HIGH 5**

# INTEGRATED DESIGN

SET OF PRESENTATIONS  
FOR STUDENTS



2019-1-PL01-KA203-065784

**INTEGRATED DESIGN** - Set of presentations for students (English language version)

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Lodz University of Technology, Poland

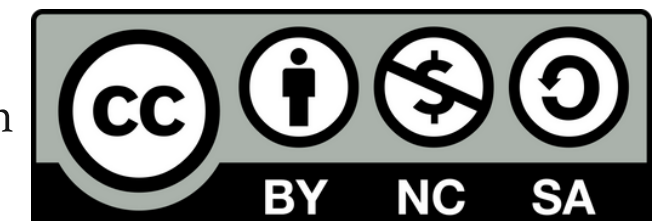
University of Thessaly, Greece

University of Aveiro, Portugal

University of Library Studies and Information Technologies, Bulgaria

Tallinn University, Estonia

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# Integrated Design

Transdisciplinary methodology for Integrated Design in higher education



# What is Integrated Design?

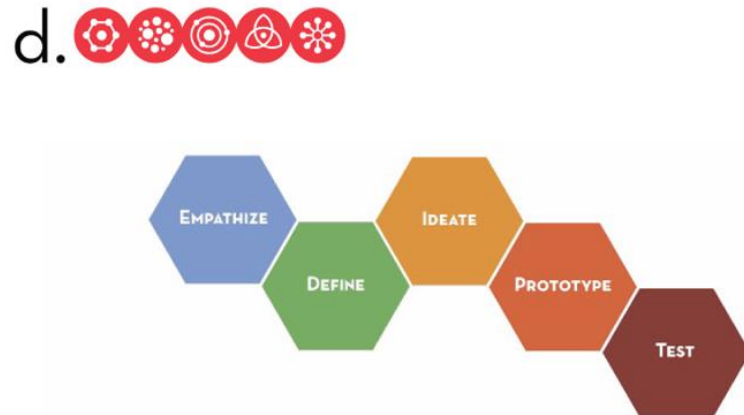
Please think about 3 associations with this term.  
You can write them down.



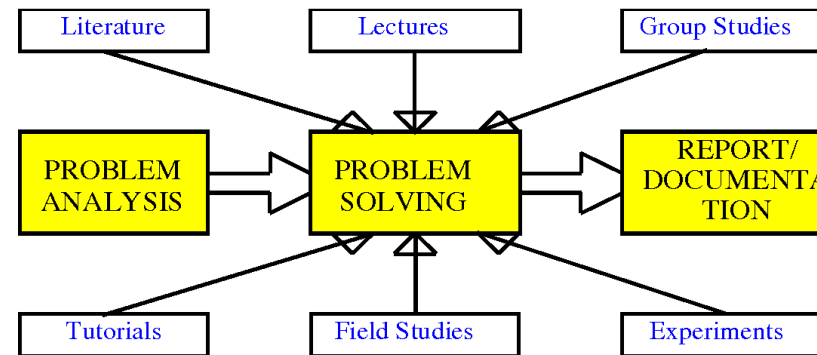
# Integrated Design (ID)

## What is Integrated Design?

- It is a new **methodology** used in **projects**.
- Methodology based on **Design Thinking (DT)** and **Problem-Based Learning (PBL)**



Source: d.school, Stanford University



Source: PBL model at Aalborg University

# Integrated Design

## What is Integrated Design?

- Problems are treated as **challenges**.
- Main goal is to find **the best solution** for your challenge.
- **Creativity** is essential!
- **Sustainable development** and **circular economy aspects** are taken into account in the whole designing process.



Source: United Nations



# Integrated Design

method of meeting humans' needs and desires in a technologically feasible and strategically viable way

human

business



technology

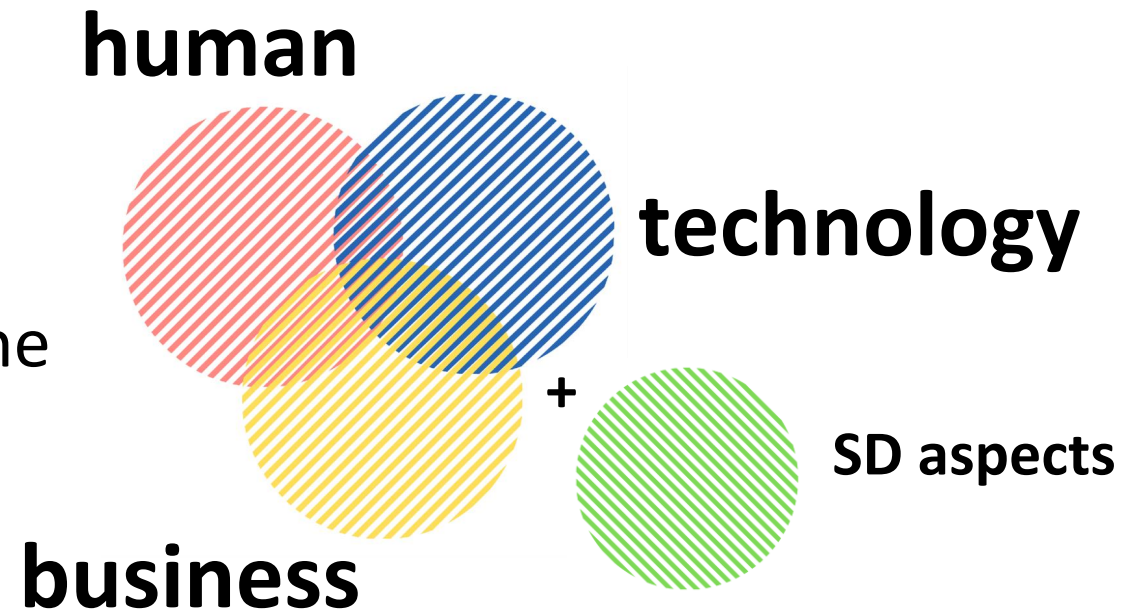


Source: Own creation



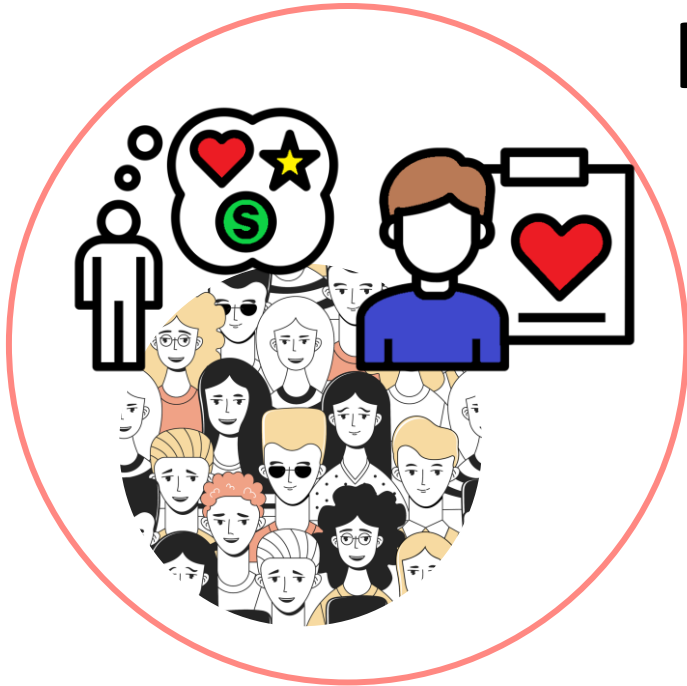
# Integrated Design

- Method of meeting humans' needs and desires in a technologically feasible and strategically viable way.
- Products that don't generate value for humans will not generate revenue for the business.

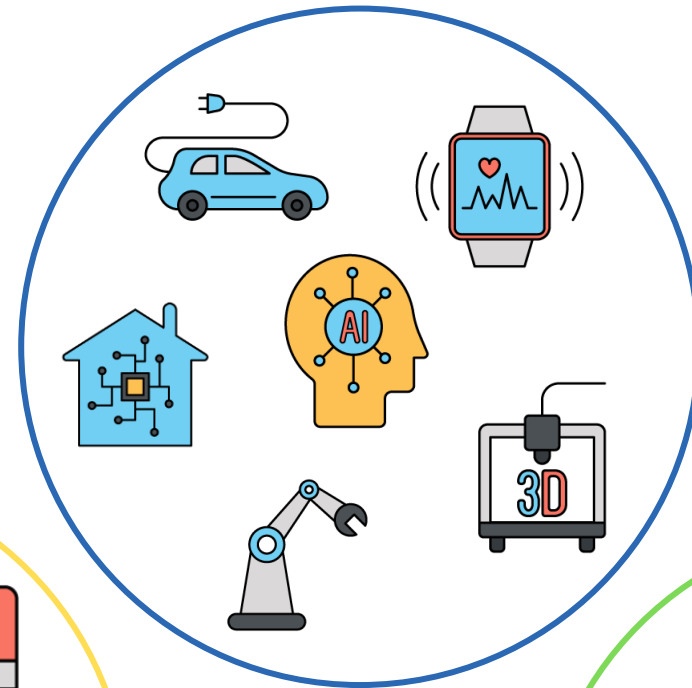


Source: Own creation

# Included aspects in ID



business



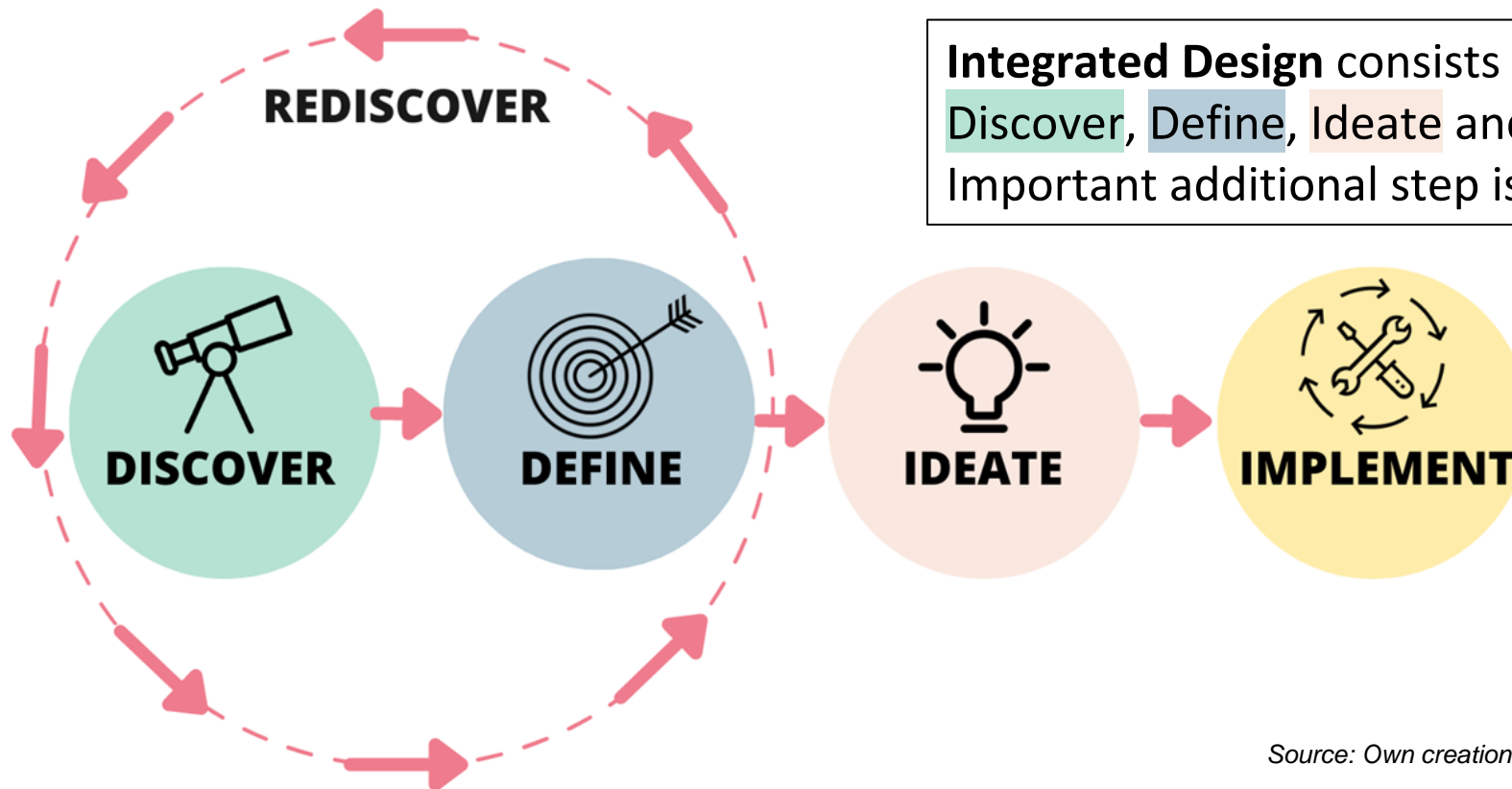
technology



SD aspects

Source: Own creation

# Stages of Integrated Design



**Integrated Design** consists of 4 main stages: Discover, Define, Ideate and Implement. Important additional step is Rediscover.

Source: Own creation

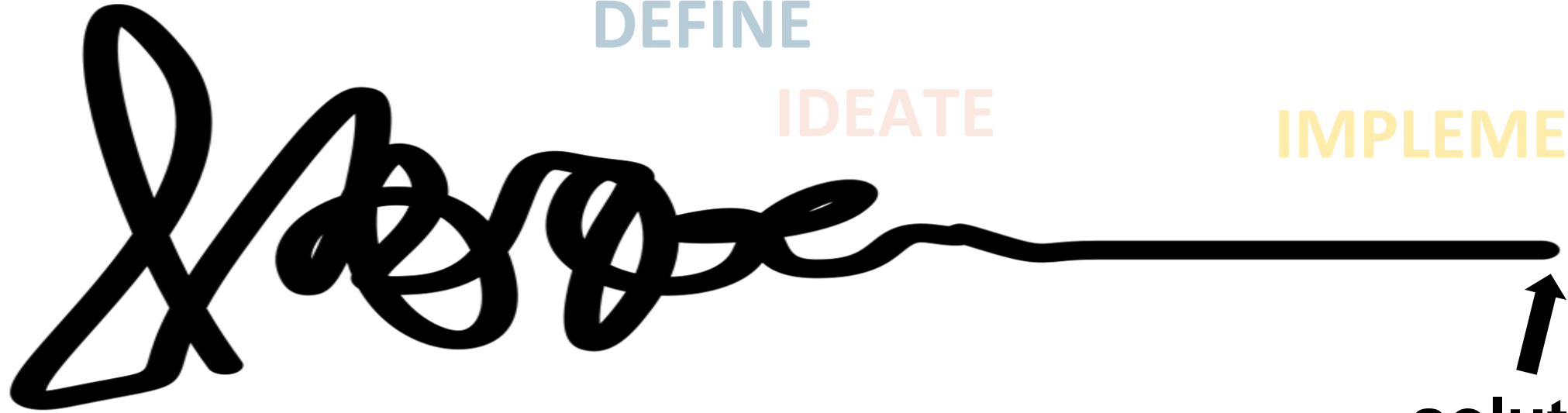
# Integrated Design is not linear process

DISCOVER

DEFINE

IDEATE

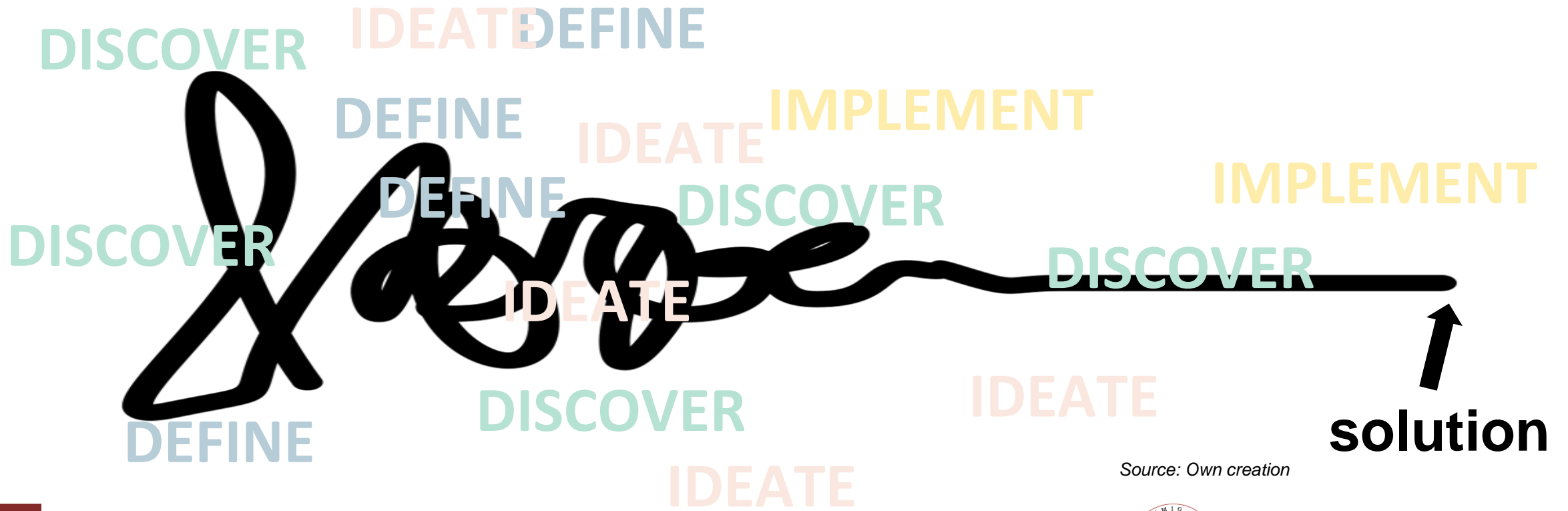
IMPLEMENT



**solution**

Source: Own creation

# Integrated Design is ITERATIVE process



Source: Own creation

# Integrated Design is ITERATIVE process

- **Iteration** – the act of repeating a particular action or process to produce a better outcome.
- Designing and solving problems can take place in a non linear way. Therefore, iteration allows to improve the work and overcome failures supporting the idea –
  - *“it is OK to fail”*.



# Integrated Design: DISCOVER

**Discover** phase is at the beginning of the designing process. It is a deep recognition of the topic.

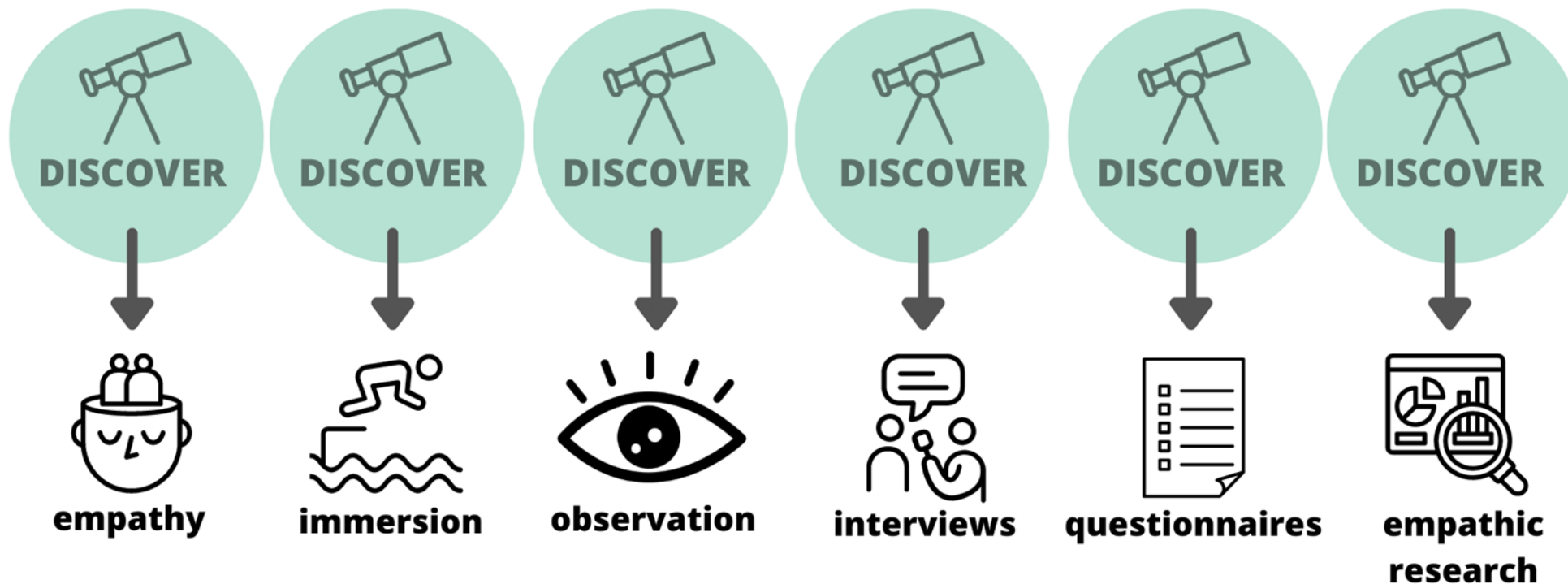
**Discover** stage can be divided into following steps:

- Topic recognition – your associations;
- Research in various sources (Internet, scientific journals, books etc.);
- Observations of surroundings;
- Interviews with users, experts etc.

In **discover** you should EXTEND your perspective!



# Integrated Design: DISCOVER



Source: Own creation



# Integrated Design: DEFINE

After **Discover** stage it is an exact moment to sum up the findings and finalize the data analysis. Let's define some elements.

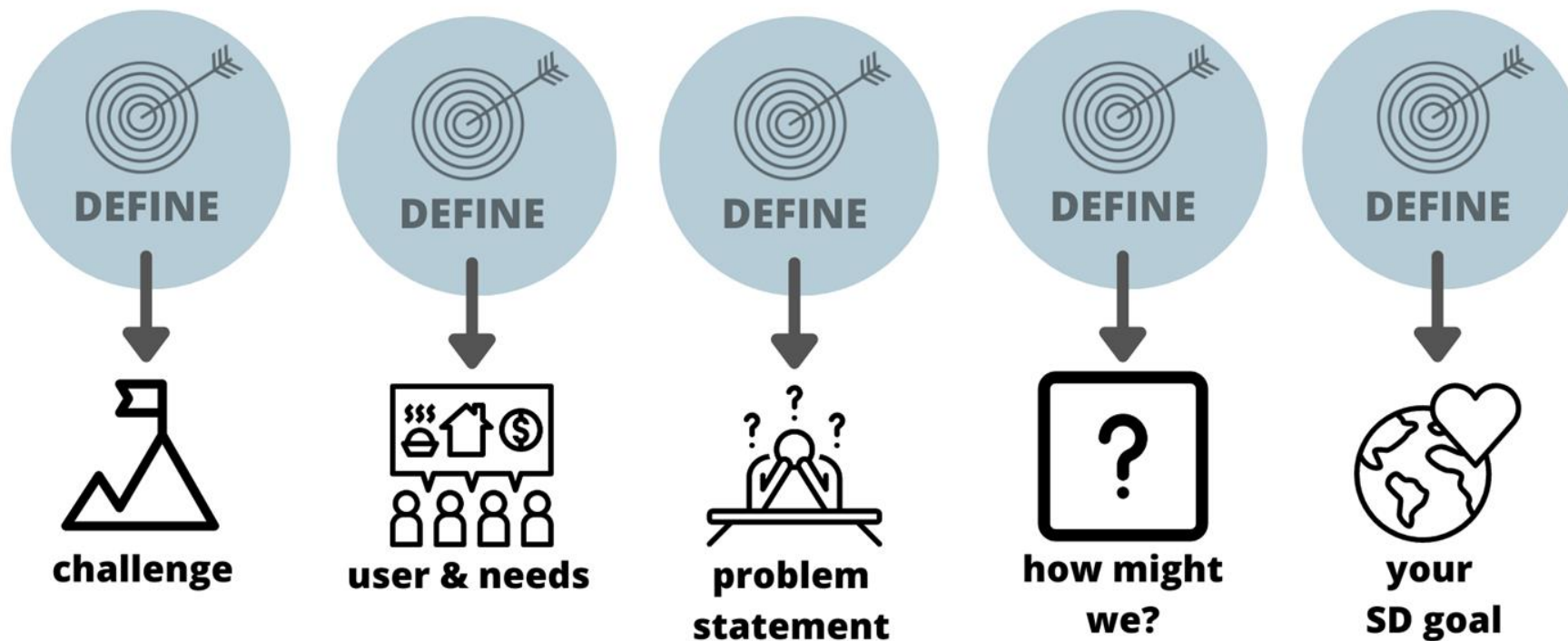
What can you define?

- A **challenge** that you want to face in the project.
- A **problem statement** that you want to solve during the project.
- Your potential **users and their needs** – for who you will provide solution(s).
- **SD goals** that are connected with your challenge and/or problem statement.

**Define** stage is crucial to go further in the ID process.



# Integrated Design: DEFINE



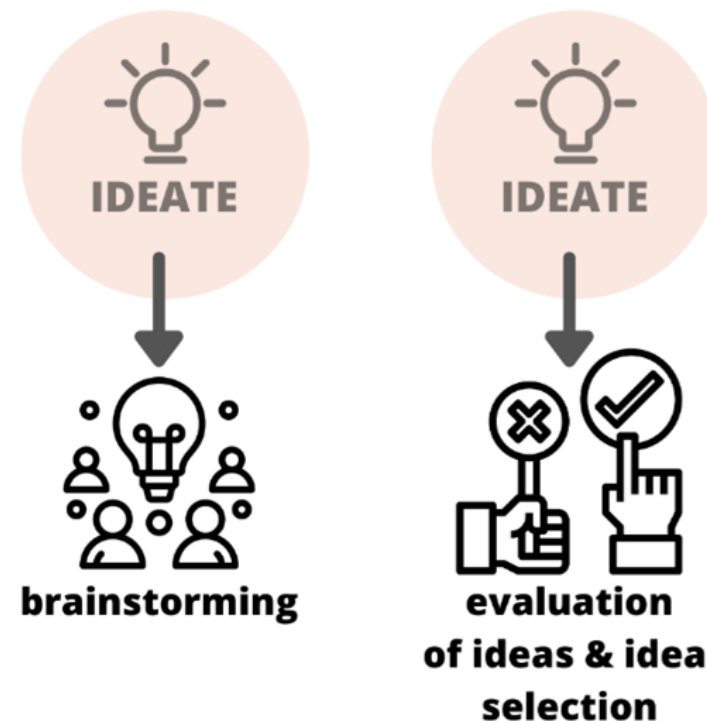
Source: Own creation

# Integrated Design: IDEATE



**IDEATE** is about:

- (1) generation of ideas  
(there are many brainstorming techniques)
- (2) evaluation of ideas
- (3) selection of idea



Source: Own creation

# Integrated Design: IDEATE

What is important in brainstorming?

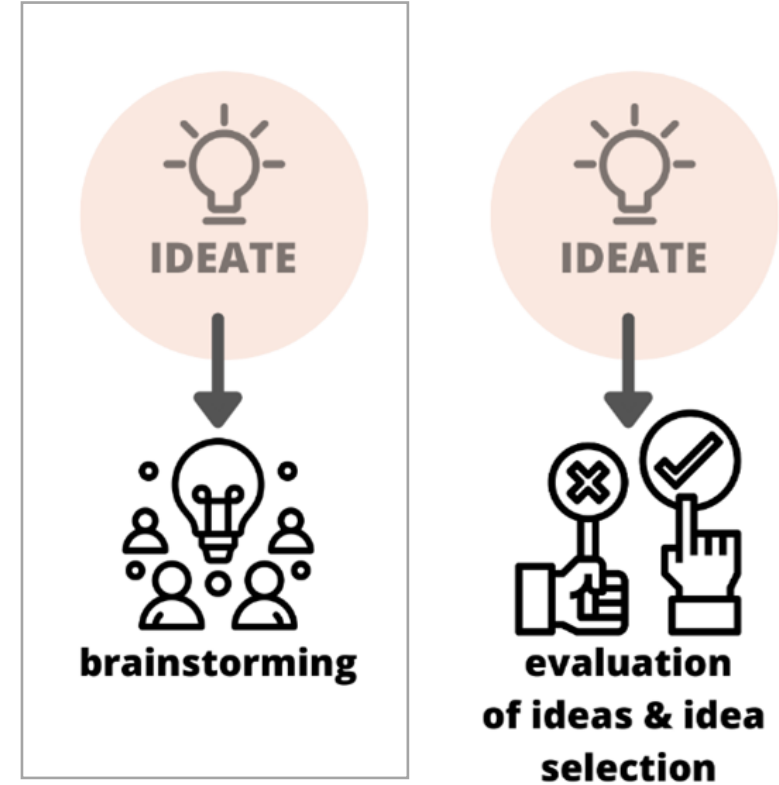
Don't judge!



Thinking outside the box!

Be creative!

The more the better!

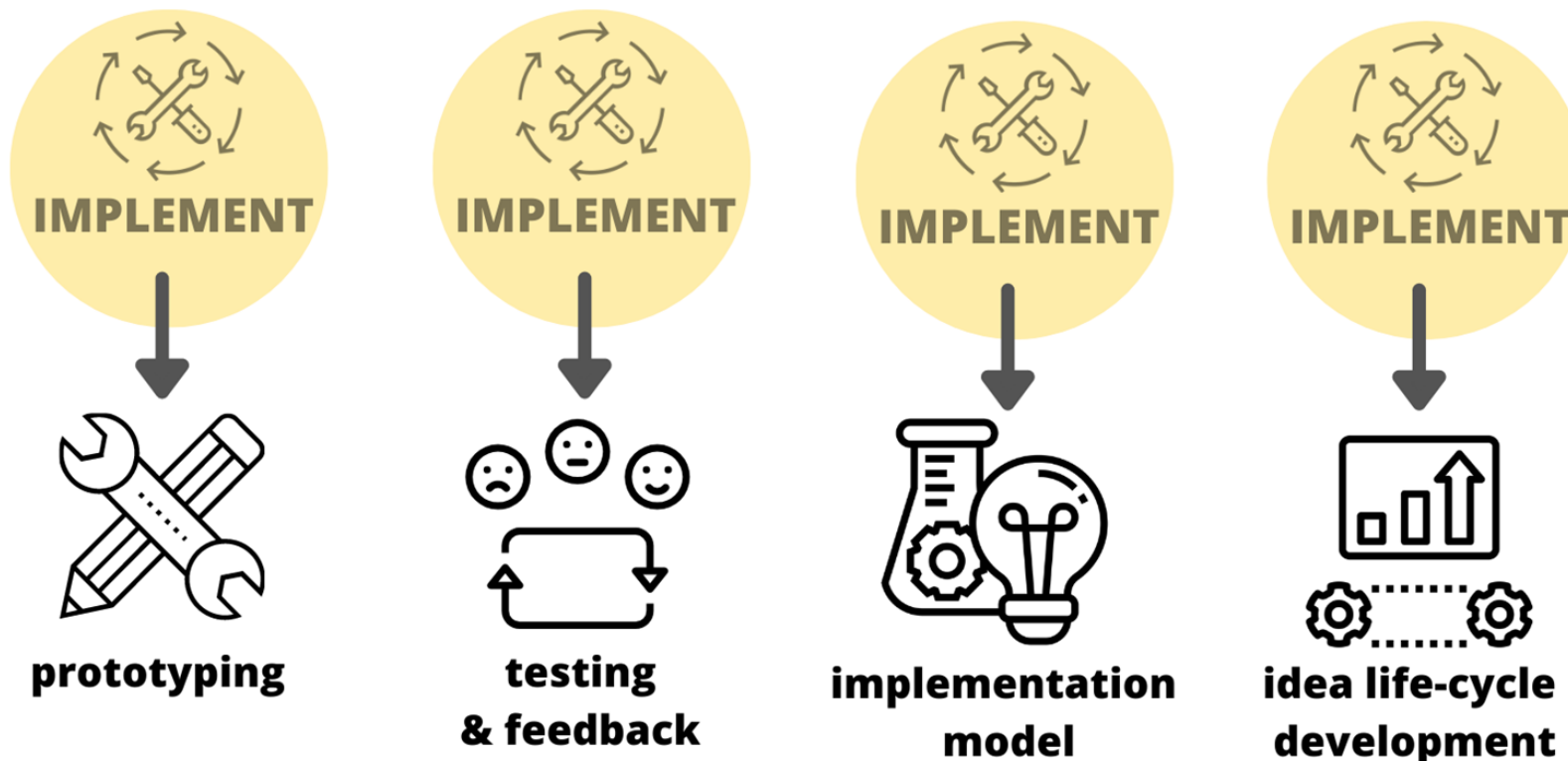


Source: Own creation

# Integrated Design: IMPLEMENT

- **Implement** is about making your idea tangible.
- **Implement** stage consists of several steps:
  - Prototyping the selected idea.
  - Testing the idea and gathering feedback.
  - Creation of implementation model while the aim is to implement the solution on the market.
  - Development of the idea life-cycle.

# Integrated Design: IMPLEMENT



Source: Own creation

# The end

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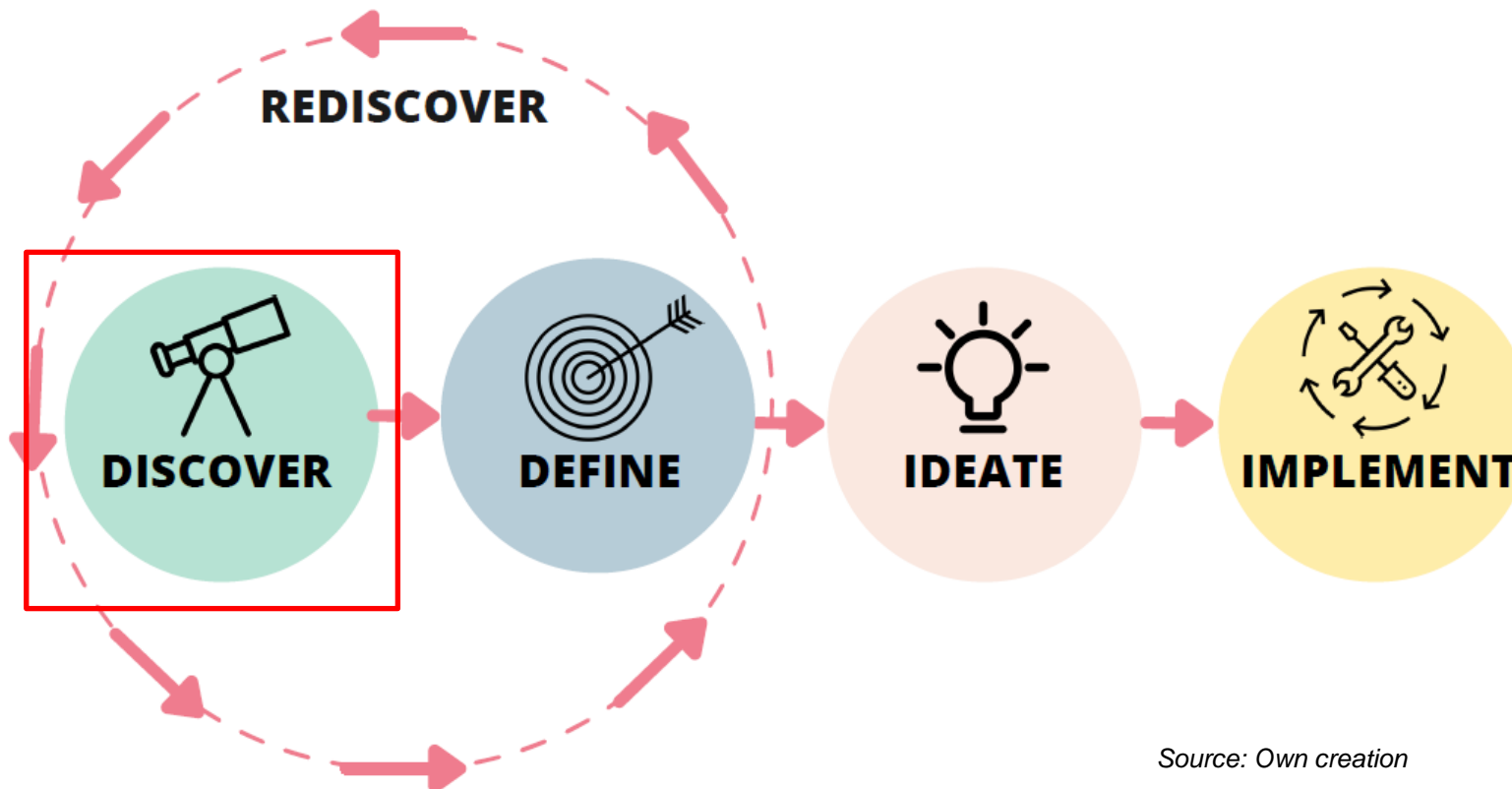


# Integrated design: discover



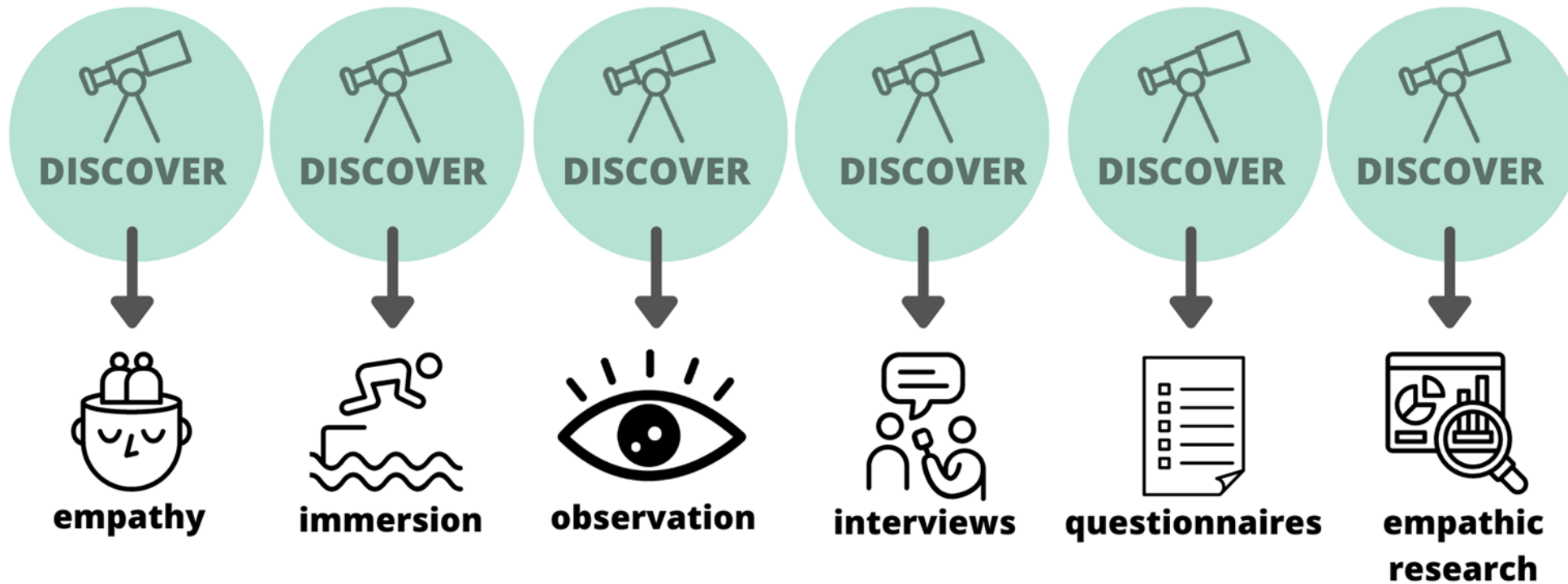


# First phase of integrated design



Source: Own creation

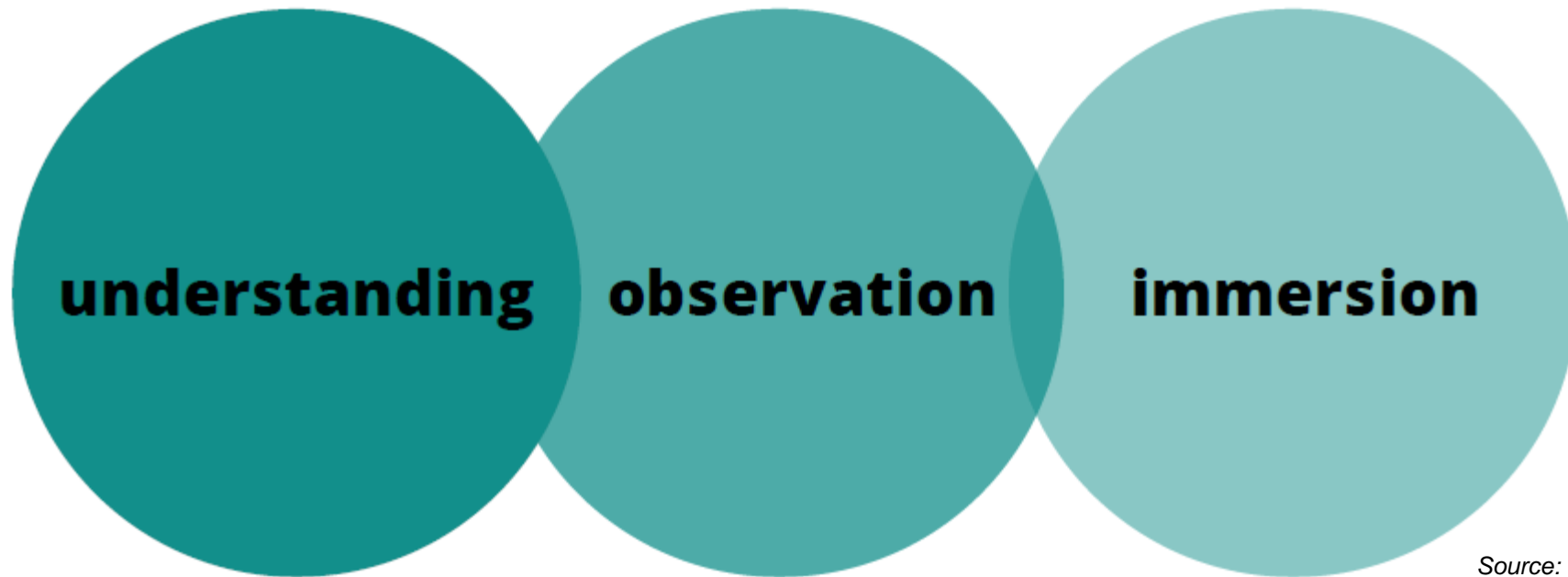
# Discover – tools



Source: Own creation

# Investigation and research

- Discover stage often can be divided into separate but mutually intertwined steps, which are for example: understanding, observation and immersion.



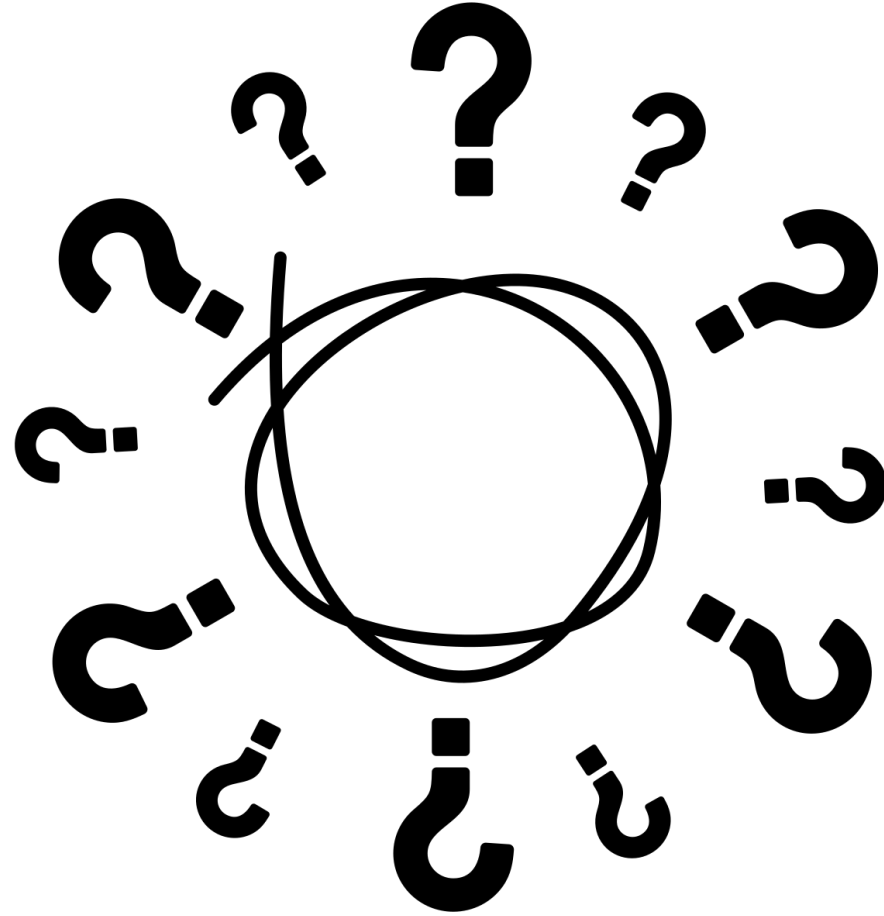
Source: Own creation

# Investigation and research

- Methods: personas (What do they say, think, do, feel?)
- Interviews (open and closed questions, exploratory or predefined, online or focus group)
- Questionnaires
- Observations
- Immersion, participatory research

# Problem statement

- Thinking exercise:  
For one minute try to answer the following questions according to your topic:
- What is the problem/ problems?
- Whose problem is it?



# Biggest Environmental problems of 2021

Poor governance  
Food waste  
Biodiversity loss  
Plastic Pollution  
Deforestation  
Air pollution  
Melting ice caps and sea level rise  
Ocean Acidification  
Agriculture  
Food and Water Insecurity

- Avoiding Pollution
- Sustainable Mobility
- Green Tourism
- Sustainable Food
- Green Thinking

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Food and Water Insecurity

- Avoiding Pollution
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- Green Tourism
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- Green Thinking

# SDGs



<https://www.hiltonfoundation.org/sdgs>

# SDG Flashcards

- SDG Flashcards contain more than 200 questions relevant to the four dimensions - social, worldview, ecological, economic-whole systems approach to sustainability to collaboratively identify actions and solutions aimed at implementing the global goals in ways that are relevant to their lives and their communities.



# Addition information about SDGs

- Overview of indicators including the metadata and explanations - <https://unstats.un.org/sdgs/indicators/database/> and [https://unstats.un.org/sdgs/indicators/Global%20Indicator%20Framework%20after%202020%20review\\_Eng.pdf](https://unstats.un.org/sdgs/indicators/Global%20Indicator%20Framework%20after%202020%20review_Eng.pdf)
- Country profiles - <https://country-profiles.unstatshub.org/>
- UN Data catalog - <http://www.sdg.org/#>
- UN, GRI and PwC reporting guide - [https://www.globalreporting.org/resourcelibrary/GRI\\_UNGC\\_Business-Reporting-on-SDGs\\_Analysis-of-Goals-and-Targets.pdf](https://www.globalreporting.org/resourcelibrary/GRI_UNGC_Business-Reporting-on-SDGs_Analysis-of-Goals-and-Targets.pdf)
- Overview of the SDG related global data - <https://sdg-tracker.org/>
- SDG Report 2019 - <https://www.sustainabledevelopment.report/>
- Voluntary national review results - [https://sustainabledevelopment.un.org/content/documents/26136Estonia\\_Main\\_messages\\_VNR\\_Estonia\\_2020\\_700.pdf](https://sustainabledevelopment.un.org/content/documents/26136Estonia_Main_messages_VNR_Estonia_2020_700.pdf)
- Estonia specific tool - <https://tamm.stat.ee/>

# Hands on activity

1. Each team will get a bunch of SDG cards
2. Look at the flashcards and decide which SDGs are the most relevant to your topic (5 min)
3. There is one extra SDG card, return it
4. Each one of you will choose one SDG card
5. Work on the topic with your team and connect the SDG card to it

# Homework

- Provide the best possible answers/solutions related to your team topic to the questions on the SDG card.
- Each team member will present how is your topic related to your SDG card during 1 minute

# The end

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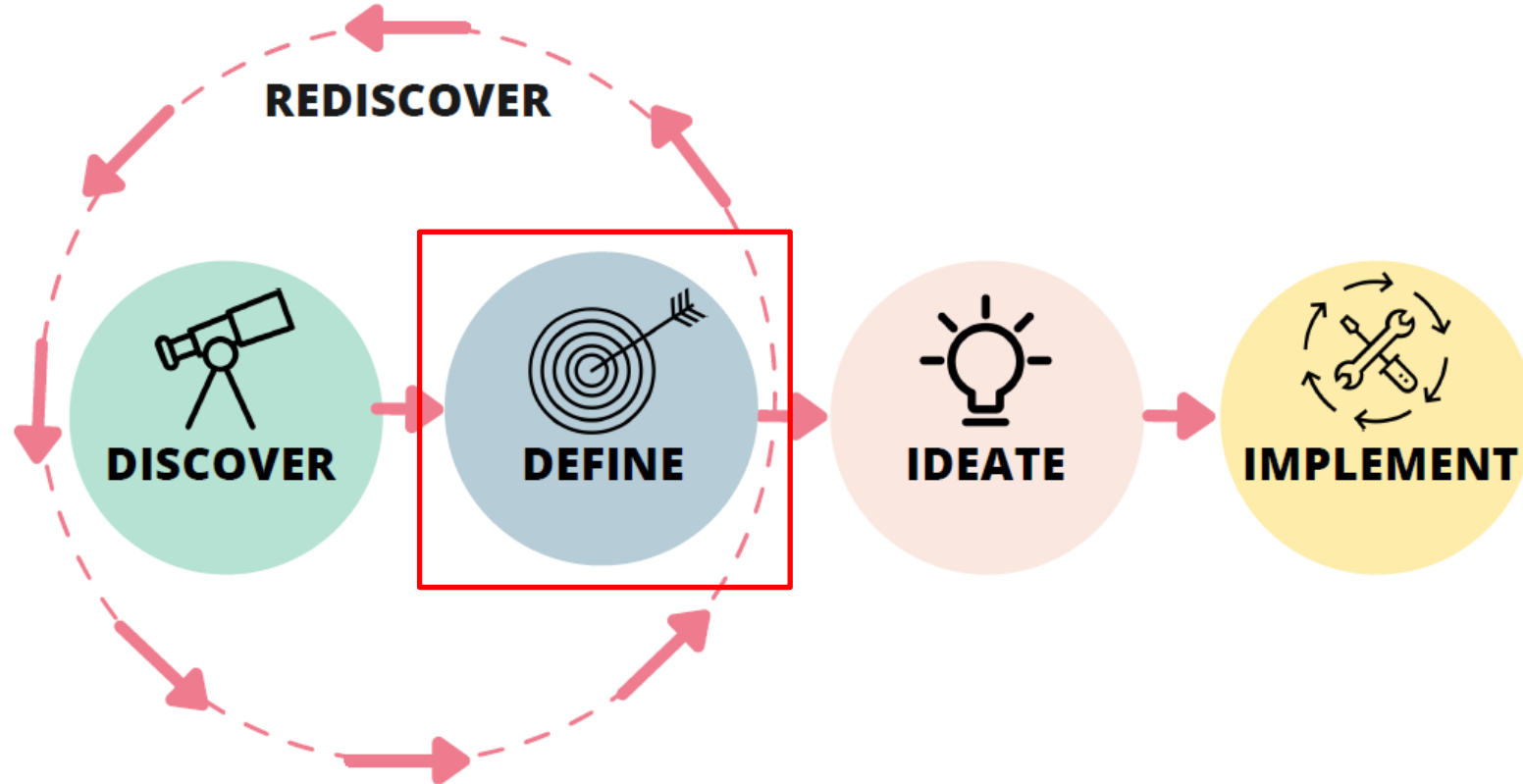
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# Integrated design: DEFINE



# Second phase of integrated design

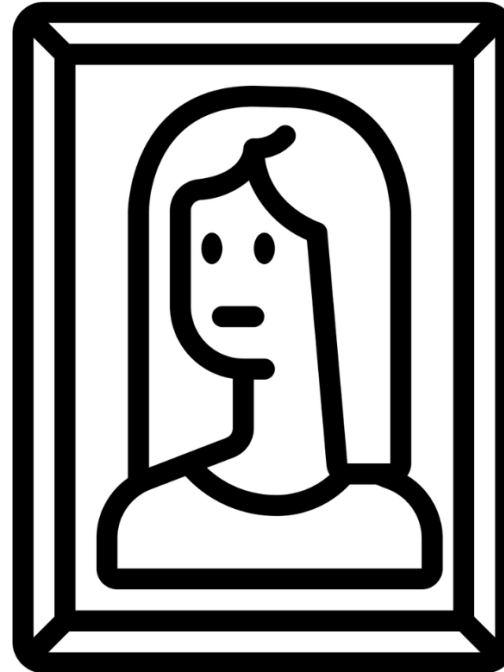


# Define Stage

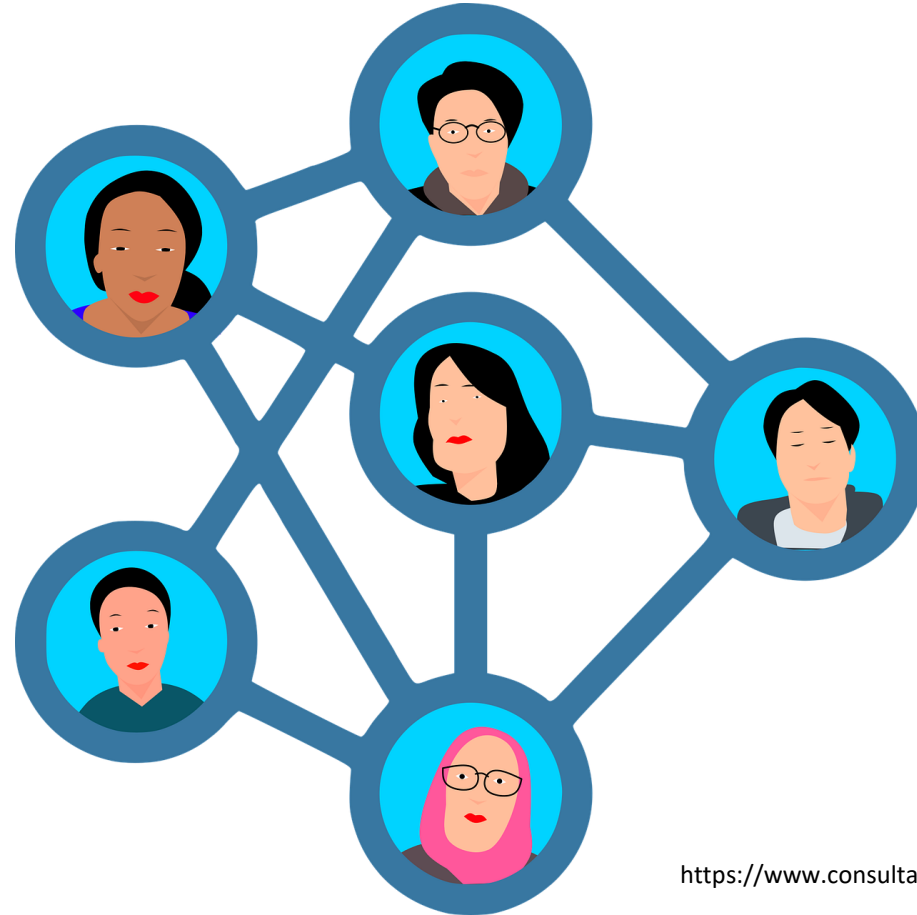
Framing the issue

Define:

- User
- Challenge/ Problem
- User's needs
- SD goal(s)
- Insights

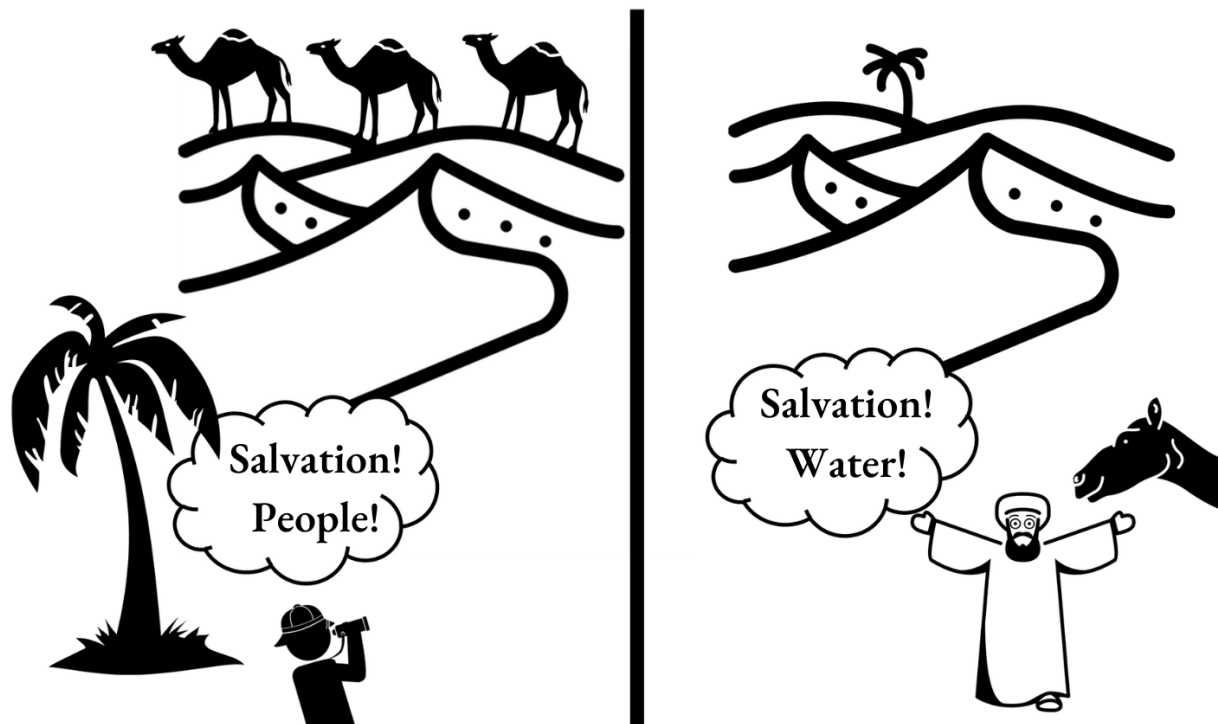


# Stakeholders



<https://www.consultationinstitute.org/its-global-community-engagement-day/>

# The concept of POV – different points of view



Source: Own creation

# Constraints

- Environnement
- Time
- Place
- Culture
- ...



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# CREATIVE Persona

Build a detailed picture of your USER





# How to build a good picture of the Persona?



source: <https://eri-wi.org/blog/2019/07/31/visual-resume-wow/>

- Collect and segregate all the information about your target group
- Find some interesting/ inspiring/ funny/ striking/ repeatable\* quotes that you noted during interviews
- Visualize the Persona – first in your head, then find a picture or draw a face/ body
- Choose the style of expressing your creative Persona – e.g. mind map, list, Feng-Shui map, road map, empathy map, story, journey...
- Take anything you need from the materials and build TOGETHER your CREATIVE PERSONA !!!

\* choose one or more 😊



# CREATIVE PERSONA – list

(\* ) Tip:  
It consists of a picture and listed information about the target group, e.g. biometric information, personality features, interests, goals, values, frustrations, fears, motivations, challenges, etc.

## Jill Anderson



"I'm looking for a site that will simplify the planning of my business trips."

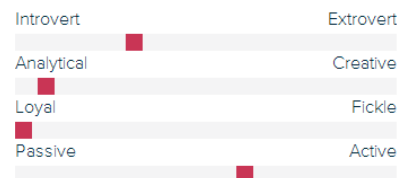
AGE: 35  
WORK: Regional Director  
FAMILY: Married, 1 Child  
LOCATION: Austin, Tx  
ARCHETYPE: The Frequent Flyer

Organized Practical  
Protective Hardworking

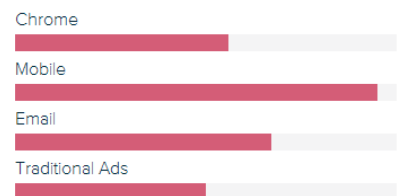
### Bio

Jill is a Regional Director who travels 4-8 times each month for work. She has a specific region in which she travels, and she often visits the same cities and stays at the same hotel. She is frustrated by the fact that no matter how frequently she takes similar trips, she spends hours of her day booking travel. She expects her travel solutions to be as organized as she is.

### Personality



### Preferred Channels



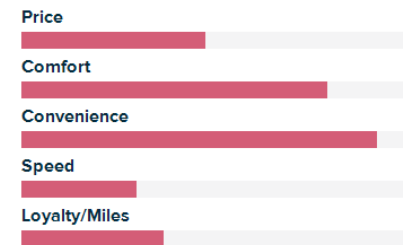
### Goals

- To spend less time booking travel
- To narrow her options quickly

### Frustrations

- Too much time spent booking - she's busy!
- Too many websites visited per trip
- Not terribly tech savvy - doesn't like the process

### Motivations



### Brands



source: <https://library.xtensio.com/traveler-persona-example>

# CREATIVE PERSONA – journey/ story

(\*) Tip:

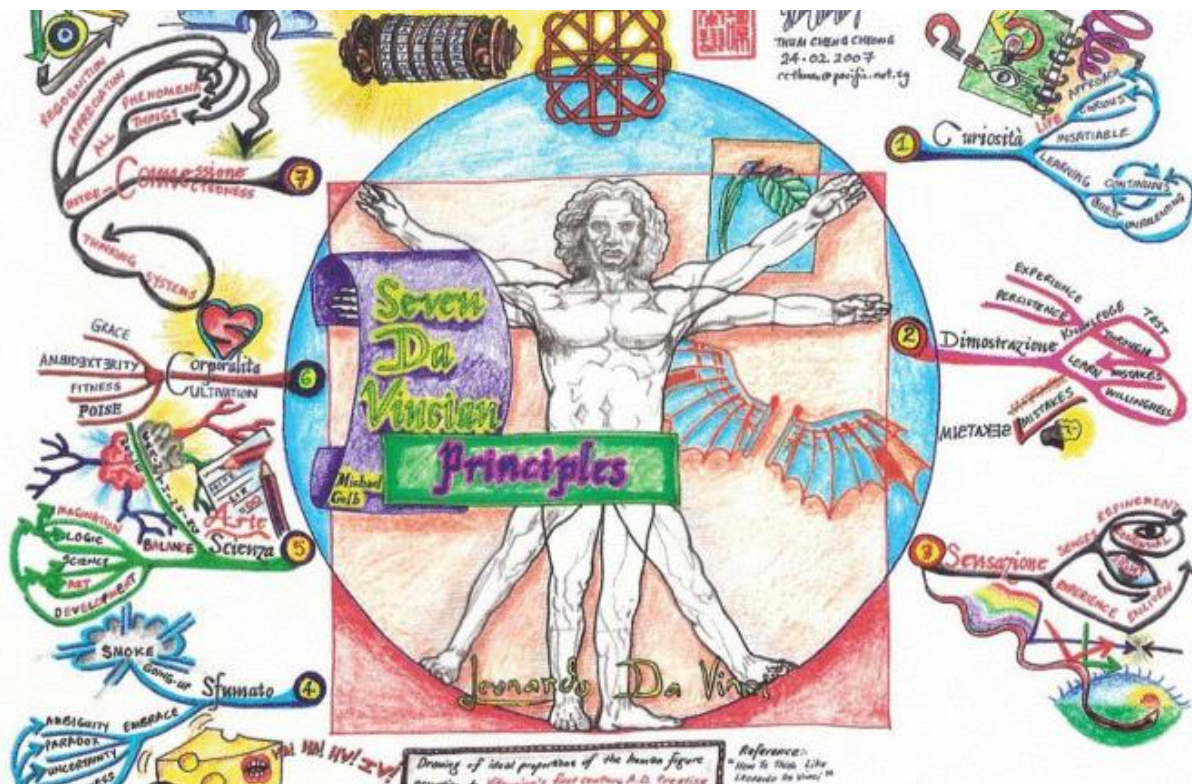
It is a way to show the path taken by the user as a customer. In this picture it is important to create a chain of dependencies between the following:

- 1) awareness, 2) research and knowledge, 3) evaluation and consideration,
- 4) purchase, 5) recommendation and loyalty.



source: <https://www.mageplaza.com/blog/omnichannel-marketing-strategy-optimize-conversions.html>

# CREATIVE PERSONA – mind map



(\* ) Tip:  
It is created around a single concept – potential user, drawn as an image in the center of a blank page, to which associated representations of ideas such as images, words and parts of words are added. Major ideas are connected directly to the central concept, and other ideas branch out from those major ideas. The branches can be created using similar groups as in a List Persona type, however, here the information are more visual.

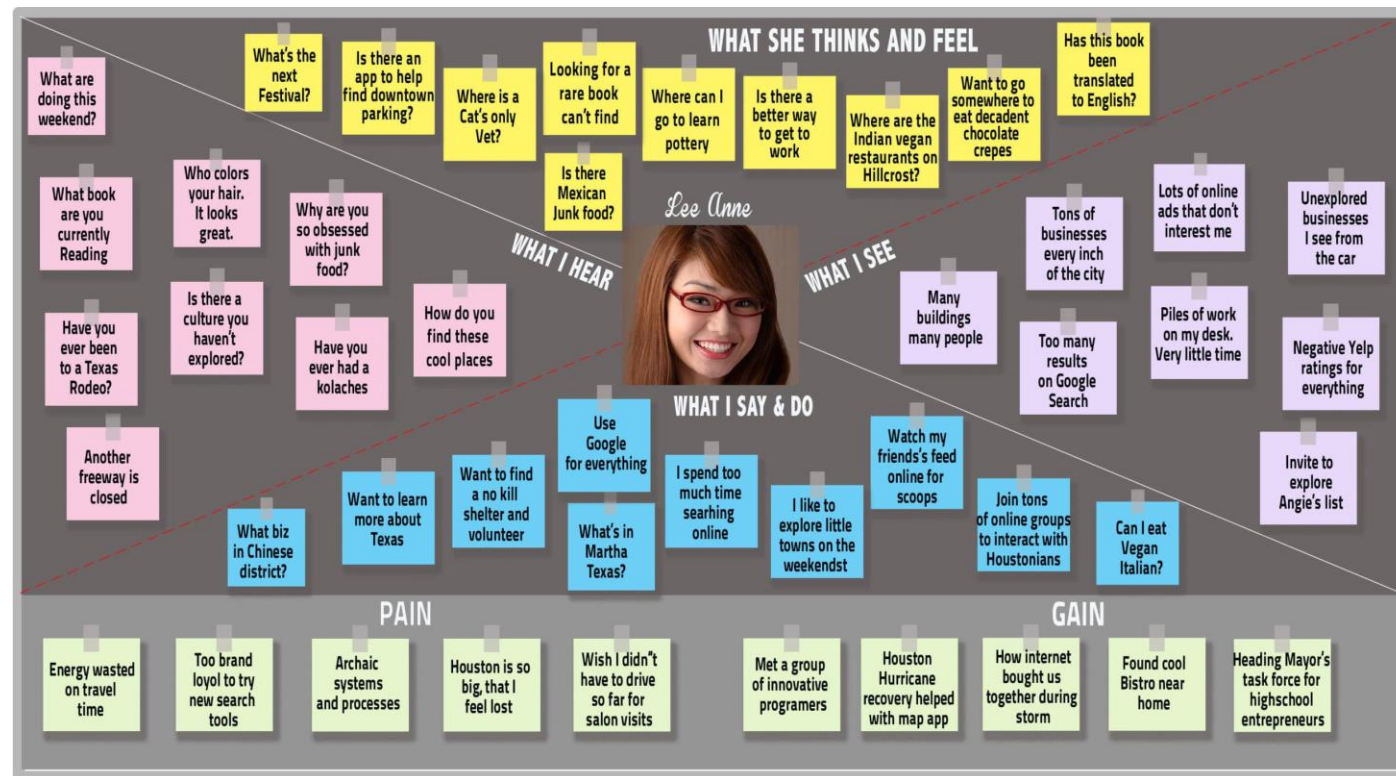
source: <https://www.mindmapart.com/da-vinci-mind-map-thum-cheng-cheong/>

# CREATIVE PERSONA –empathy map

(\*) Tip:

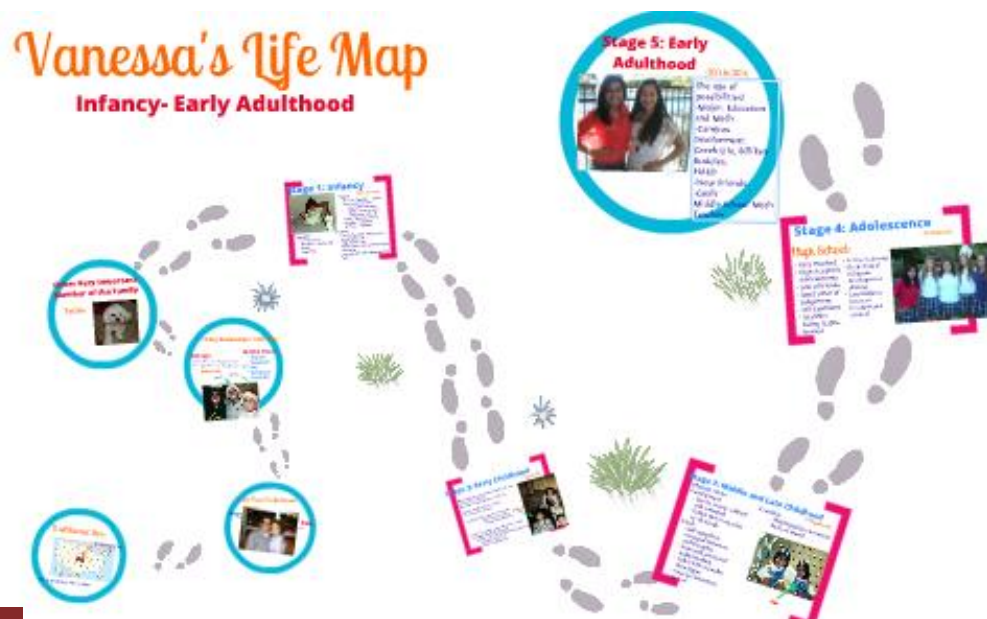
It provides a picture (or a drawing) of the Persona in the center. Around this picture there are several categories listed describing the user:

- 1) doing (what does a user's typical day look like?),
- 2) seeing (what is the user's environment like?),
- 3) hearing (what influences the user?),
- 4) thinking and feeling (what are the user's hopes, dreams, fears and important issues?),
- 5) pains (what obstacles or challenges does the user have?),
- 6) gains (what does the user hope to achieve and how the success might be measured?).

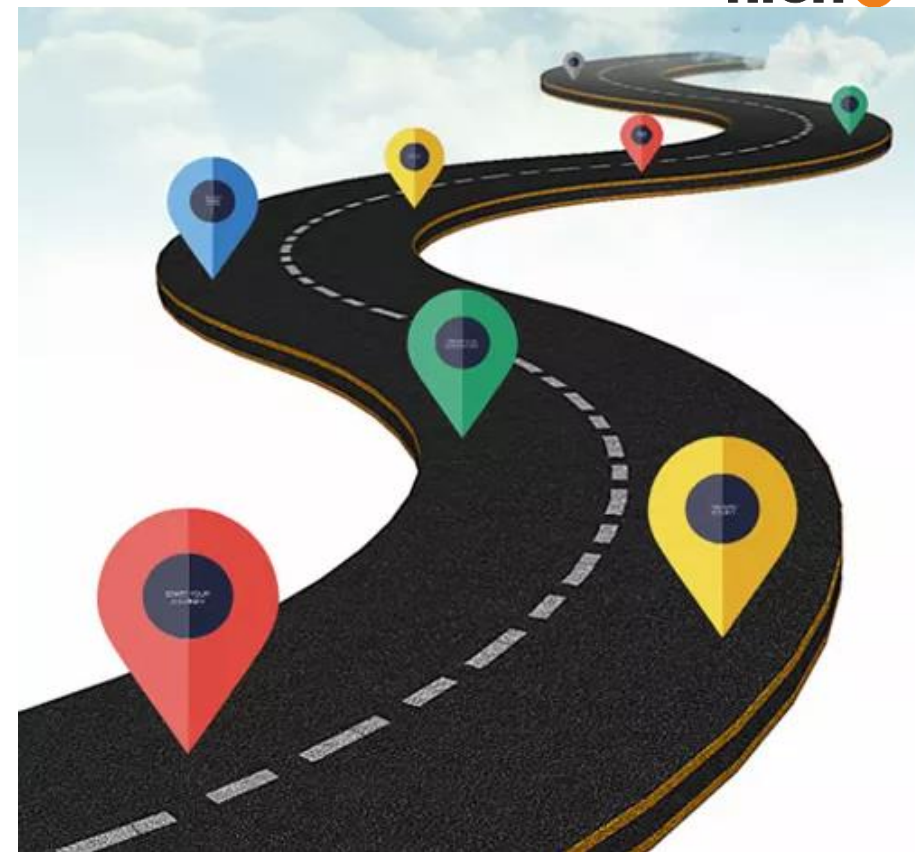


source: <https://www.uxpin.com/studio/blog/the-practical-guide-to-empathy-map-creating-a-10-minute-persona/>

# CREATIVE PERSONA – road map



(\* ) Tip:  
It defines the progress and change of the user on the timeline.

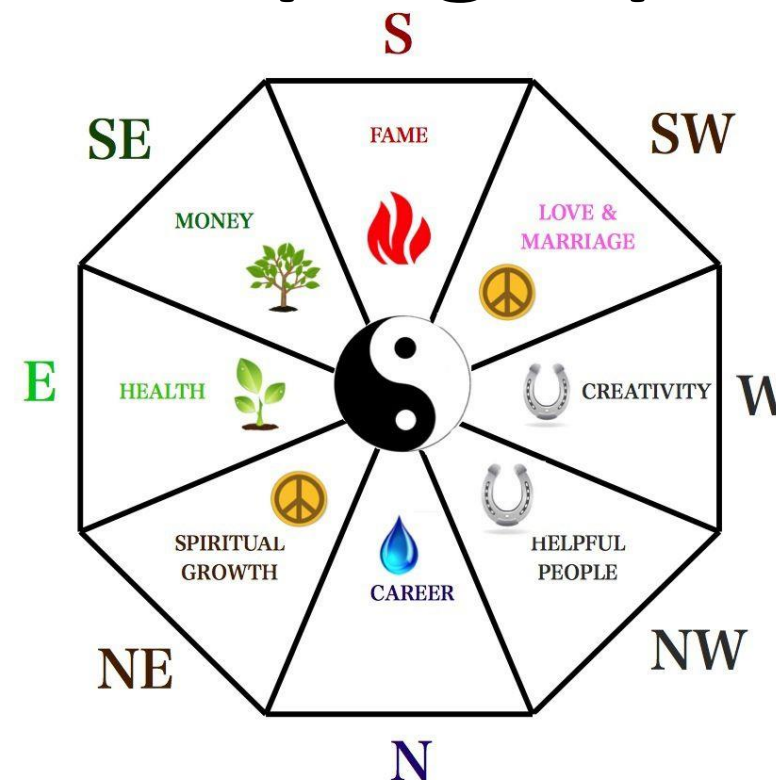


source: <https://prezibase.com/roadmap-presentation/>

# CREATIVE PERSONA – feng shui (bagua) map

(\*) Tip:

This is a method to represent the important life issues of the user in the form of a circle or a square, placing again the user in center. In Bagua Map the specific place of several life spheres in the general picture is very important. They are as follows: fame - on the top of the user (South), love and marriage – in the right top corner (South West), creativity and children – on the right of the user (West), helpful people and travel – in the right bottom corner (North West), career – on the bottom of the user (North), knowledge, self-development and growth – in the left bottom corner (North East), health and family – on the left of the user (East), wealth and money – in the left top corner (South East).



source: <https://www.magicbricks.com/blog/feng-shui-bagua-map/130106.html>



# **CREATIVE PERSONA – create your own graphics and show it!**

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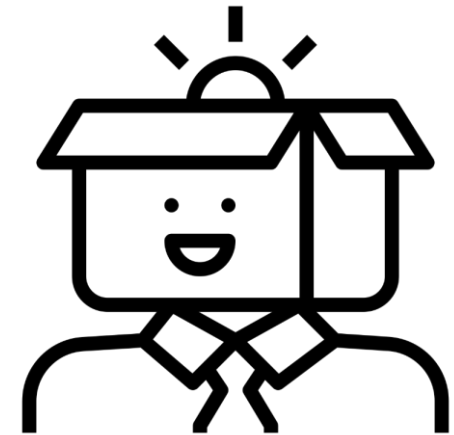
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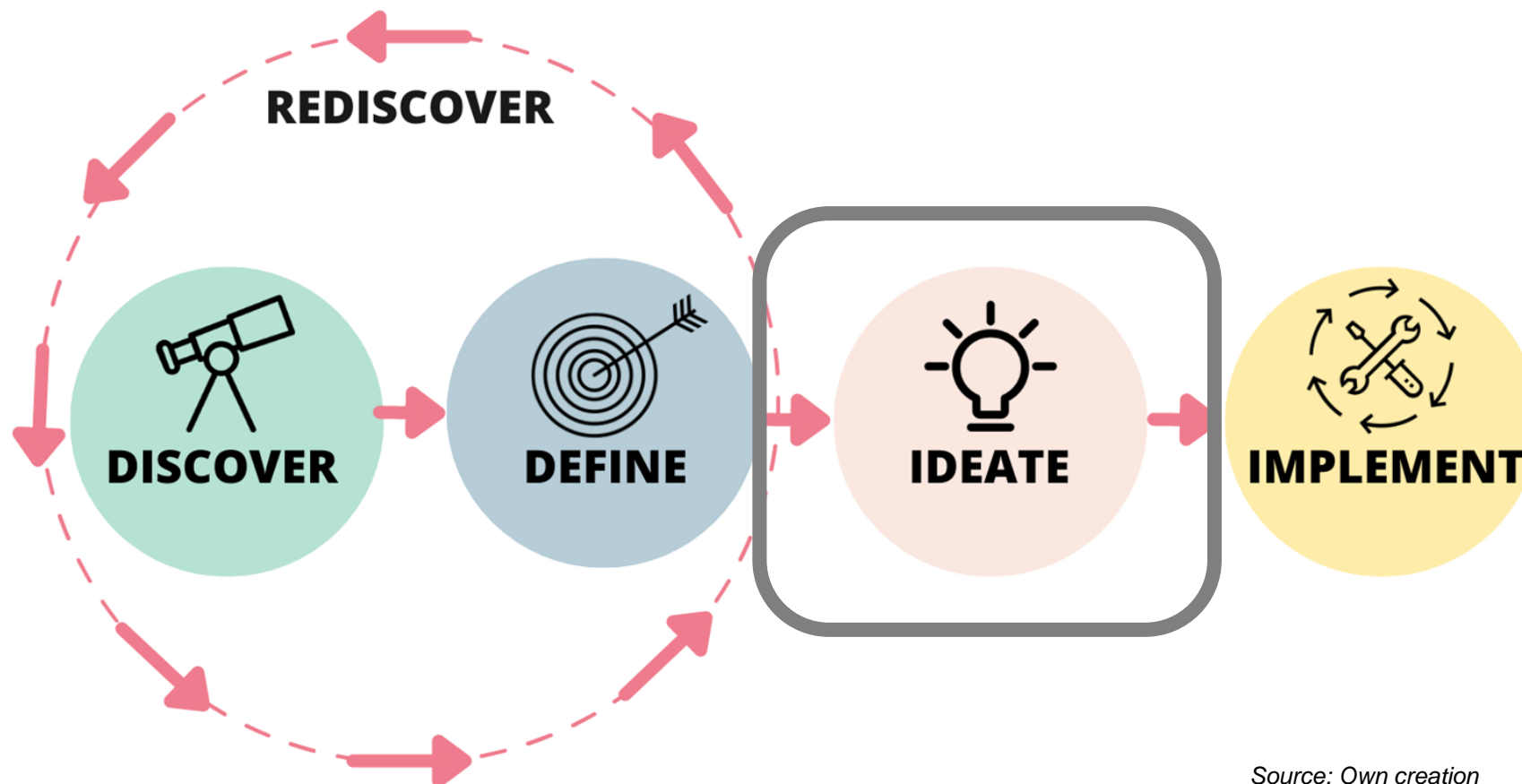


# Brainstorming

Ideation part of the Integrated Design



# THE STAGES OF INTEGRATED DESIGN



Source: Own creation

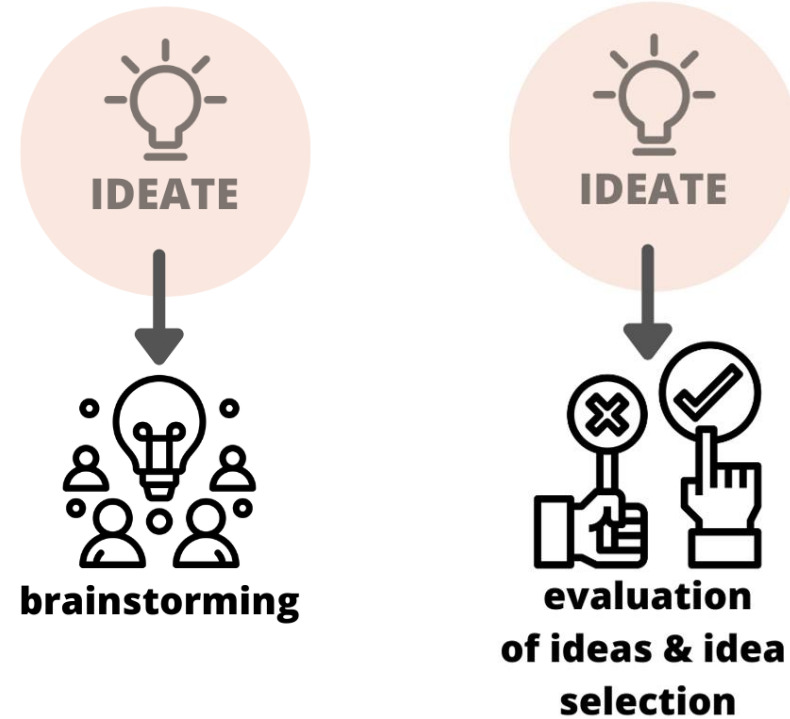
# What is hidden under the IDEATE phase?

**STAGE 1. IDEAS GENERATION**

**STAGE 2. EVALUATION OF IDEAS  
AND IDEA SELECTION**

**STAGE 3. DATA PRESERVATION**

**STAGE 4. VERIFICATION**



Source: Own creation

# Brainstorming rules

**No criticism!**

**Quantity > quality**

**Ideas belong to the group**

**Encourage even wildest ideas**

**Try to stay focused on the topic**

**No idea is stupid**

## WHY BRAINSTORMING?

- Teaches to listen
- You can build on the ideas of teammates
- Stimulation of creativity
- Each participant has the same value
- Each idea is valuable
- Quick method
- Allows the multidirectional approach

# How to brainstorm and build on ideas

BRAINSTORMING THEME:

Redesign gym experience

Initial set of ideas

Trening  
with pets

Additional  
equipment

GYM = BUS

Green  
eating

Fat  
burning

On the  
roof top

# How to brainstorm and build on ideas

BRAINSTORMING THEME:

Redesign gym experience

Second set of ideas

Tires

Mechanic

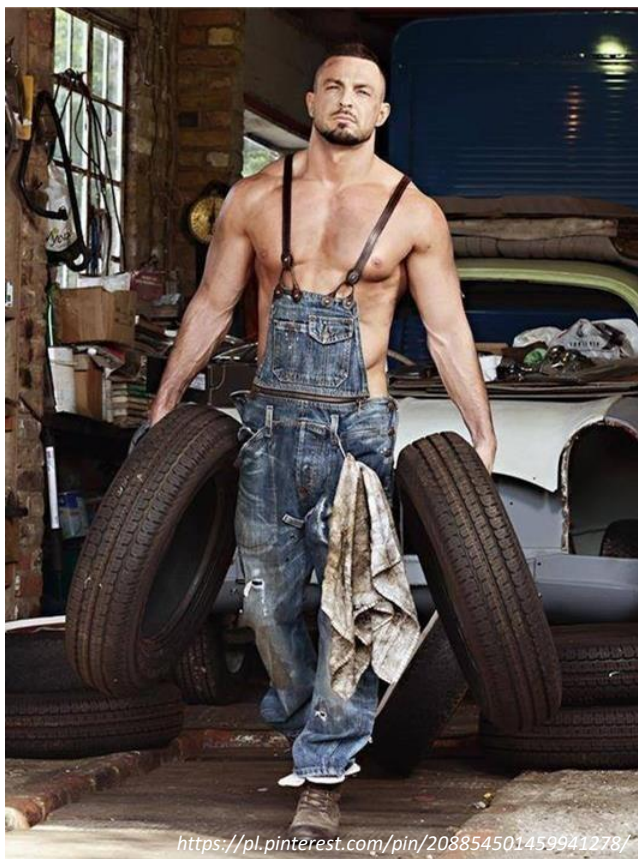
GYM = BUS

Thematic workout

Available for everyone

Boxing

# How to brainstorm and build on ideas





# How to brainstorm and build on ideas

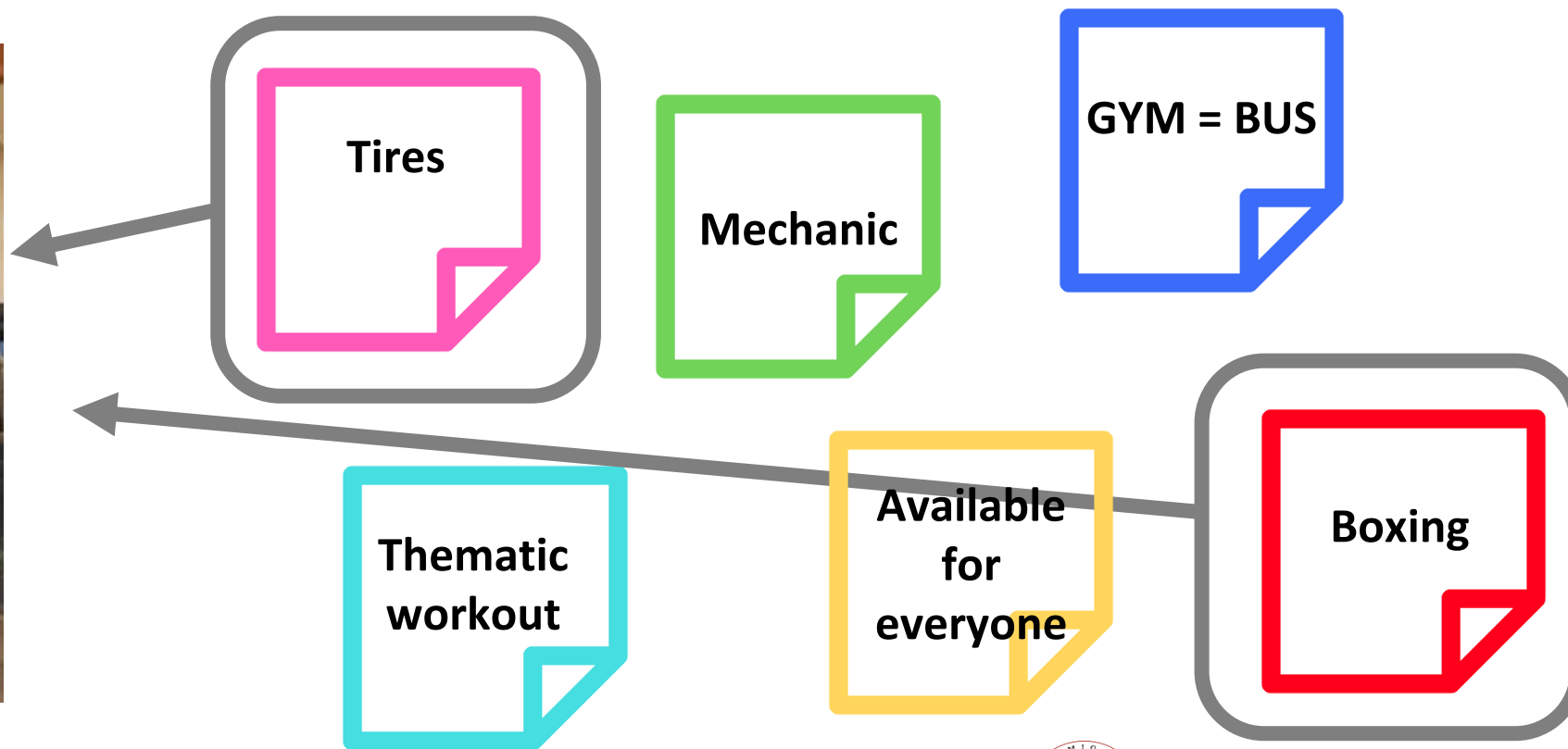
**Gym resembling car repair shop**

**IMPORTANT ASPECTS OF AN IDEA**

- Bonus motivator (picture)
- No such solution in Poland
- PUBS/ restaurants decoration easy to adjust (cheap)
- Multiple ways of interior design



# How to brainstorm and build on ideas

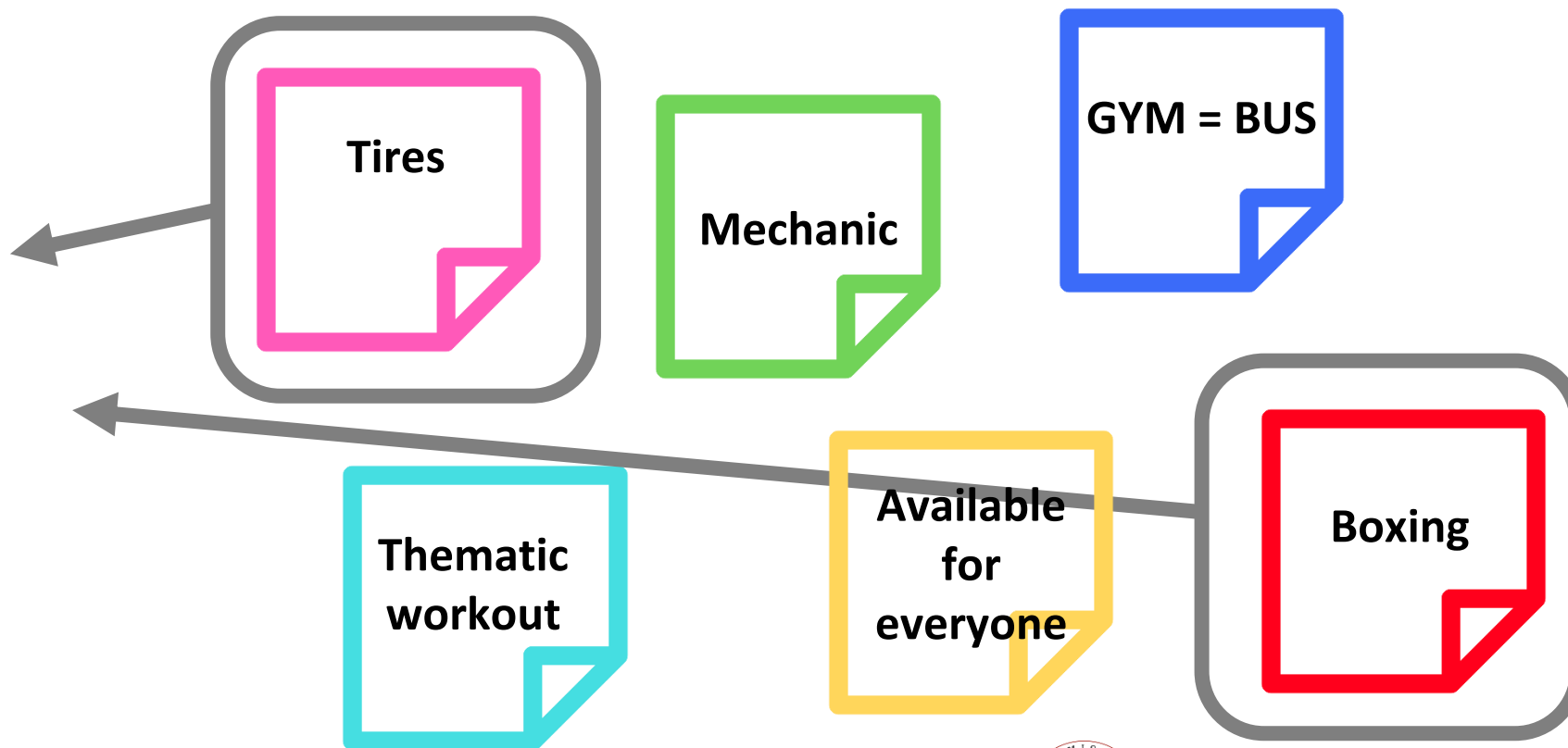


# How to brainstorm and build on ideas

Use of punching bag made of tires

## IMPORTANT ASPECTS OF AN IDEA

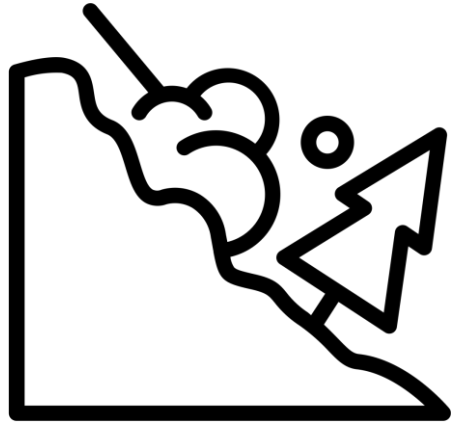
- Available on the market
- No skin damage/allergies etc.
- Various combat styles
  - Tires re-use
- Possible social aspect



# Let's get to work on finding solution!

✓ **5 minutes** for traditional brainstorming session in your group  
(each person separately)

✓ **15 minutes** to refer brainstorming results within the group & grouping

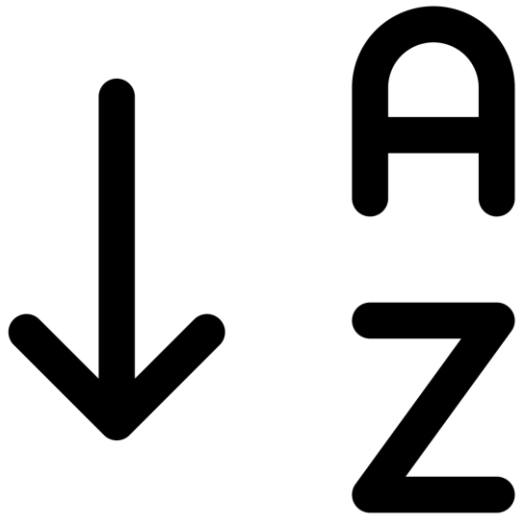


# Let's brainstorm! using ABC avalanche method

**Step 1.** On the top of the page, write down your problem statement

**Step 2.** Find solutions to this problem, each solution starting with each single letter of the alphabet

A... B... C...



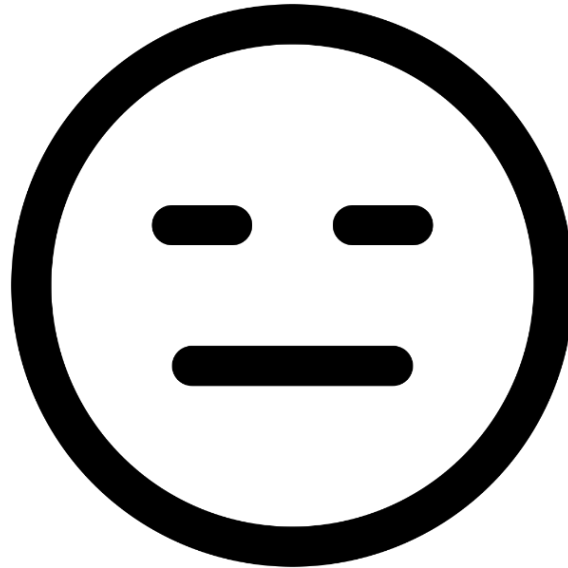
# Let's brainstorm!

With some constraints



Add at least 2 solutions for the problem,  
that link with

**BIG AMOUNT  
OF MONEY \$\$\$**

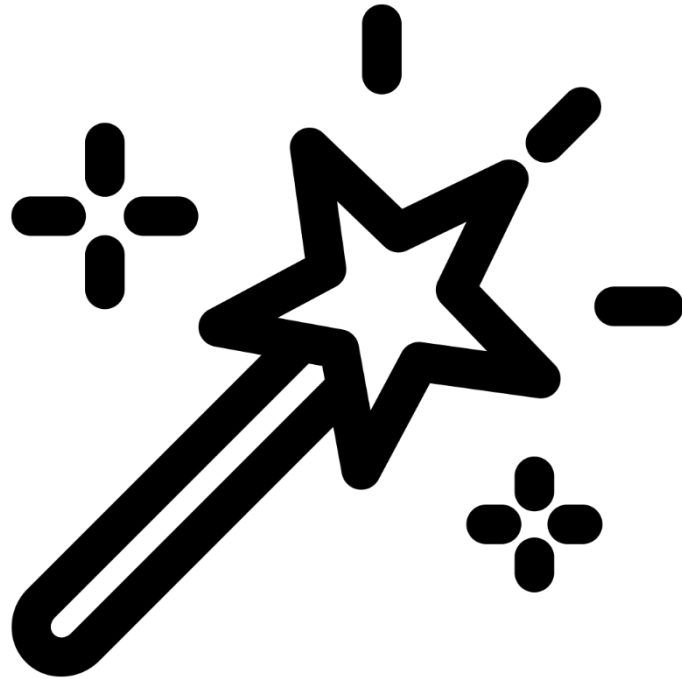


# Let's brainstorm!

With some constraints

Add at least 2 solutions for the problem, that link with

## SOCIAL DISCONTENT



# Let's brainstorm!

## With some constraints

Add at least 2 solutions for the problem,  
that link with

# MAGIC

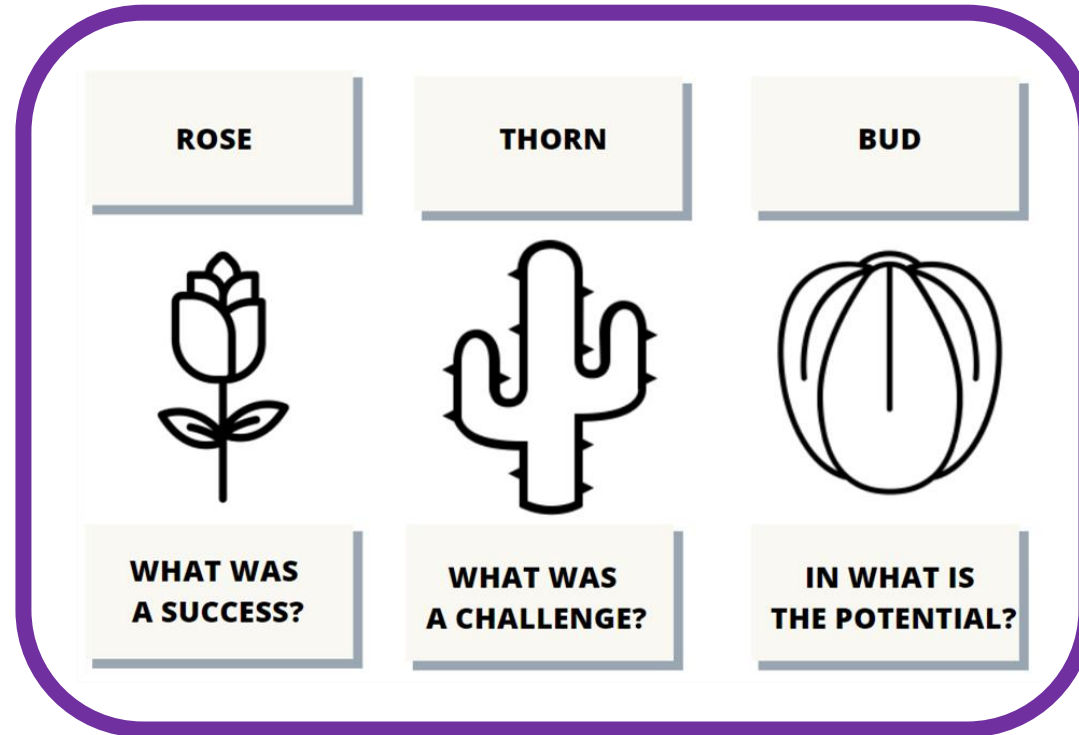


# Let's get to work on finding solution!

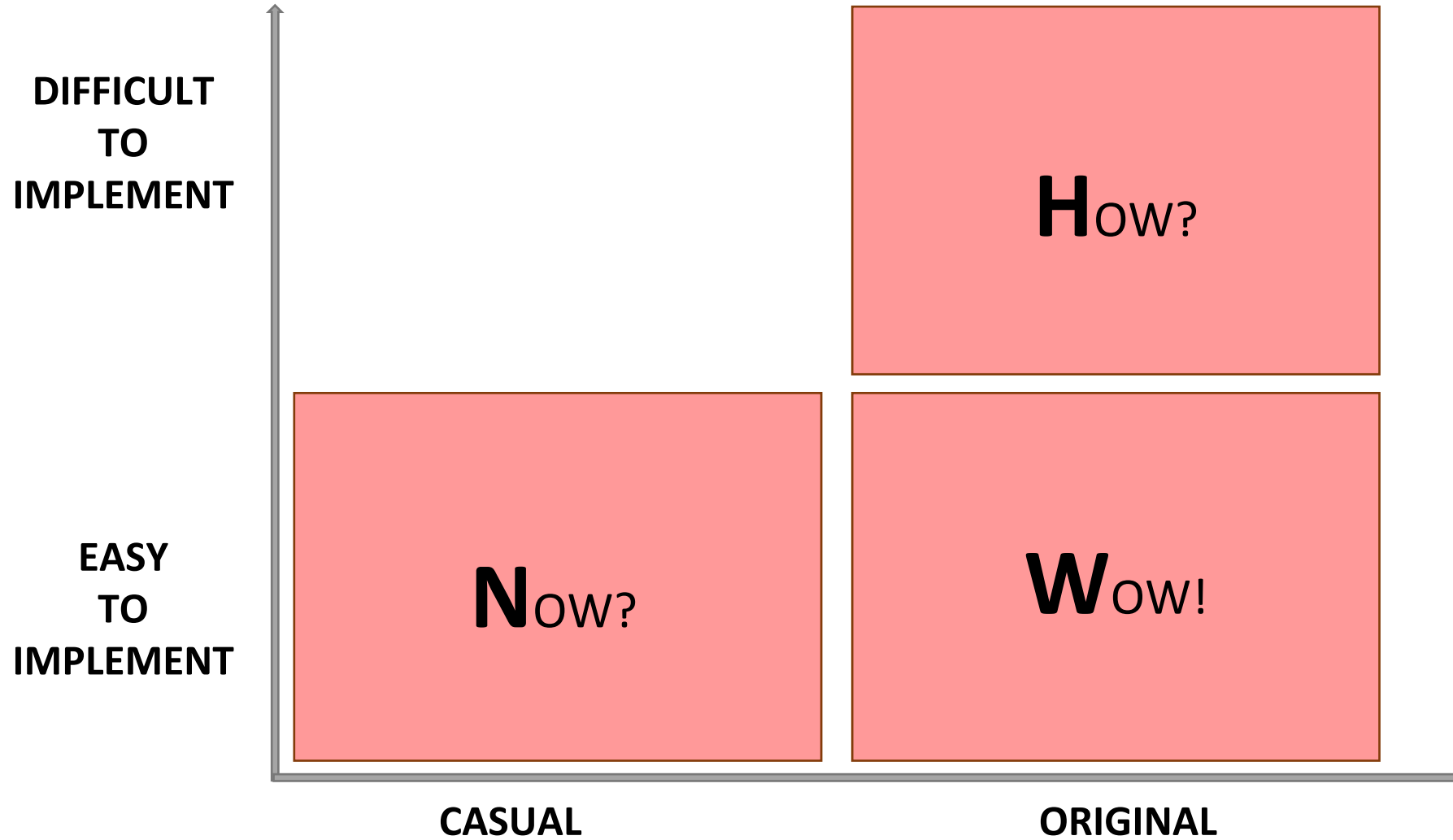
- ✓ **10 minutes** to refer to new brainstorming results  
within the group & grouping

# Evaluation of ideas & idea selection TOOLS

**F**EASIBLE  
**A**TTRACTIVE  
**N**OVEL

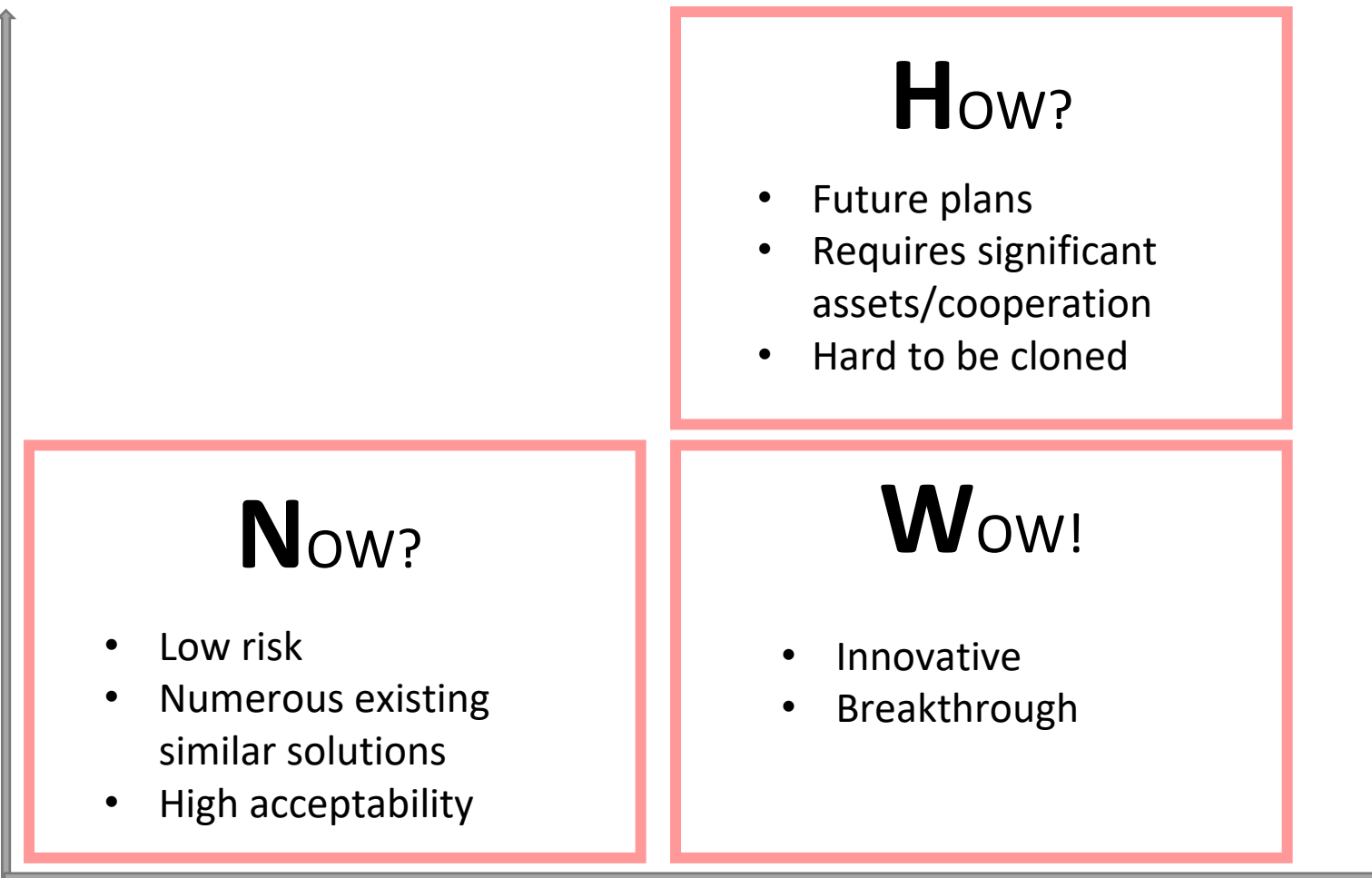


**N**OW  
**H**OW  
**W**OW



DIFFICULT  
TO  
IMPLEMENT

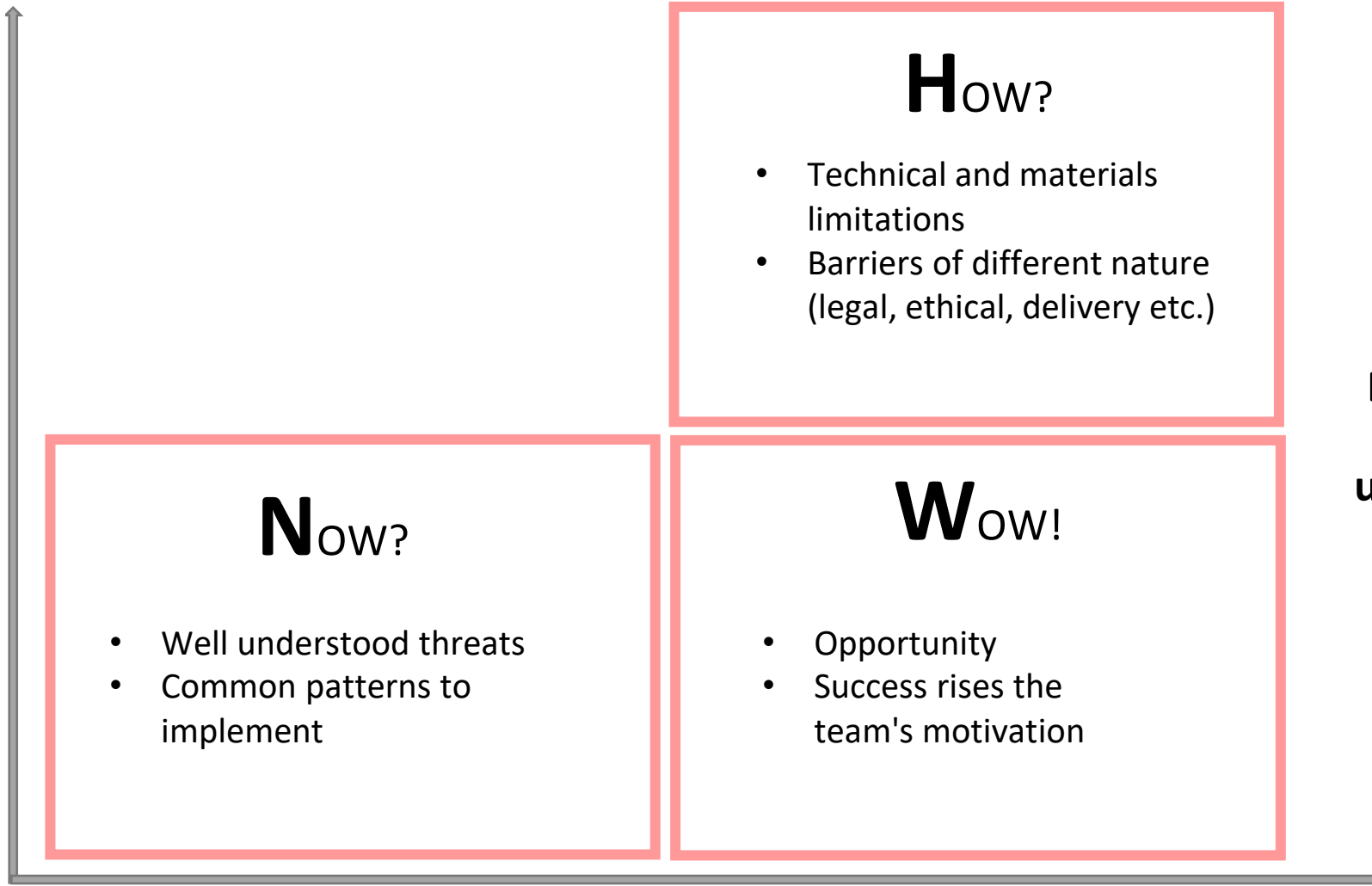
EASY  
TO  
IMPLEMENT



Choice is dependent on the phase of project and devotion of the team

DIFFICULT  
TO IMPLEMENT

EASY  
TO IMPLEMENT



Each polygon can be related with useful information to extract

# Let's evaluate your solutions!

- ✓ **15 minutes** solutions evaluation using  
NowHowWow method



# Before the next stage

- ✓ **Select 3** solutions to your problem  
(we will work on them later!)



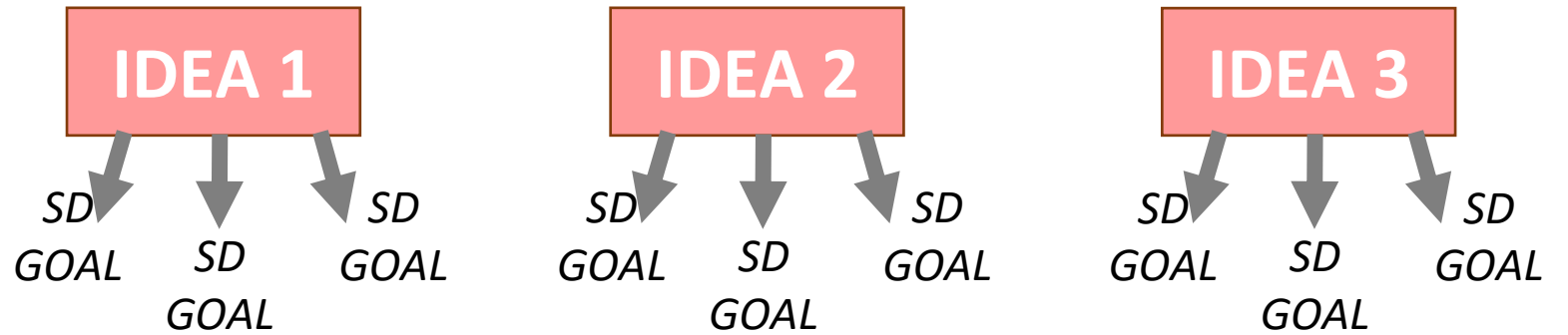
# Further evaluation of ideas

- ☐ For each of your solutions, select 3 SD goals that they are related to. **EXPLAIN WHY**

## SUSTAINABILITY MEASURE



**your SD goal**

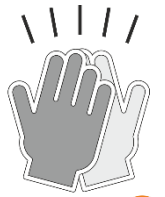


- ☐ Briefly describe how each of your 3 solutions fit the circular economy aspects?





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HIGH 5



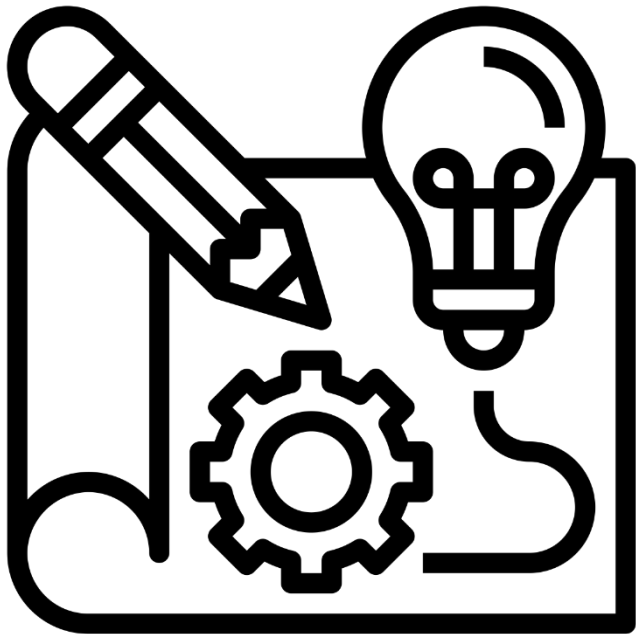
<https://www.hiltonfoundation.org/sdgs>



ΠΑΝΕΠΙΣΤΗΜΙΟ  
ΘΕΣΣΑΛΙΑΣ



# And this leads to the prototyping stage...



- What materials would you use to create the real solution?
  - Are these materials reusable/recyclable?
- How can you manufacture/make it?

# And this leads to the prototyping stage...

## MAKE IT!

- Describe what are the **key features** that must be implemented to get a **Successful Product/Service** that answers the problem you have?
- Describe what are the **functions that are important, but not critical**, that can be performed differently.
- Describe what are the features of your design that would be beneficial but don't make a significant change to the user experience.

# The end

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Erasmus+

Project no. 2019-1-PL01-KA203-065784



# IMPLEMENT

## Make Your Idea Real

Stage and tools



# Implementation of new tools

- Not clear
- Have to be introduced



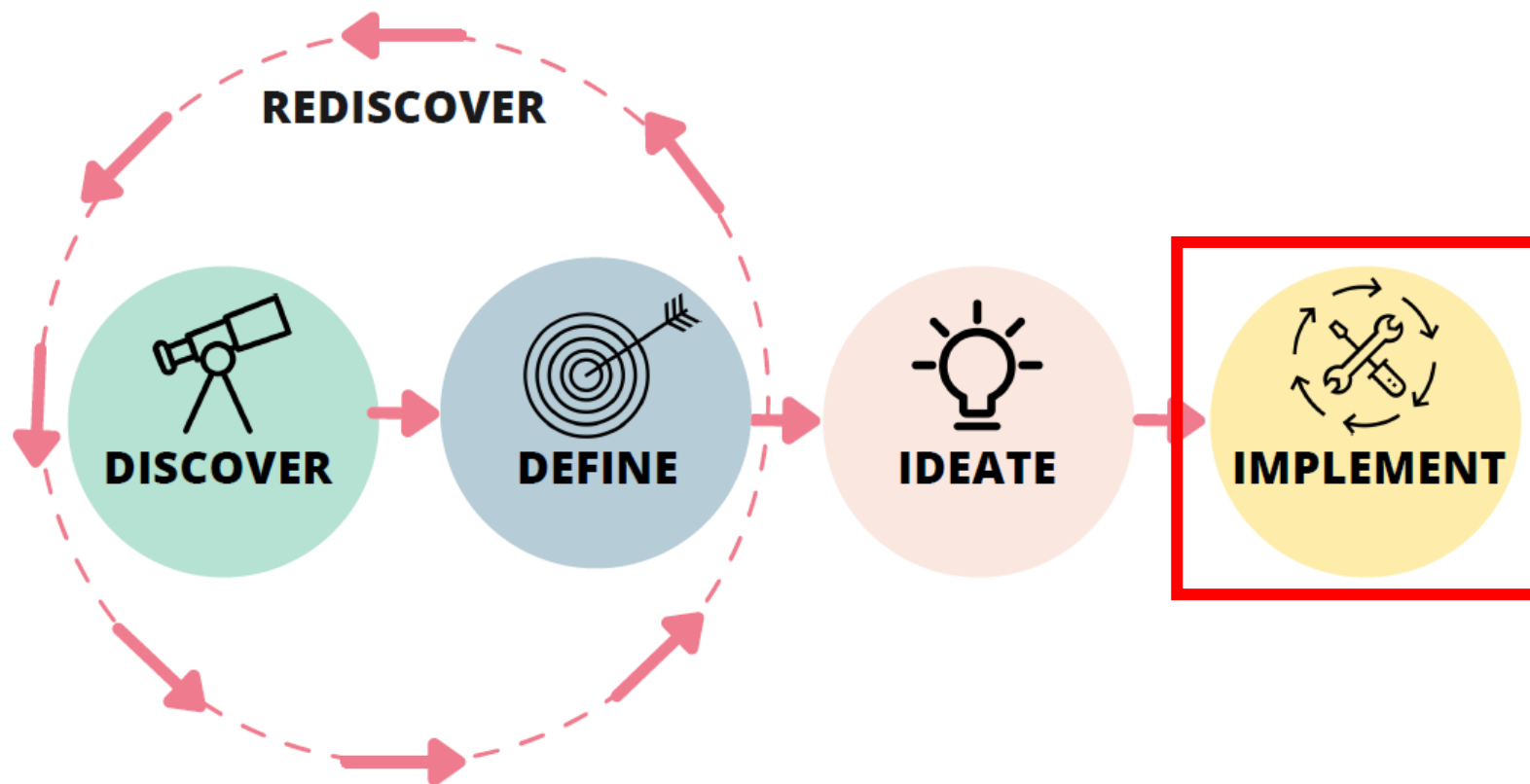
Source: Joke of the day: Grandpa and iPad  
<https://www.youtube.com/watch?v=U2gQE0J00UE>

# What is this tool about?



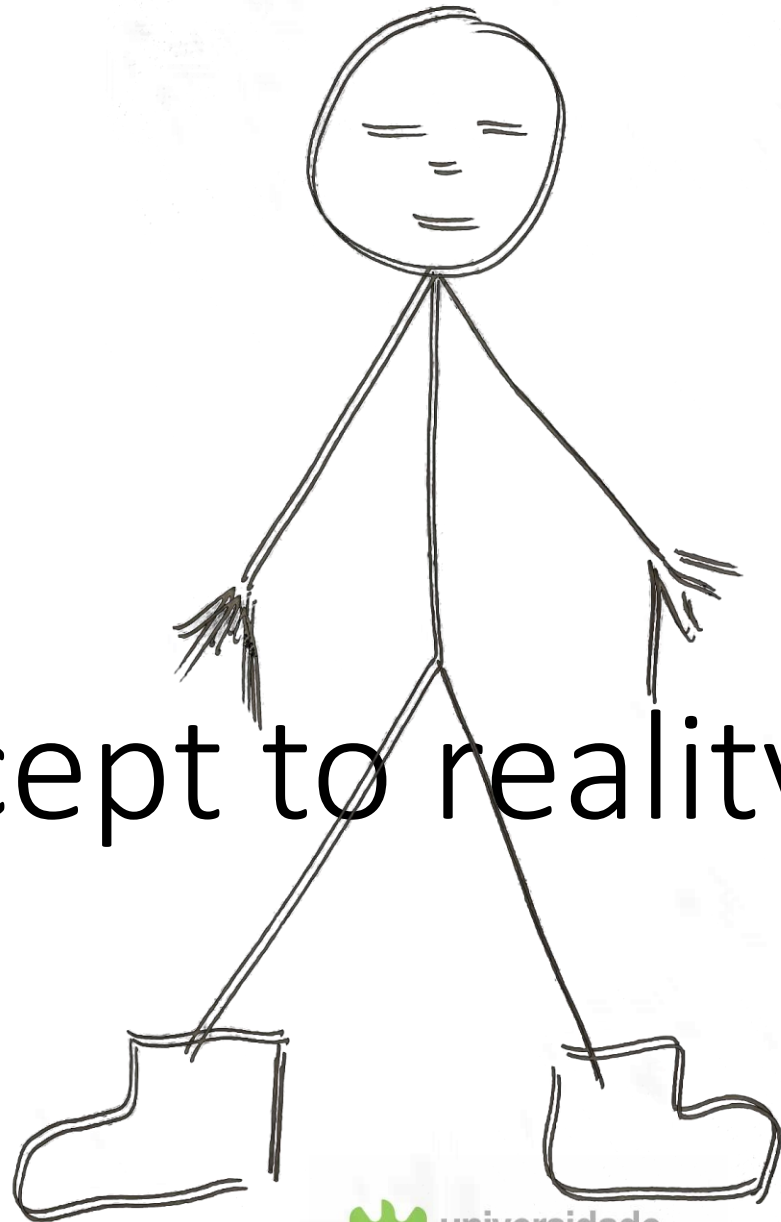
Source:  
<https://www.3dprintthisout.store/en/boutique/divers/adapteur-hdmi-gardena-imprime-en-3d/>

# Implement



Source: Own creation





# From concept to reality

Source: own creation



# SUSTAINABLE DEVELOPMENT GOALS

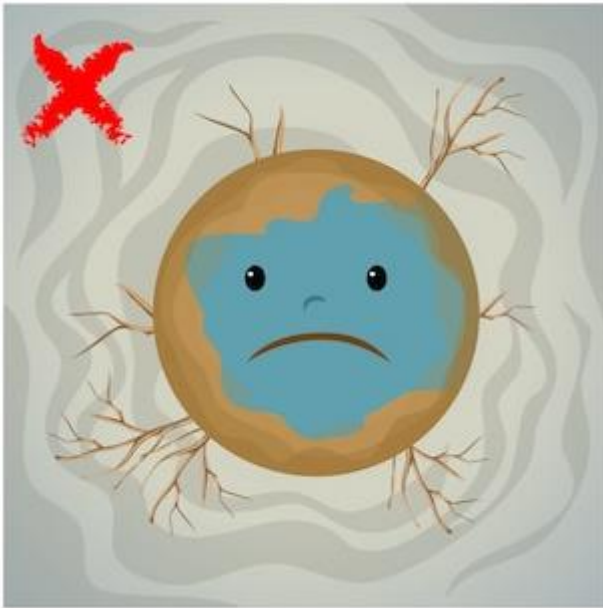


Source:  
United Nation, #Envision2030: 17 goals to transform the world for persons with disabilities  
<https://www.un.org/development/desa/disabilities/envision2030.html>



Erasmus+

# Shift from ... to ... implementation



Source: Image by valadzionak\_volha on Freepik  
[https://www.freepik.com/free-vector/earth-clean-dirty\\_7858400.htm#page=4&query=dirty%20planet&position=11&from\\_view=search&track=sph](https://www.freepik.com/free-vector/earth-clean-dirty_7858400.htm#page=4&query=dirty%20planet&position=11&from_view=search&track=sph)



# SMART objectives

**Specific** – you know exactly what the author wants to happen.

**Measurable** – you can objectively measure or assess whether the team achieved the result.

**Achievable** – the objective is something you can actually get done (no “stretch objectives”).

**Result** – the objective is a result you desire and not an activity.

**Time-bound** – the team must complete the objective by a deadline, to create urgency and priority.



Source: Image by nuraghies on Freepik  
[https://www.freepik.com/free-vector/red-dart-arrow-hitting-target-center-dartboard\\_28563661.htm#query=target&position=1&from\\_view=search&track=sph](https://www.freepik.com/free-vector/red-dart-arrow-hitting-target-center-dartboard_28563661.htm#query=target&position=1&from_view=search&track=sph)

# Implementation plan – how to develop?



# Prototype



Prototype
Test
Feedback
Model

- Get Visual
- Determine What to Prototype – De Bono’s thinking hats
- [Journey Map](#)
- Rapid Prototyping
- [Storyboard](#)
- Role Play
- Co-Creation Session
- Mindmap



## CREATIVITY

Ideas, alternatives,  
possibilities  
Lateral thinking



## PROCESS

Thinking about thinking  
Planning for action



## FACTS

Information and data  
Neutral and objective  
What do I know?  
How will I get the information I need?



De Bono  
Thinking hats



## CAUTION

Caution, critical thinking  
Why something may not work

## FEELINGS

Intuition, hunches  
My feelings right now  
No reasons are given



## BENEFITS

Optimism  
Positives, plus points  
Logical reasons are given

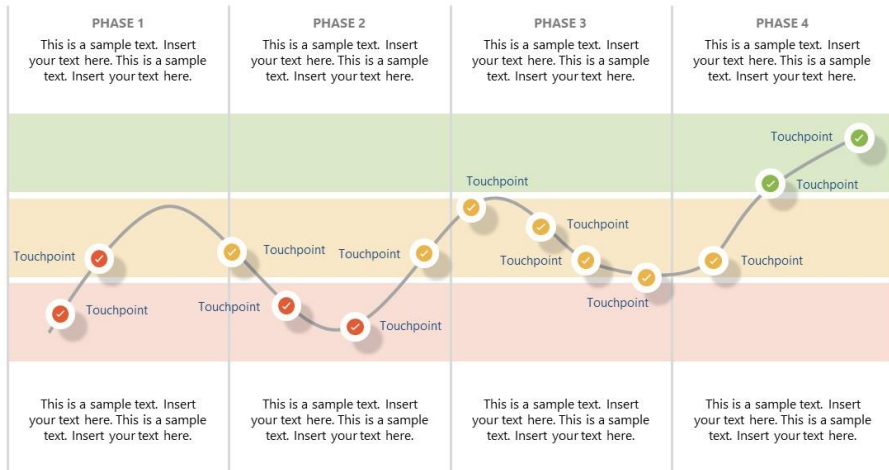


Source: <https://urbact.eu/toolbox-home/de-bono-thinking-hats>

# Journey Map



## Free Customer Journey Map Template



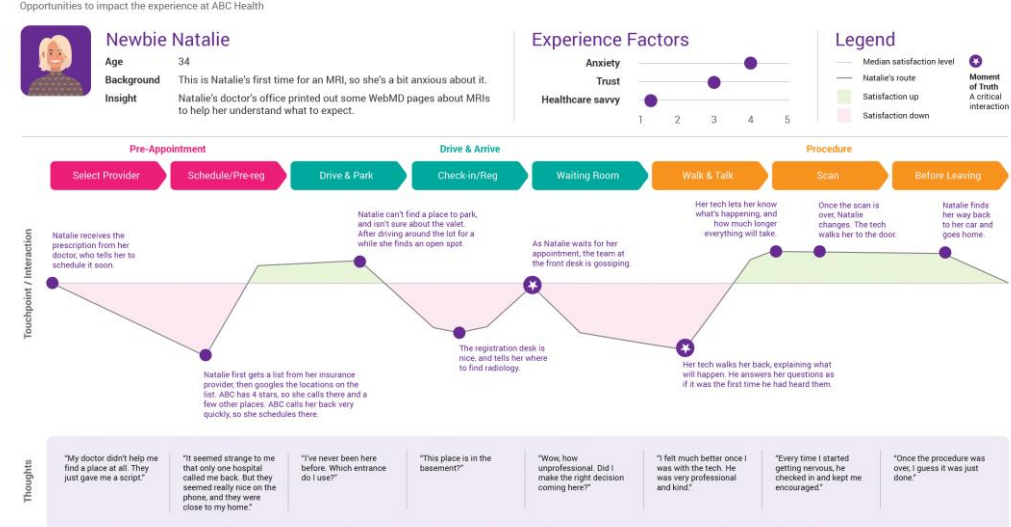
Source: <https://slidemodel.com/free-powerpoint-templates/free-customer-journey-map-template-for-powerpoint/>

	PHASE 1	PHASE 2	PHASE 3	PHASE 4	PHASE 5	PHASE 6
<b>STAGE</b>	Phase 1	Phase 2	Phase 3	Phase 4	Phase 5	Phase 6
<b>CUSTOMER ACTIVITIES</b>	Primary Action Secondary Action Third Action	Primary Action Secondary Action Third Action	Primary Action Secondary Action Third Action	Primary Action Secondary Action Third Action	Primary Action Secondary Action Third Action	Primary Action Secondary Action Third Action
<b>CUSTOMER GOALS</b>	Touchpoint	Touchpoint One Touchpoint Two Touchpoint Three	Touchpoint	Touchpoint One Touchpoint Two	Touchpoint One Touchpoint Two	Touchpoint
<b>TOUCHPOINTS</b>						
<b>EXPERIENCE</b>						
<b>BUSINESS GOAL</b>						
<b>KPIs</b>						
<b>ORGANISATIONAL ACTIVITIES</b>						
<b>RESPONSIBLE</b>						
<b>TECHNOLOGY SYSTEMS</b>						

Source: <https://app.moqups.com/edit/page/ad64222d5>



## The New Patient's Journey



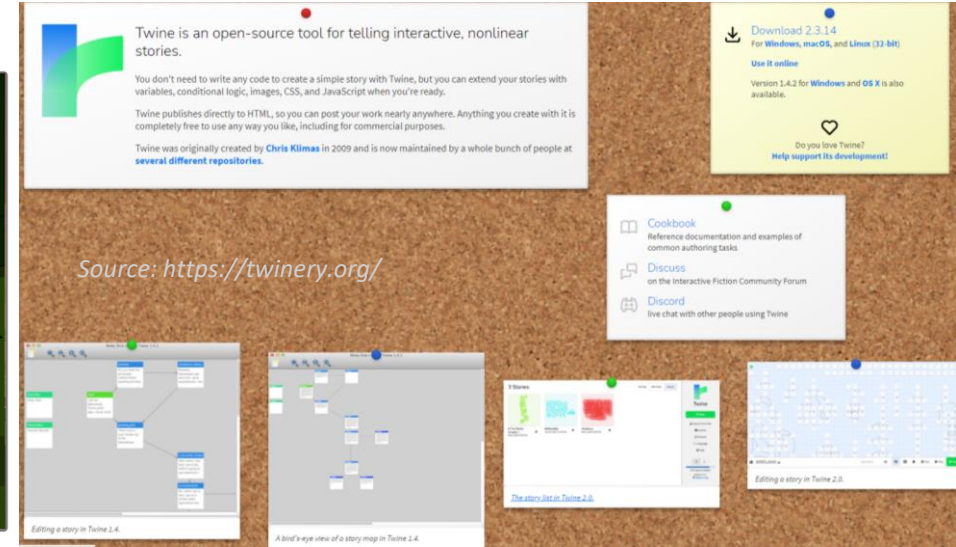
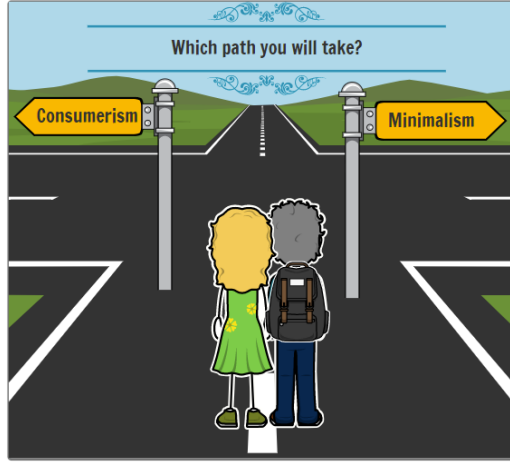
	PHASE 1	PHASE 2	PHASE 3	PHASE 4	PHASE 5	PHASE 6
<b>STAGE</b>	AWARENESS	CONSIDERATION	DECISION	DELIVERY & USE	LOYALTY & ADVOCACY	
<b>CUSTOMER ACTIVITIES</b>	View from friends, use online or offline social media	Compare & evaluate different providers	Add groceries to shopping cart	Receive or pick up order	Contact customer service	Enjoy groceries
<b>CUSTOMER GOALS</b>	No goals at this point	Find the best solution for my food	Fast and select products easily	Order effortlessly	Receive or pick up an order efficiently	Get help if problems appear and when needed
<b>TOUCHPOINTS</b>	Word of mouth, traditional media, social media	Word of mouth, website, blog & master class, social media		Website, app, order confirmation email	Delivery service, parking, signage, email, SMS, phone	Phone, email, chat
<b>EXPERIENCE</b>						
<b>BUSINESS GOAL</b>	Increase awareness and interest	Increase number of website visitors	Increase shopping cart value & conversion rate	Increase online sales and conversion rate	Reduce on time and on-site delivery window	Increase customer service satisfaction, minimize waiting time
<b>KPIs</b>	Number of people reached	New website visitors	Shopping cart value, conversion rate	Online delivery rate, on-time delivery window	Customer service waiting time	Product reviews
<b>ORGANISATIONAL ACTIVITIES</b>	Create marketing campaigns and content, SEO, affiliate and online, PR	Create marketing campaigns and content, SEO, affiliate and online, PR	Optimize grocery shopping experience	Optimize online purchased items, order handling	Picking & delivery	Organize customer service
<b>RESPONSIBLE</b>	Marketing & Communications	Marketing & Communications	Online development, Customer service	Online development, warehouse, logistics	Warehouse, logistics	Customer service
<b>TECHNOLOGY SYSTEMS</b>	CRM, analytics, programmatic advertising, display, video, social media	CRM, analytics, programmatic advertising, display, video, social media	CRM, analytics, CRM, e-commerce platform, PIM	CRM, analytics, CRM, e-commerce platform, PIM	CRM, analytics, CRM, e-commerce platform, PIM	CRM, analytics, CRM, e-commerce platform, PIM

Source: <https://www.customerthermometer.com/customer-experience/customer-journey-mapping-templates/>

Source: <https://www.columbiaroad.com/blog/why-and-how-to-create-a-customer-journey-map-download-free-template>



# Storyboard - Storytelling



Source: Created by Storyboard creator, <https://www.storyboardthat.com/storyboard-creator>



# Prototype



Source: Image by pch.vector on Freepik  
[https://www.freepik.com/free-vector/eco-volunteers-cleaning-sea\\_7416547.htm#query=cleaning%20planet&position=1&from\\_view=search&track=sph](https://www.freepik.com/free-vector/eco-volunteers-cleaning-sea_7416547.htm#query=cleaning%20planet&position=1&from_view=search&track=sph)

# Test

Prototype
Test
Feedback
Model

- **Live Prototyping** - a chance to run your solution for a couple weeks out in the real world.
- **Keep Iterating** - help you get a great solution to market and let you know where to push it when you do.
- **Build Partnerships** - stakeholders/partnerships map.
- **Roadmap** - timeline and a plan of action to get your idea out into the world
- **Sustainable Revenue** - financial spreadsheets and forecast on how the revenue of a certain product/solution/service would look like.
- **Measure and Evaluate** - design the ways that you'll measure and grow it into your solution.

# Feedback



---

Prototype

---

Test

---

Feedback

---

**Model**

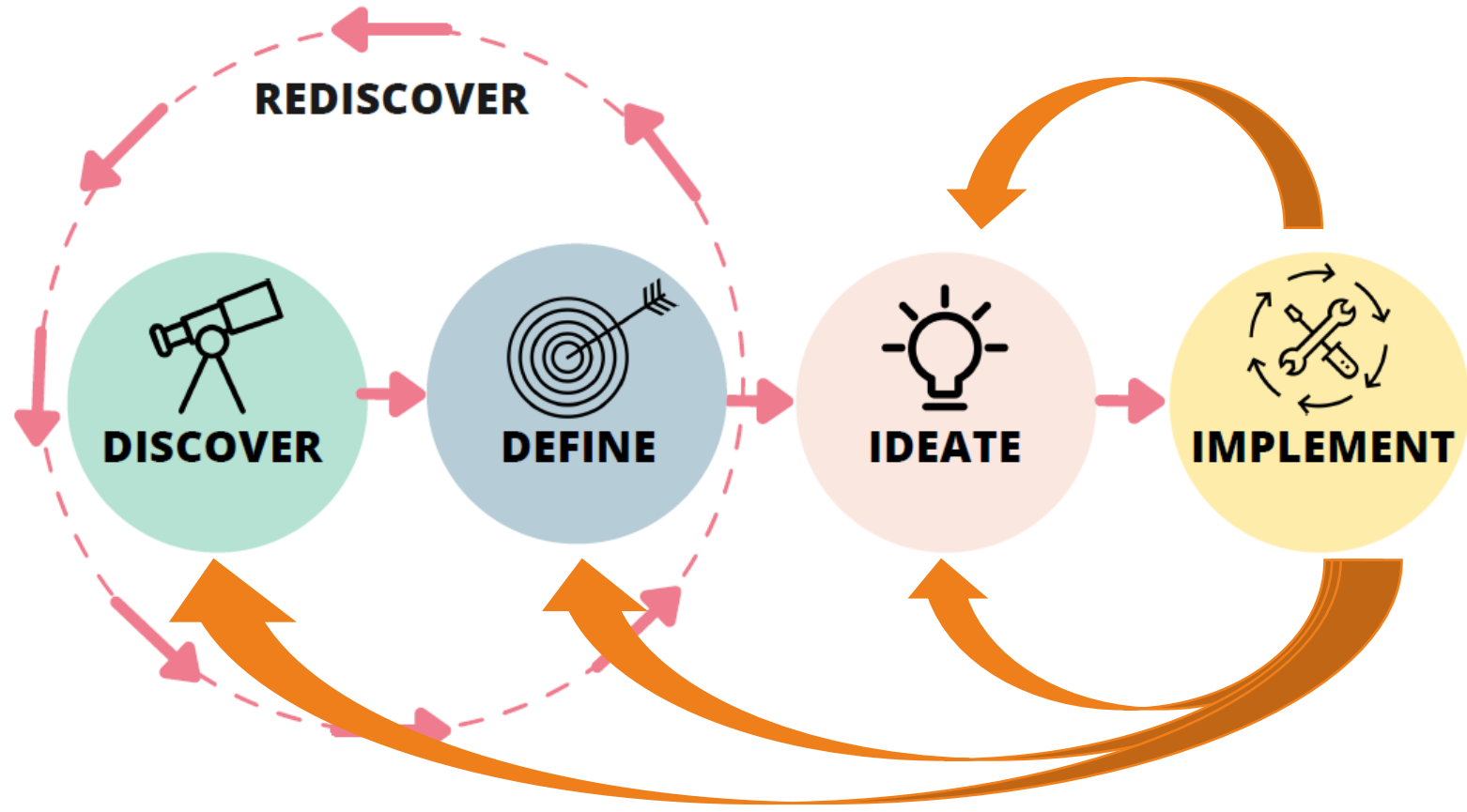
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- Do you remember Discover?
  - Interview
  - Questionnaires
  - Observation
  - Immersion
  - Empathy
  - Research
- What have we got to use now?

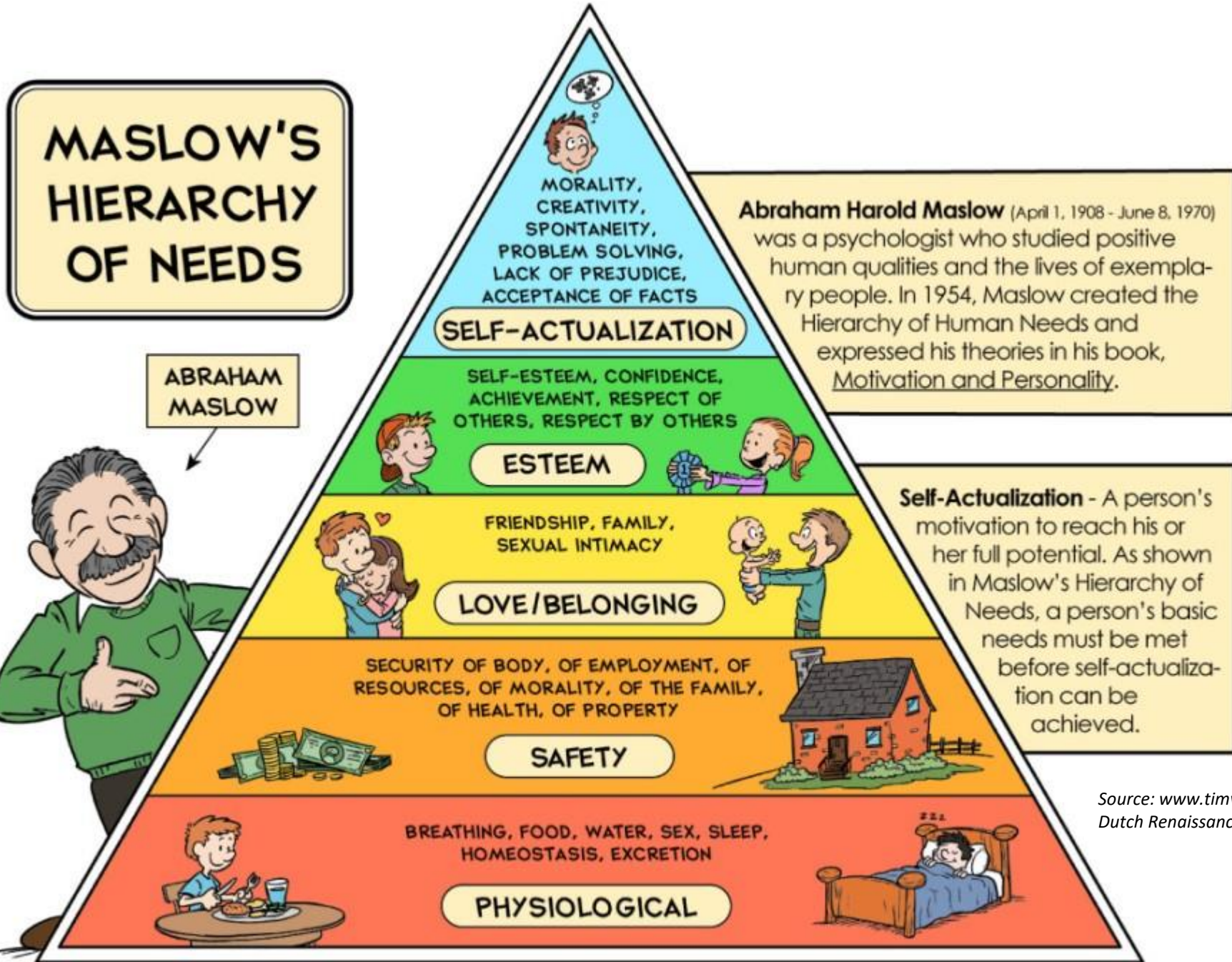


# Feedback

- Prototype
- Test
- Feedback
- Model



Source: Own creation



Source: www.timvandevall.com  
Dutch Renaissance Press LLC 2013

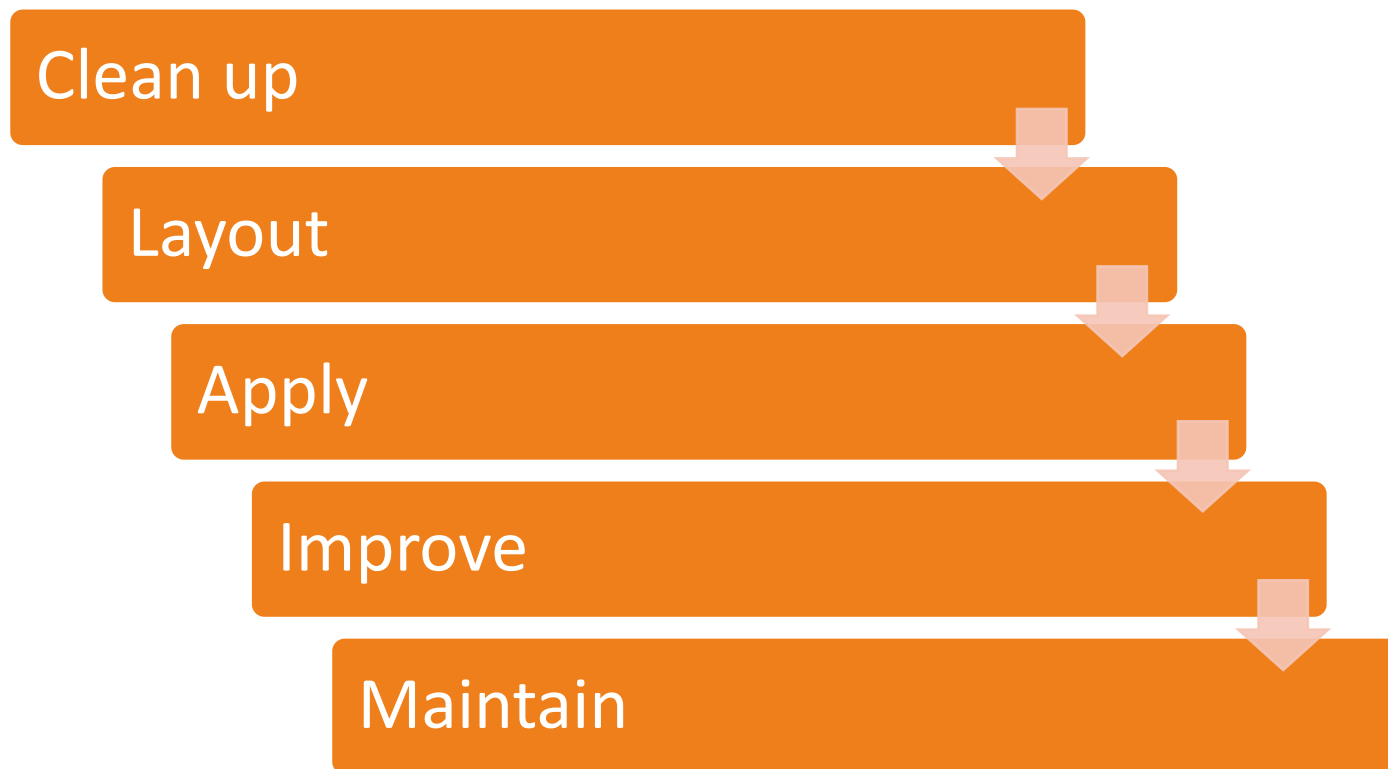


D



# CLAIM Model

- Prototype
- Test
- Feedback
- Model**



# CLAIM Model



Source: Image by brgfx on Freepik [https://www.freepik.com/free-vector/illustration-with-pollutions-earth\\_6907492.htm#query=pollution&position=26&from\\_view=search&track=sph](https://www.freepik.com/free-vector/illustration-with-pollutions-earth_6907492.htm#query=pollution&position=26&from_view=search&track=sph)



Source: Image by stephanie2212 on Freepik [https://www.freepik.com/free-vector/hand-drawn-save-ocean-banner\\_22162244.htm#query=cleaning%20planet&position=5&from\\_view=search&track=sph](https://www.freepik.com/free-vector/hand-drawn-save-ocean-banner_22162244.htm#query=cleaning%20planet&position=5&from_view=search&track=sph)



Source: Image by storyset on Freepik [https://www.freepik.com/free-vector/save-earth-concept-illustration\\_23506590.htm#query=clean%20planet&position=2&from\\_view=search&track=sph](https://www.freepik.com/free-vector/save-earth-concept-illustration_23506590.htm#query=clean%20planet&position=2&from_view=search&track=sph)



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# Implementation



Source: Implementation - Georgia Tech - Software Development Process  
<https://www.youtube.com/watch?v=skpVpuB8VBY>

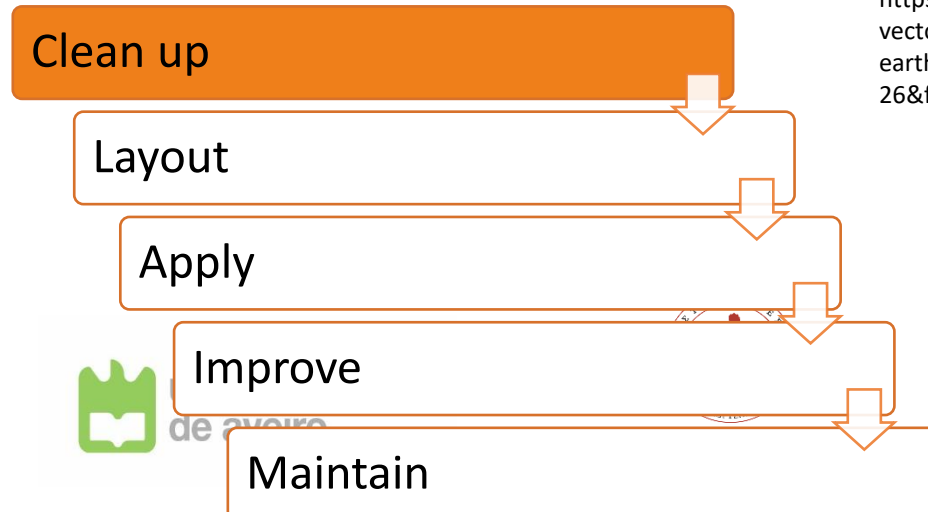
# CLAIM Model – Clean up



- Walk the current process
- Review current steps
- Assess what is required to bring new
- Prepare the environment for new
- Set expectation for change



Source: Image by brgfx on Freepik  
[https://www.freepik.com/free-vector/illustration-with-pollutions-earth\\_6907492.htm#query=pollution&position=26&from\\_view=search&track=sph](https://www.freepik.com/free-vector/illustration-with-pollutions-earth_6907492.htm#query=pollution&position=26&from_view=search&track=sph)

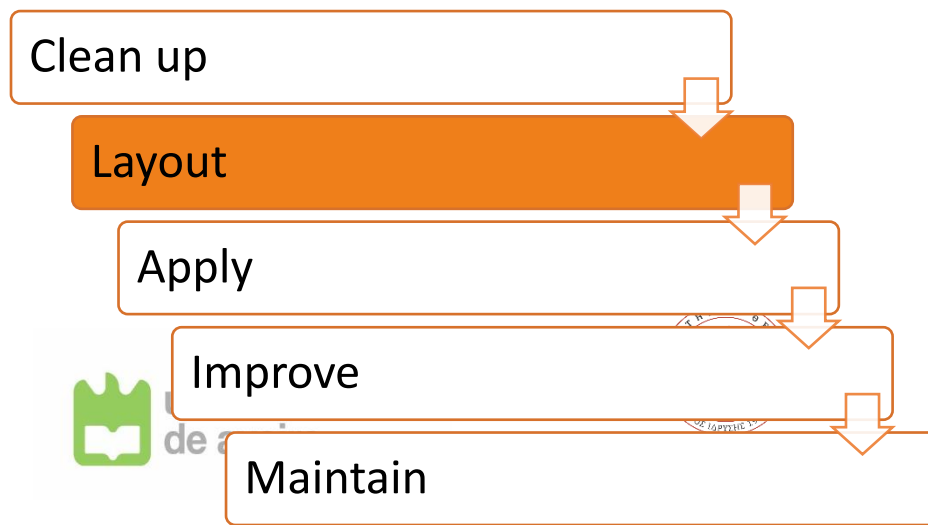


# CLAIM Model - Layout

- Map the new solution
- Assign role, activities & audits
- Develop the standards & reporting
- Entrench through training



Source: Image by pch.vector on Freepik  
[https://www.freepik.com/free-vector/eco-volunteers-cleaning-sea\\_7416547.htm#query=cleaning%20planet&position=1&from\\_view=search&track=sph](https://www.freepik.com/free-vector/eco-volunteers-cleaning-sea_7416547.htm#query=cleaning%20planet&position=1&from_view=search&track=sph)

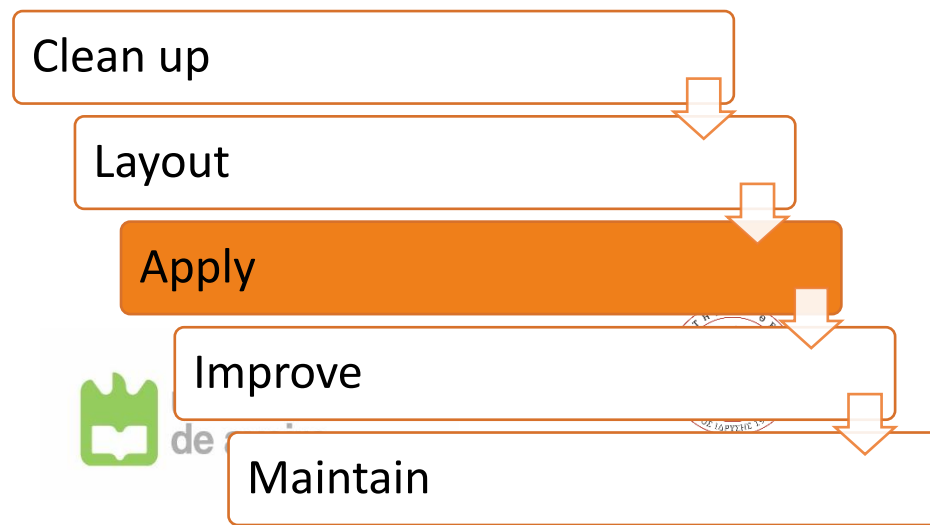


# CLAIM Model - Apply

- Begin using
- Audit to ensure standard is followed
- Retrain as needed
- Document lessons



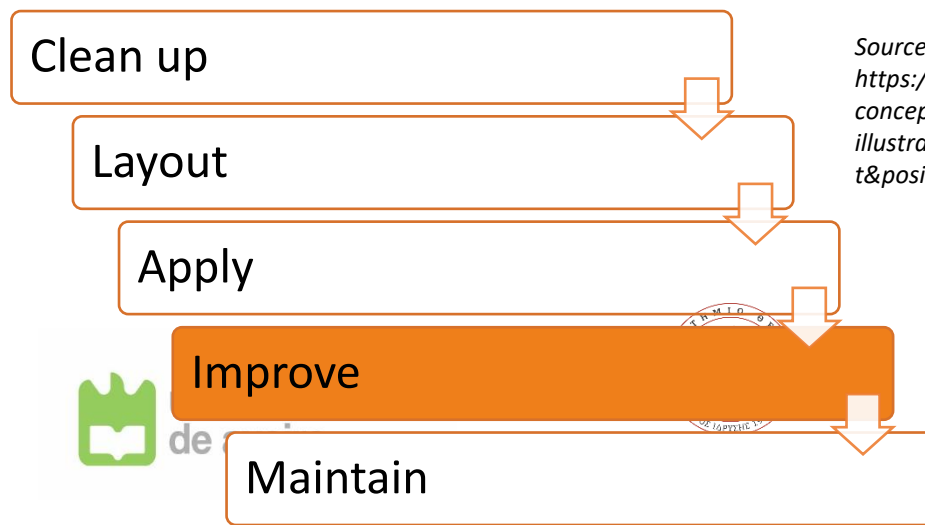
Source: Image by pch.vector on Freepik  
[https://www.freepik.com/free-vector/eco-volunteers-cleaning-sea\\_7416547.htm#query=cleaning%20planet&position=1&from\\_view=search&track=sph](https://www.freepik.com/free-vector/eco-volunteers-cleaning-sea_7416547.htm#query=cleaning%20planet&position=1&from_view=search&track=sph)



# CLAIM Model - Improve



- Find improvement opportunities
- Review opportunities
- Approve opportunities
- Make changes
- Ensure update of steps and retraining take place



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[https://www.freepik.com/free-vector/save-earth-concept-illustration\\_23506590.htm#query=clean%20planet&position=2&from\\_view=search&track=sph](https://www.freepik.com/free-vector/save-earth-concept-illustration_23506590.htm#query=clean%20planet&position=2&from_view=search&track=sph)

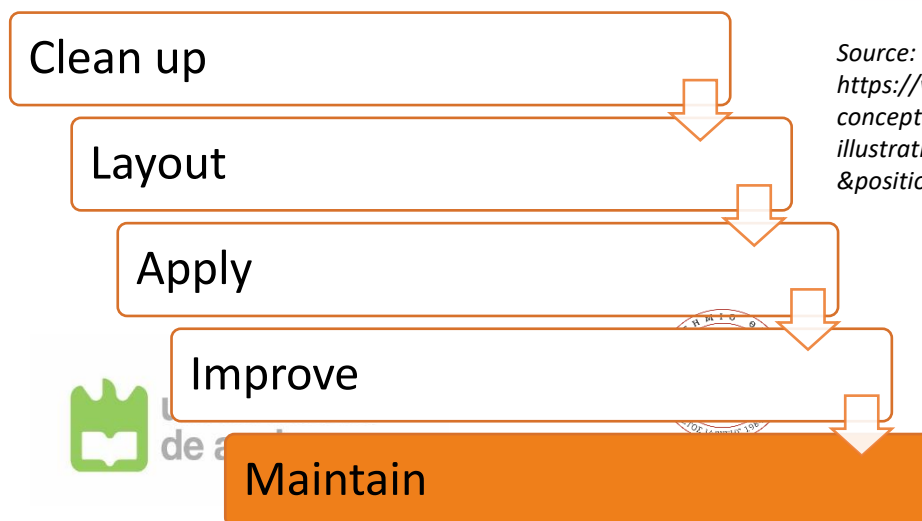
# CLAIM Model - Maintain



- Follow new steps
- Audit as planned
- Continue to improve
- Evaluate periodically



Source: Image by storyset on Freepik  
[https://www.freepik.com/free-vector/save-earth-concept-illustration\\_23506590.htm#query=clean%20planet&position=2&from\\_view=search&track=sph](https://www.freepik.com/free-vector/save-earth-concept-illustration_23506590.htm#query=clean%20planet&position=2&from_view=search&track=sph)



# Implementation - CLAIM Model



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[https://www.freepik.com/free-vector/earth-clean-dirty\\_7858400.htm#page=4&query=dirty%20planet&position=11&from\\_view=search&track=sph](https://www.freepik.com/free-vector/earth-clean-dirty_7858400.htm#page=4&query=dirty%20planet&position=11&from_view=search&track=sph)

# The end

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Project no. 2019-1-PL01-KA203-065784



# Why we need to talk about sustainability?



# Are you green or sustainable?



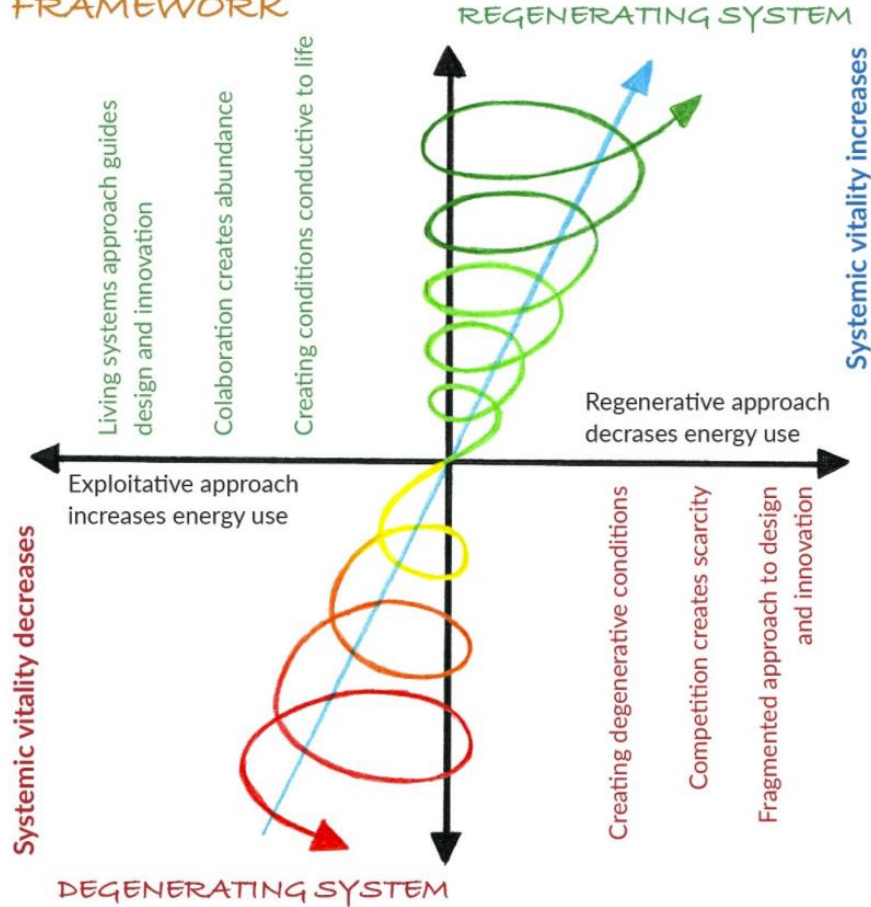
# Are you green or sustainable?

- Going green refers to all aspects of environmentally-friendly products from fashion to buildings to the movement as a whole.
- Sustainability means that what we do today doesn't deplete resources for future generations.
- Some products can be green due to their appearance, but they are not sustainable due to their production (e.g. life-cycle analysis).

# Sustainability

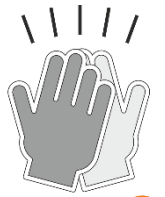
- Sustainability means meeting our own needs without compromising the ability of future generations to meet their own needs.
- Sustainability is a holistic approach that considers ecological, social and economic dimensions, recognizing that all must be considered together to find lasting prosperity.

THE REGENERATIVE DESIGN FRAMEWORK



Source: Designing Regenerative Cultures, 2016 - www.danielchristianwahl.com; Graphics: www.flaviagarglulo.com

Where we need to be



HIGH 5

Regenerative

Appropriate participation and design as nature.

Reconciliatory

Reintegrating humans as integral parts of nature.

Restorative

Humans doing things to nature.

Sustainable

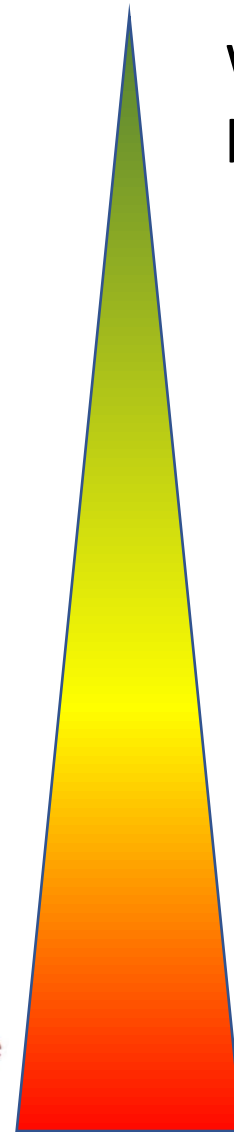
Neutral point of not doing any more damage.

Green

Relative improvements.

Conventional practice

Compliant to avoid legal actions.



Where we want to be

Where we are

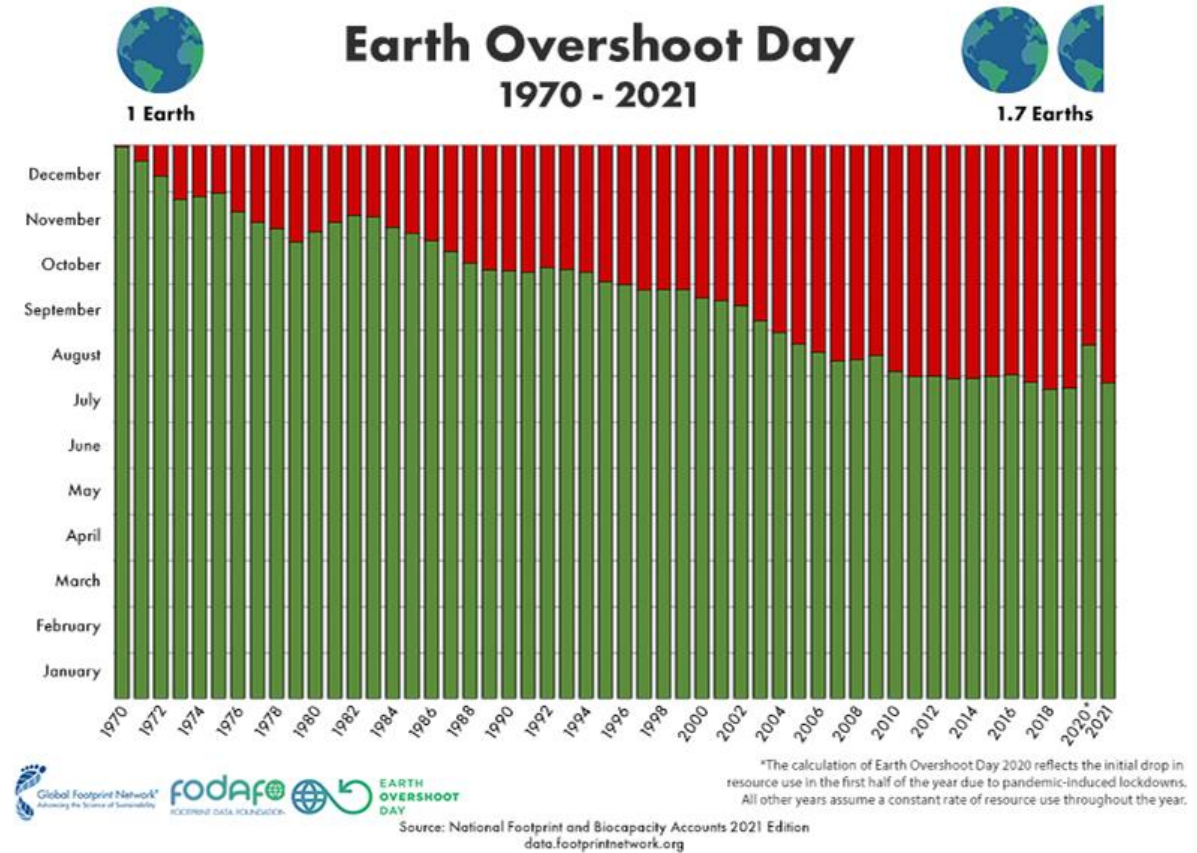


ΠΑΝΕΠΙΣΤΗΜΙΟ ΘΕΣΣΑΛΙΑΣ



# Earth overshoot day

- In 2021 by 29. July we had used all the resources that Earth can reproduce in a year. For the rest of the year, we are maintaining our ecological deficit by drawing down local resource stocks and accumulating carbon dioxide in the atmosphere.



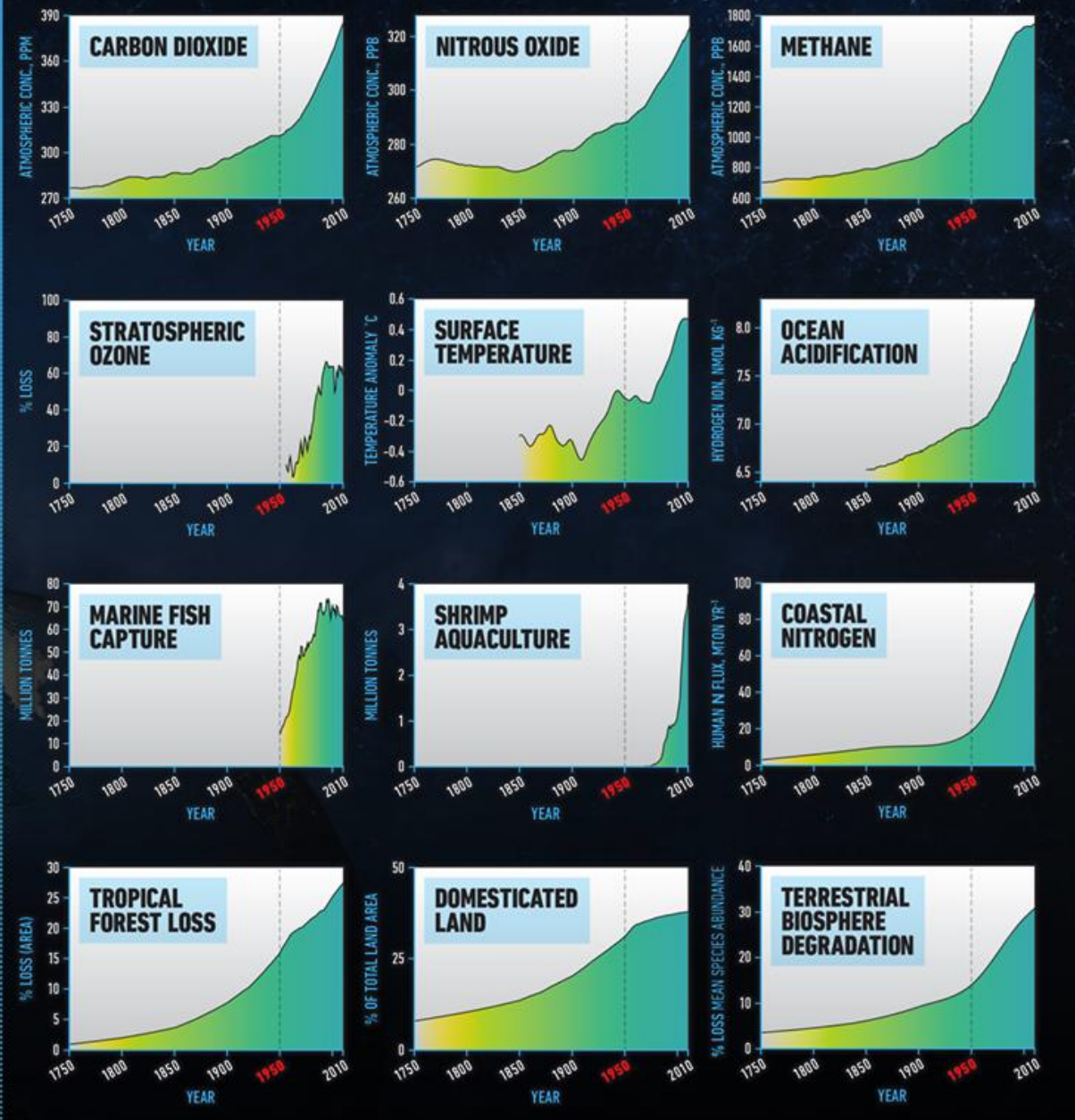
## Top Ten overshooters?

1. Qatar 10/2/2022
2. Luxembourg 14/2/2022
3. Cook Islands 11/3/2022
4. Bahrain 12/3/2022
5. Canada 13/3/2022
6. United Arab Emirates 13/3/2022
7. USA 13/3/2022
8. Estonia 14/3/2022
9. Belize 15/3/2022
10. Kuwait 15/3/2022

# SOCIO-ECONOMIC TRENDS



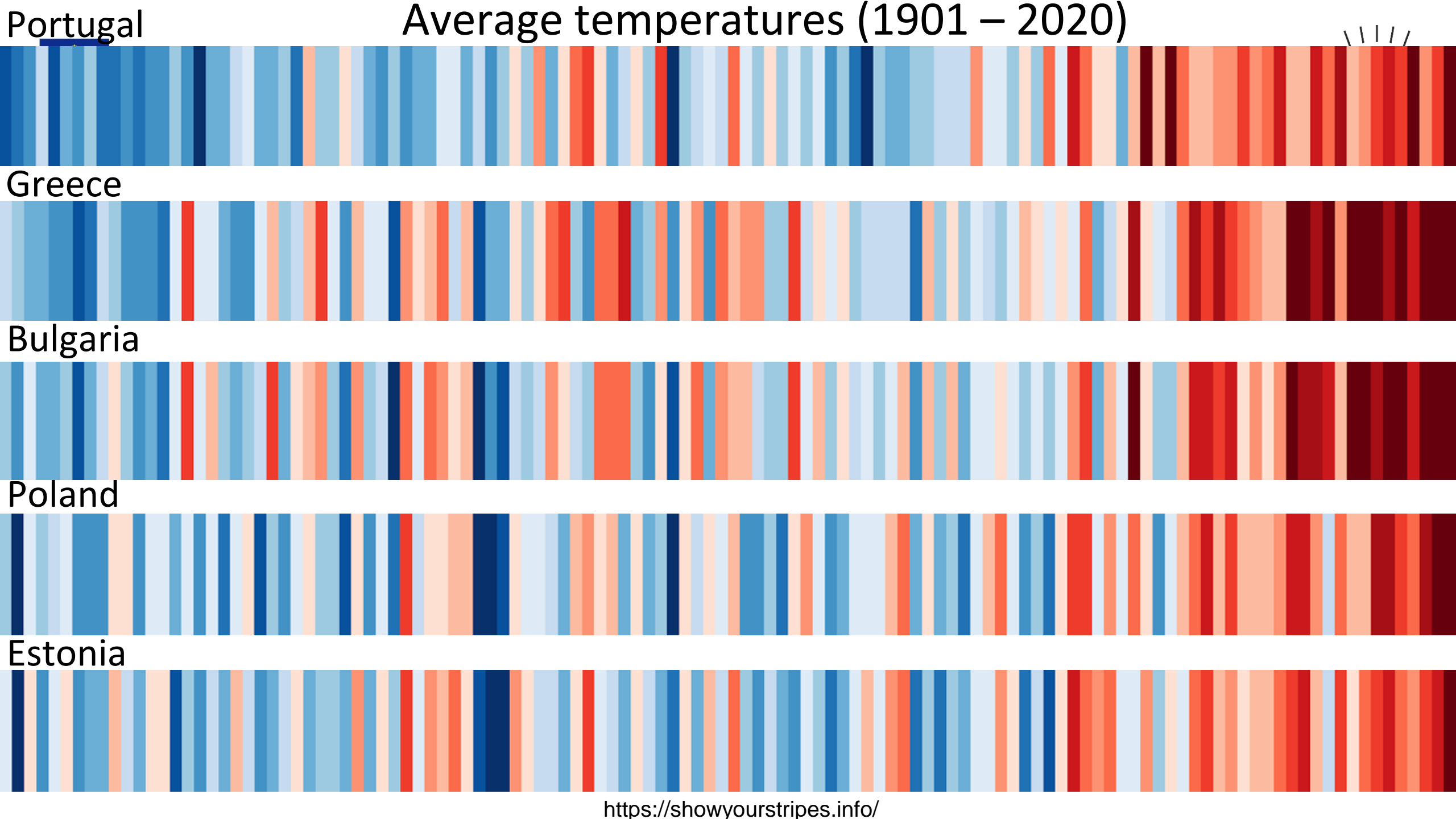
# EARTH SYSTEM TRENDS



Source: Steffen et al. 2015



# Climate change



## COAL CONSUMPTION AFFECTING CLIMATE.

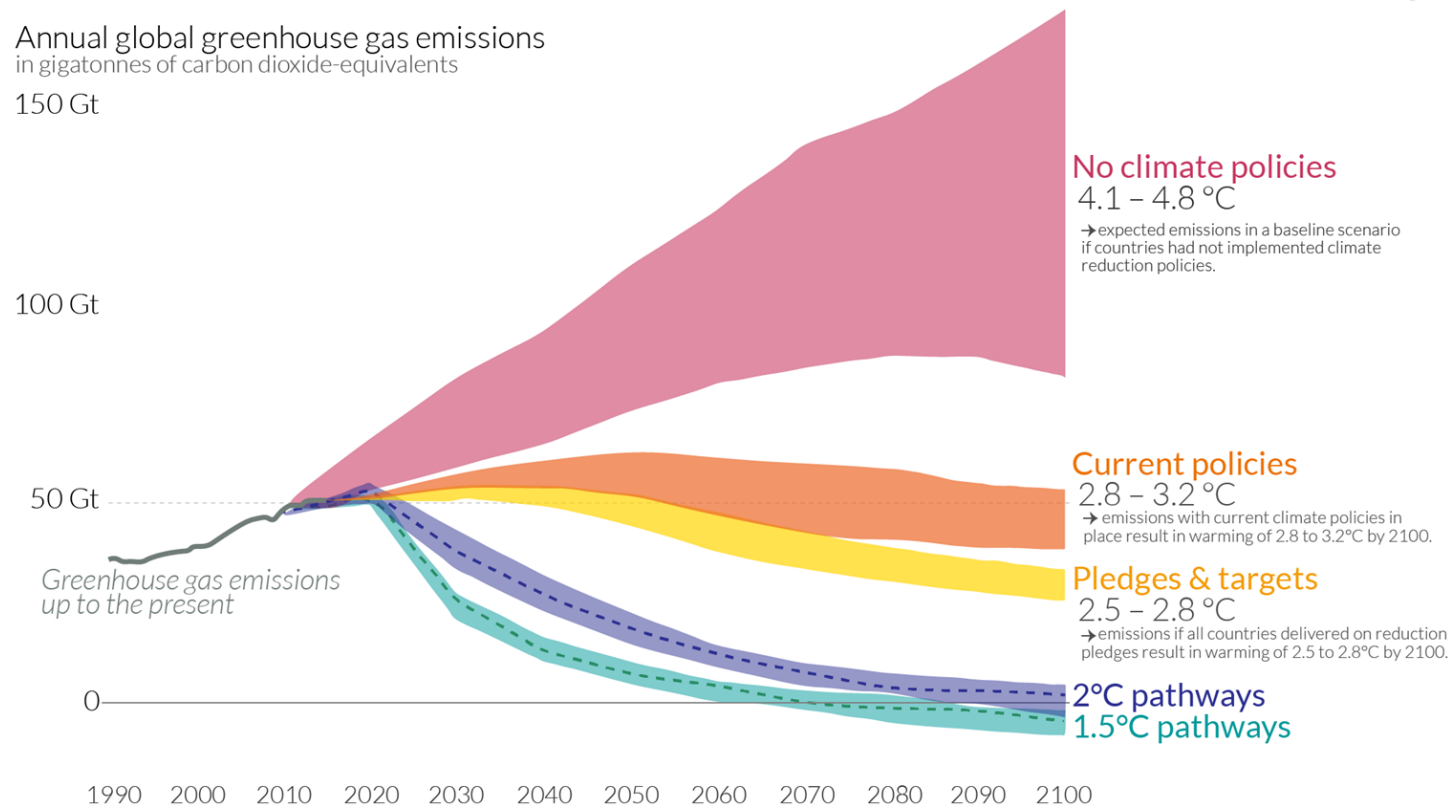
The furnaces of the world are now burning about 2,000,000,000 tons of coal a year. When this is burned, uniting with oxygen, it adds about 7,000,000,000 tons of carbon dioxide to the atmosphere yearly. This tends to make the air a more effective blanket for the earth and to raise its temperature. The effect may be considerable in a few centuries.

Published Aug. 14, 1912.



Frozen Thames River Source: [Abraham Hondius](#)

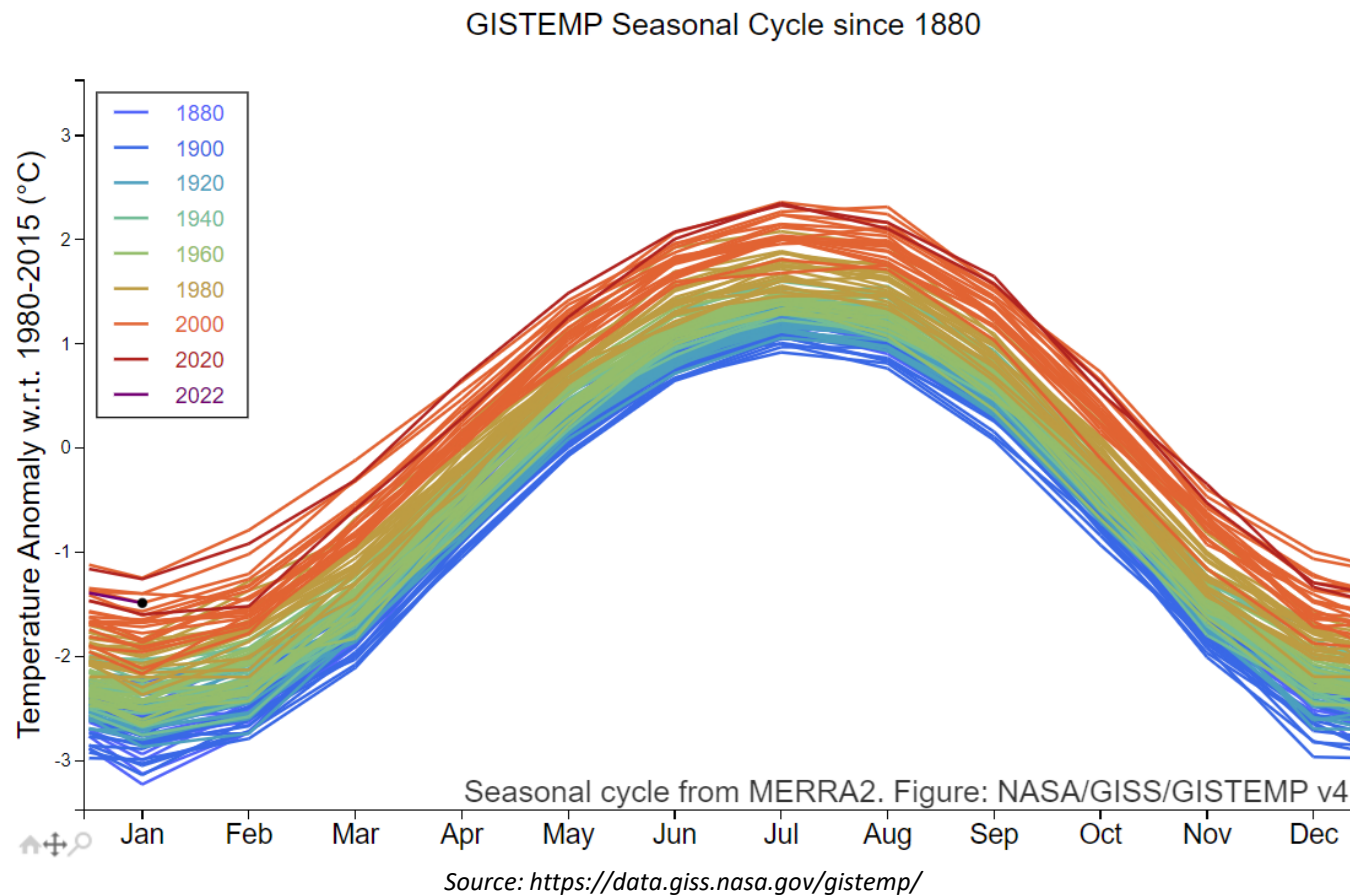
- The Conference of Parties (COP) to the United Nations Framework Convention on Climate Change (UNFCCC) at its 21st Session in Paris, France (30 November to 11 December 2015), agreed to keep the global warming of 1.5°C above pre-industrial levels.
- Limiting warming to 1.5°C is possible within the laws of chemistry and physics but would require unprecedented transitions in all aspects of society.



Data source: Climate Action Tracker (based on national policies and pledges as of December 2019).  
OurWorldinData.org – Research and data to make progress against the world's largest problems.

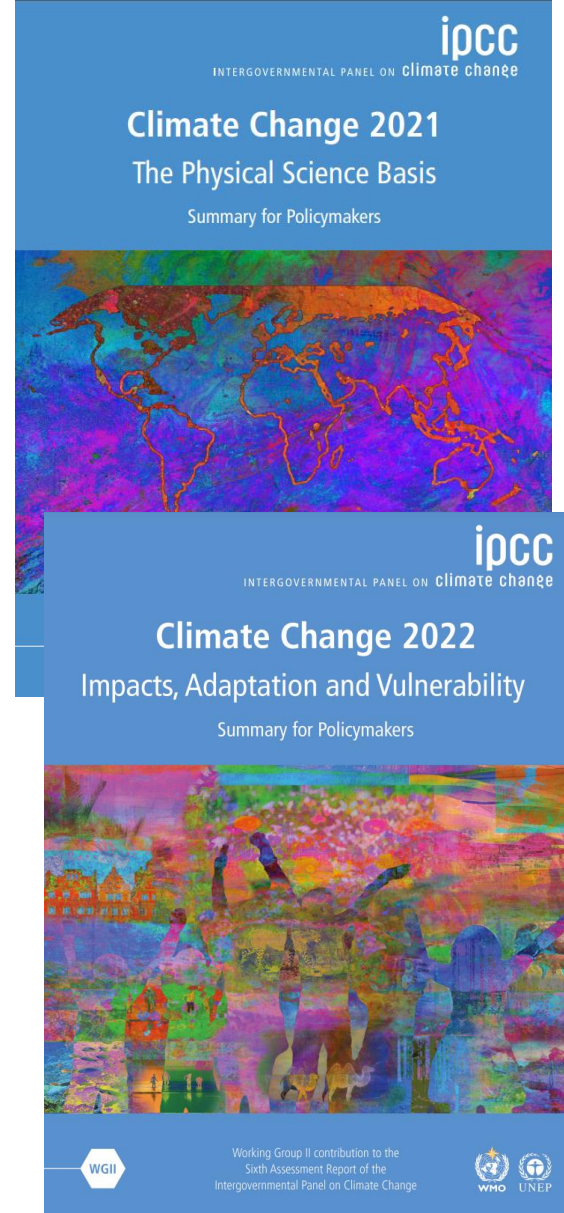
Licensed under CC-BY by the authors Hannah Ritchie & Max Roser.

- 2021 culminated as the sixth warmest year on record ( $0.84^{\circ}\text{C}$  above the 20th century average).
- The years 2013–2021 are the ten warmest years on record.
- The year 2021 was also the 45th consecutive year (since 1977) with global temperatures above the 20th century average.
- Overall, the global annual temperature has increased at an average rate of  $0.08^{\circ}\text{C}$  per decade since 1880 and over twice that rate ( $0.18^{\circ}\text{C}$ ) since 1981.



# IPCC 6th assessment report

- Over 40% of global population (3.3-3.6 B) will be directly impacted by climate changes (living in the vulnerable territories).
- Currently, the top 10% of global emitters are contributing between 36 and 45% of emissions, which is 10 times as much as the poorest 10% – responsible for only about three to 5%.
- The world needs to halve emissions in the next decade to stay within 1.5C and reach net zero emissions by 2050.
- Lifestyle and diet changes will be instrumental in combating global warming, from refraining from overheating or over-cooling homes to switching to a plant-based diet. This can reduce emissions by up to 50% compared to the average emission intensive western diet.
- There should be no new fossil fuel power plants constructed or developed from this moment onwards if the world wishes to stay within 1.5 C of global temperature increase.

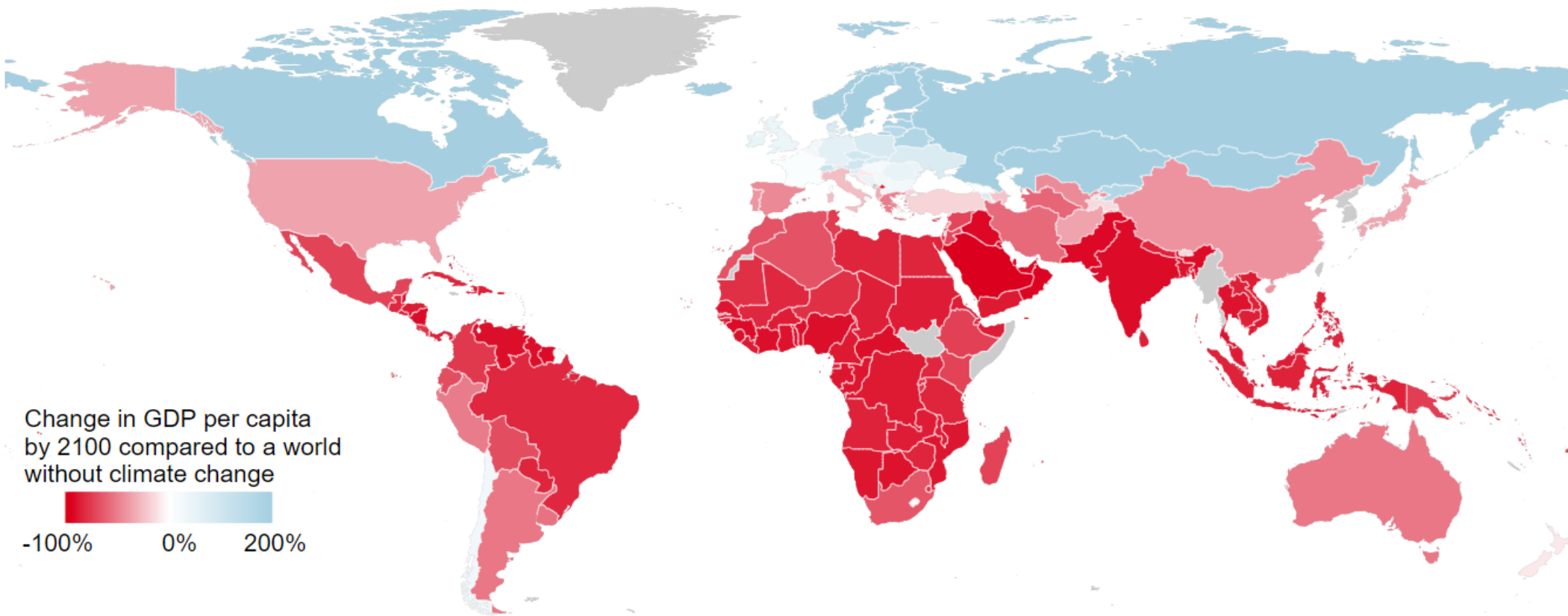


**HIGH 5**



ΠΑΝΕΠΙΣΤΗΜΙΟ  
ΘΕΣΣΑΛΙΑΣ





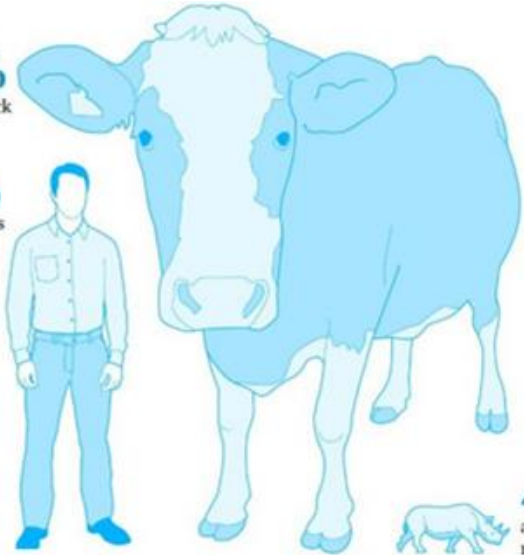
<https://web.stanford.edu/~mburke/climate/map.php>

# Loss of biodiversity

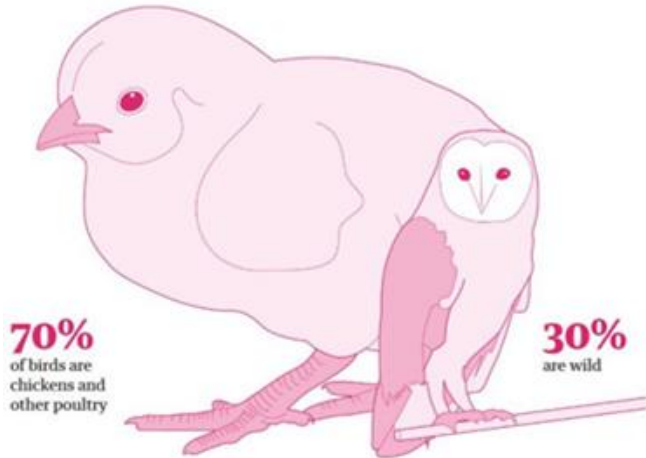


60%  
are livestock

36%  
are humans



4%  
are wild mammals



70%  
of birds are chickens and other poultry

30%  
are wild

t

## One in four species are at risk of extinction

Species assessed by the IUCN Red List



Amphibians  
**40%**



Conifers  
**34%**



Reef corals  
**33%**



Sharks and rays  
**31%**



Selected crustaceans\*  
**27%**



Mammals  
**25%**



Birds  
**14%**

\*Assessed species include lobsters, freshwater crabs, freshwater crayfishes and freshwater shrimps

Source: IUCN Red List of Threatened Species

BBC



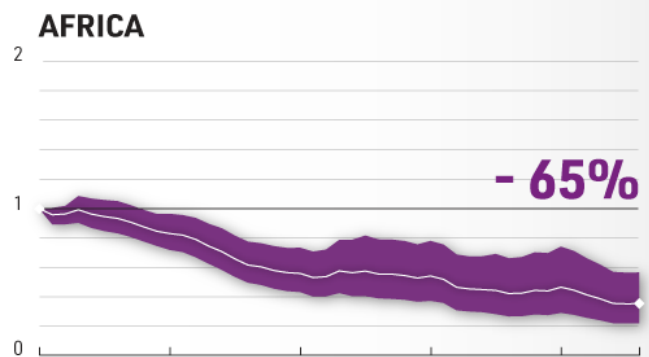
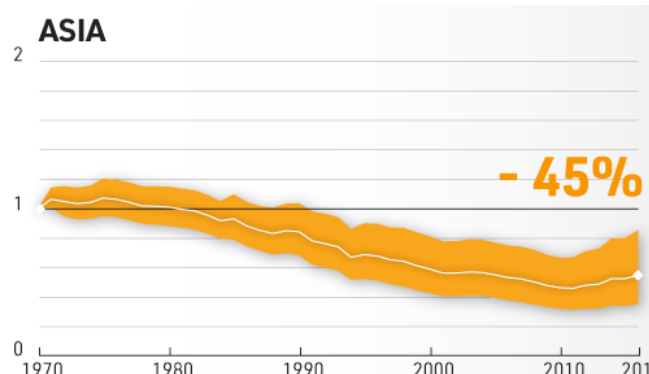
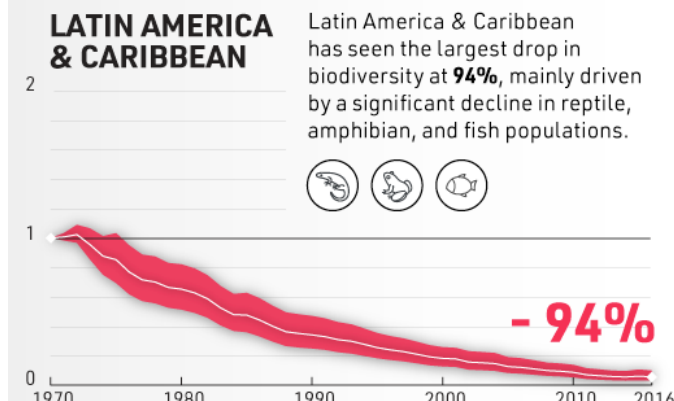
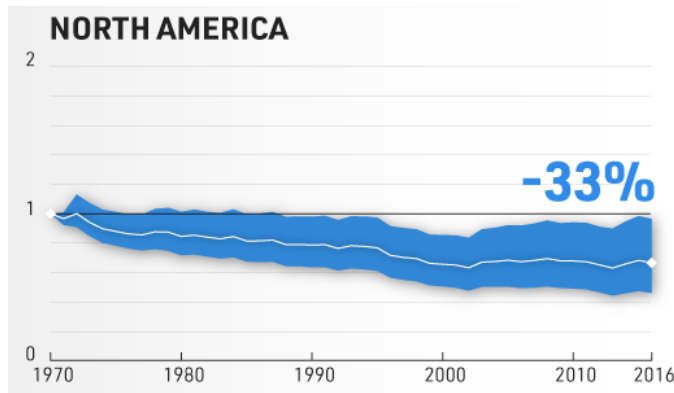
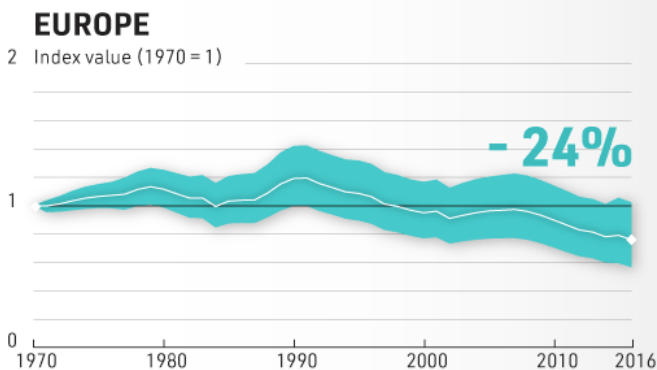
HIGH 5

# Different starting point

The Living Planet Index (LPI) tracks the abundance of mammals, birds, fish, reptiles, and amphibians across the globe.



Between 1970 and 2016, vertebrate population sizes dropped by **68%** on average worldwide. However, this rate of this loss varies from region to region.



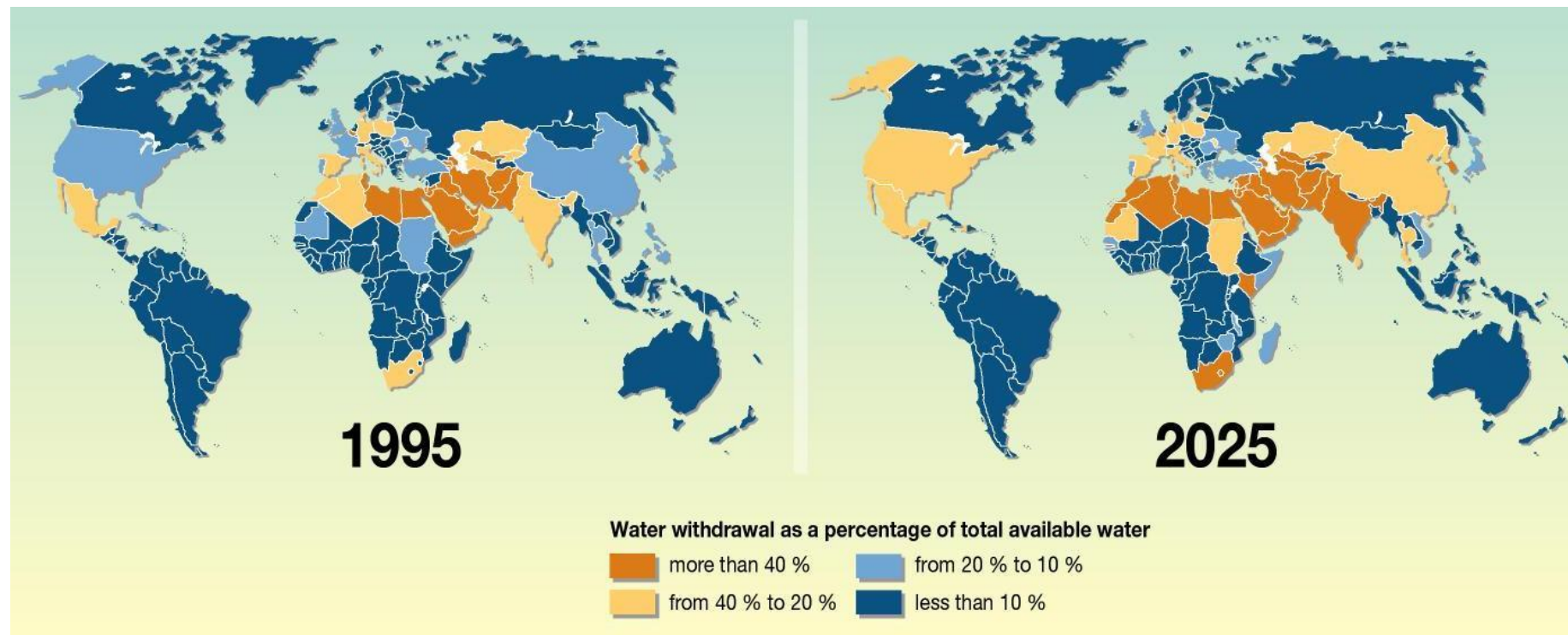
Source: <https://www.visualcapitalist.com/earths-biodiversity-loss-by-region/>

# Water pollution & scarcity



# Global water stress

- Only ~2.5% of the available water is fresh and only 1/3 of this is in liquid form.

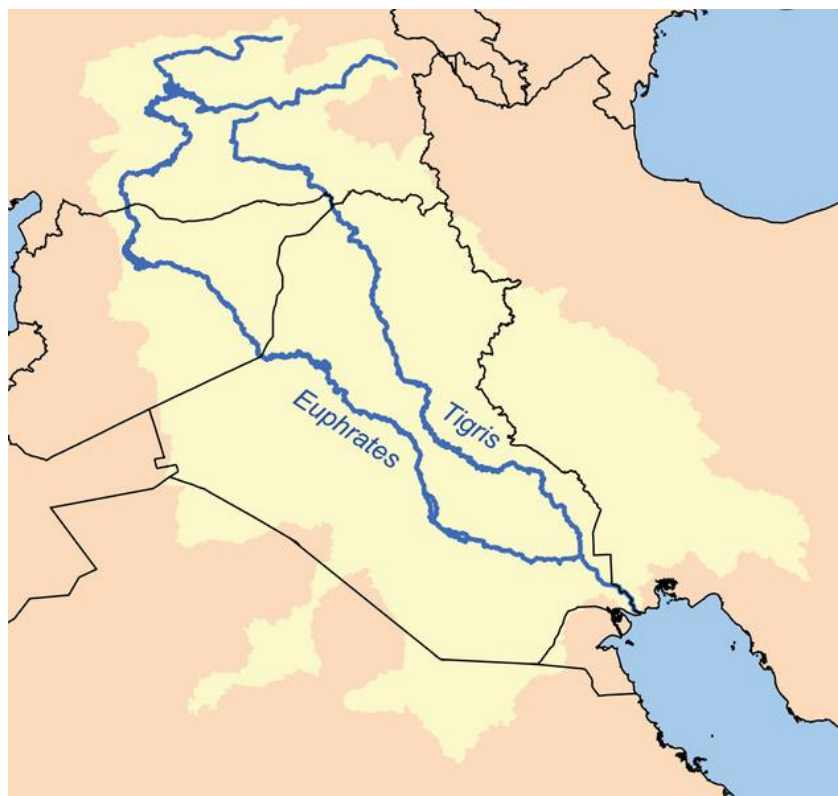


Source: <http://www.unep.org/dewa/vitalwater/article141.html>

# Global water stress

- 3.4 million people die due to lack of clean drinking water.
- 1 billion people do not have enough water.
- 4.5 billion people live in the proximity <50 km from a problematic water resource (polluted, drying).
  
- By 2030 more than half of humans will suffer from water deprivation.
- By 2050 the global need for water will be increased by 55%.

# First documented water war

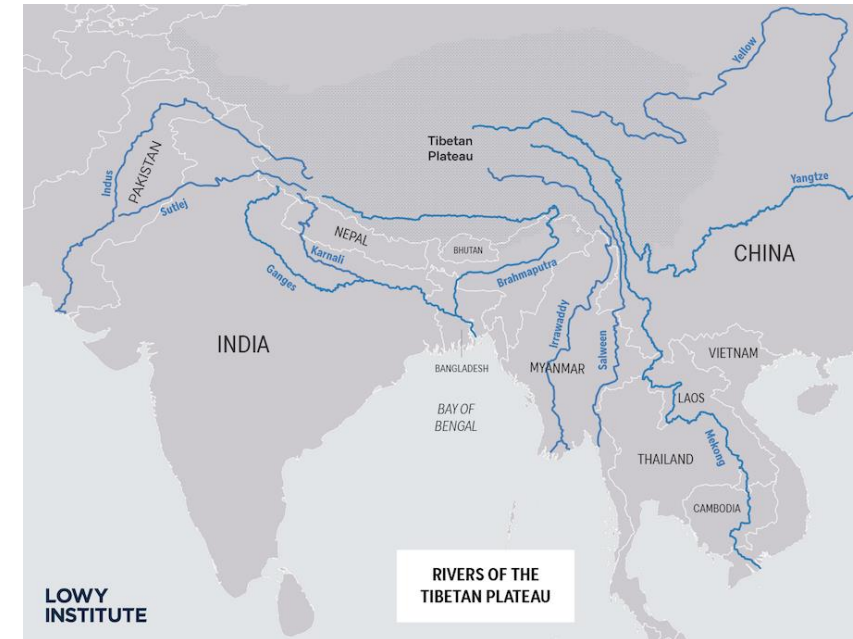


- The rivers are the Tigris and Euphrates have an annual flooding. The flooding deposits silt, which is fertile, rich, soil, on the banks of the rivers every year.
- Lagaš and Umma were two Sumerian cities located 18 miles apart.
- Eanatum of Lagaš settles the border with En-akale of Umma that causes Umma to build up disastrous debt in agricultural wealth. A later king of Umma, Ur-lumma, does not repay this debt but diverts water from the canal and attacks the Eanatum.
- “Eanatum, ruler of Lagaš, went into battle“, reads an account carved into an ancient stone cylinder, and “left behind 60 soldiers dead on the bank of the canal.”

[https://cdli.ox.ac.uk/wiki/doku.php?id=umma\\_lagash\\_border\\_conflict](https://cdli.ox.ac.uk/wiki/doku.php?id=umma_lagash_border_conflict)

# The geopolitics of water in Asia

- China has ownership over Tibet's waters, where seven of South Asia's biggest rivers start – the Indus, Ganges, Brahmaputra, Irrawaddy, Salween, Yangtze and Mekong.
- These rivers flow into Pakistan, India, Bangladesh, Myanmar, Laos and Vietnam.
- 718 B m<sup>3</sup> of surface water per yr flows out of the Tibetan plateau and the Chinese-administered regions of Xinjiang and Inner Mongolia to neighbouring countries.
- 48% of this water runs directly into India.
- On the Salween, the Upper Mekong, Upper Yangtze and the Brahmaputra China plans to build 120 gigawatts of new hydropower plants (in total more than any other country has built in its entire history).



<https://www.lowyinstitute.org/>

# Poverty & inequality



# Food waste



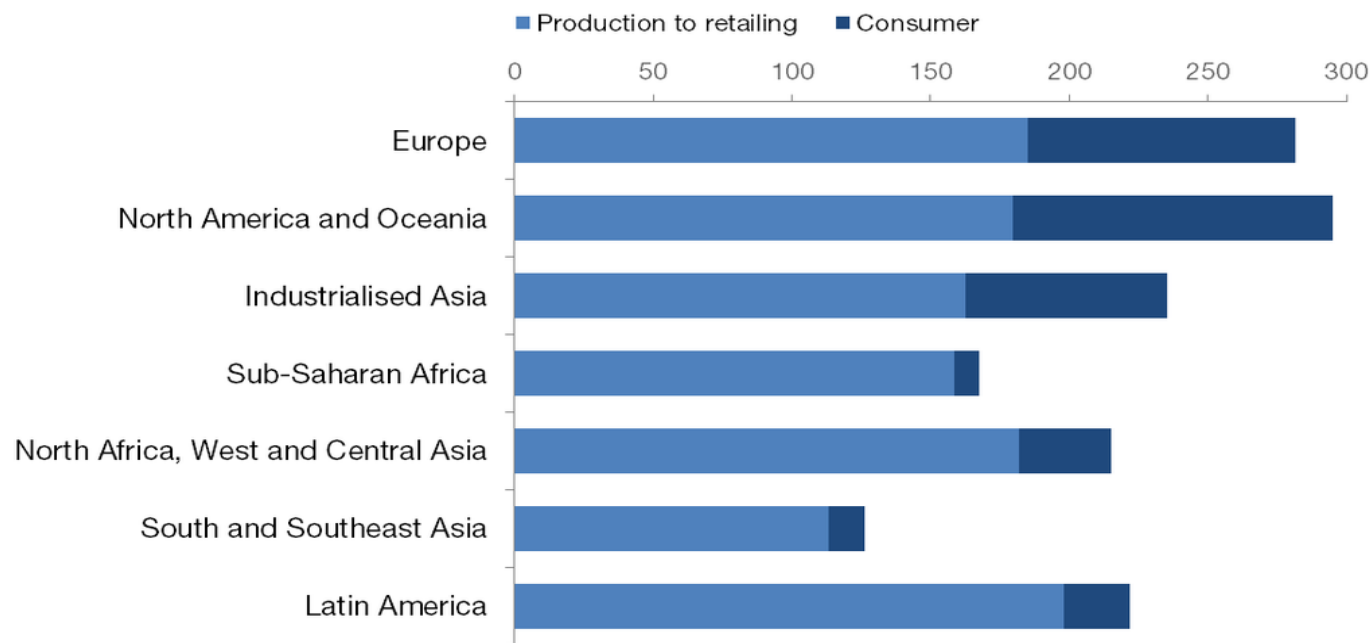
HIGH 5

## Which regions waste the most food?

Per capita food losses and waste, kg/year

WORLD  
ECONOMIC  
FORUM

COMMITTED TO  
IMPROVING THE STATE  
OF THE WORLD



Source: The Food and Agriculture Organization of the United Nations (FAO)

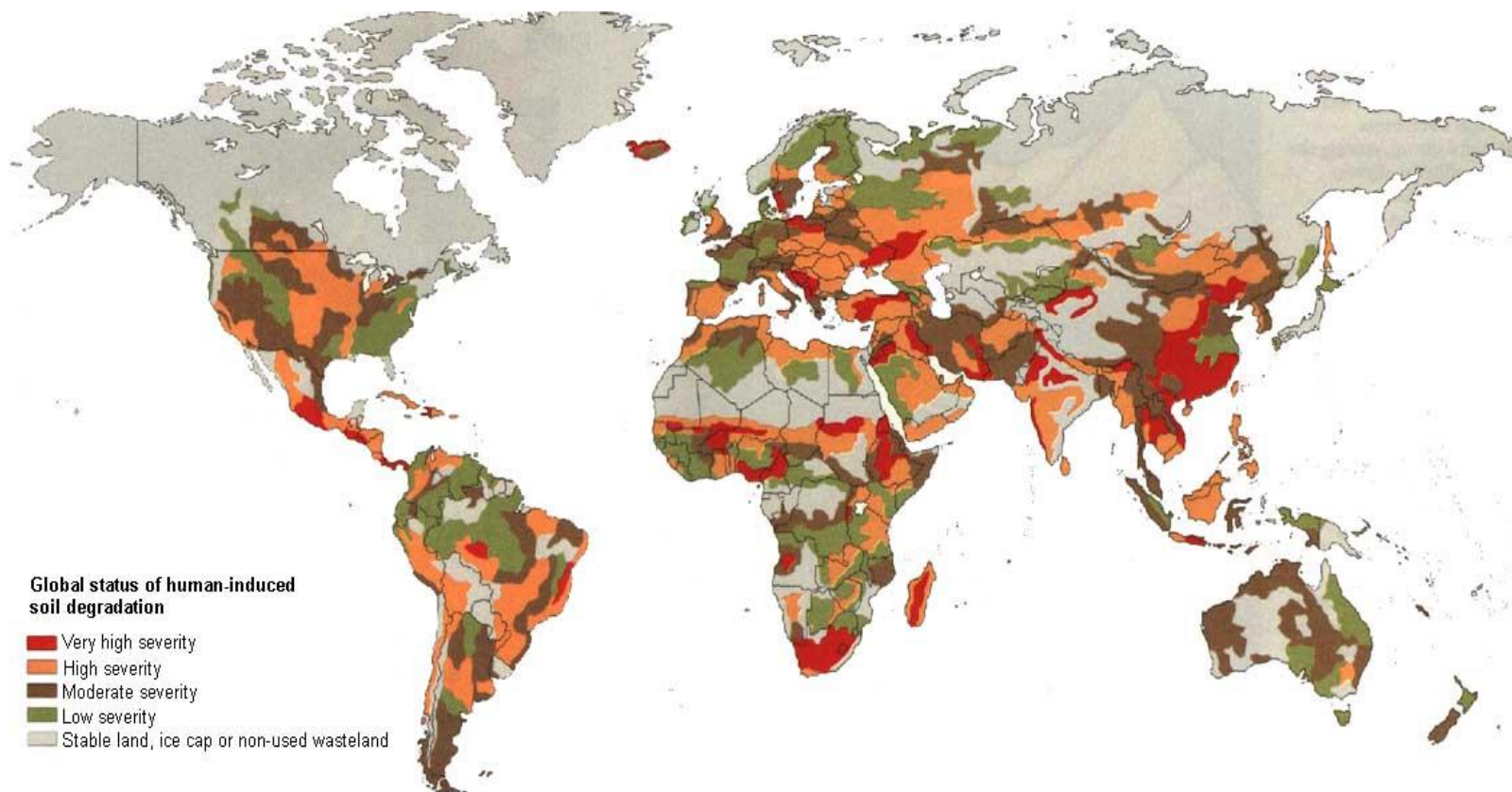


ΠΑΝΕΠΙΣΤΗΜΙΟ  
ΘΕΣΣΑΛΙΑΣ





# Soil degradation



Source: FAO



ΠΑΝΕΠΙΣΤΗΜΙΟ  
ΘΕΣΣΑΛΙΑΣ



# Deforestation

## Where Most Primary Forest Is Lost

Countries with the largest area of primary forest loss in 2020 (in hectares)



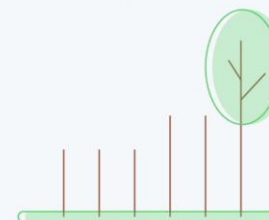
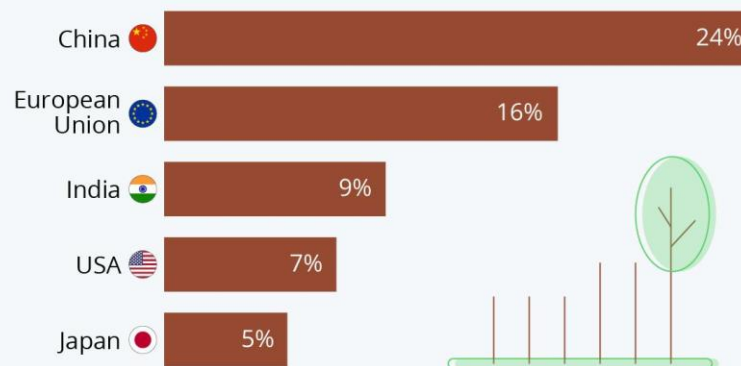
Rounded figures  
Source: World Resources Institute Global Forest Review



statista

## The Biggest Contributors to Tropical Deforestation

Share of tropical deforestation associated with international trade attributable to selected countries/areas 2005-2017\*



\* Based on data and findings from satellite imagery and trade flow analysis.  
Source: WWF



statista

# What can we do?



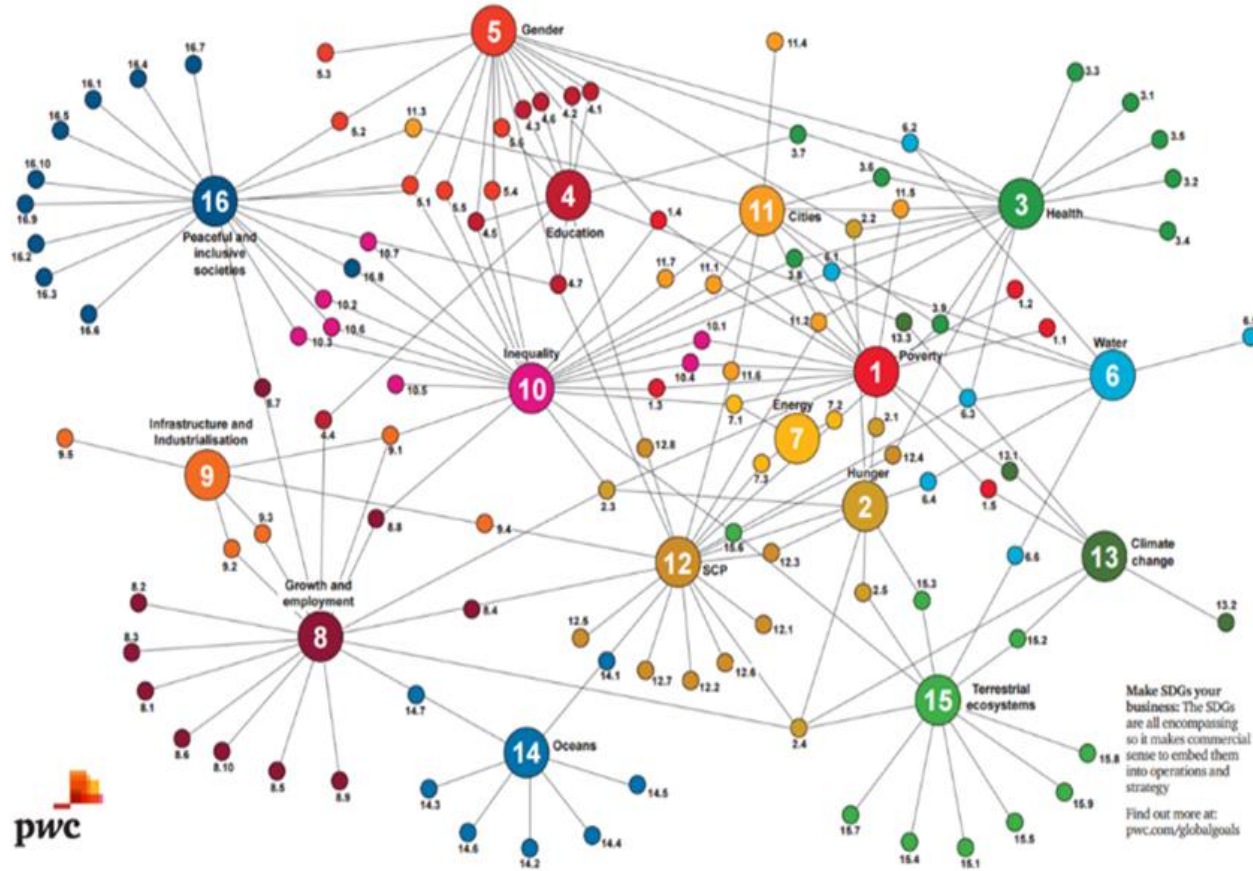
# SDGs

- A set of 17 goals for the world's future, through 2030
- Backed up by a set of 169 detailed Targets
- Negotiated over a two-year period at the United Nations
- Agreed to by nearly all the world's nations, on 25 Sept 2015



Source: <https://www.undp.org/sustainable-development-goals>

# Integration of the SDGs



Source: <https://www.undp.org/sustainable-development-goals>




ΠΑΝΕΠΙΣΤΗΜΙΟ  
ΘΕΣΣΑΛΙΑΣ





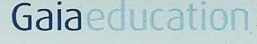

# SDG Flashcards

- SDG Flashcards contain more than 200 questions relevant to the four dimensions - social, worldview, ecological, economic- whole systems approach to sustainability to collaboratively identify actions and solutions aimed at implementing the global goals in ways that are relevant to their lives and their communities.



**15** LIFE ON LAND

**Protect, restore and promote sustainable use of terrestrial ecosystems, sustainably manage forests, combat desertification, halt biodiversity loss & land degradation and reverse it**

<p>About 80% of human diet is provided directly by plants. Current dietary habits result in only 3 cereal crops (rice, maize and wheat) providing 60% of human energy intake. Reversing desertification by the regeneration of grasslands and forests, as well as greening the deserts could offer a galvanizing goal of large-scale ecosystem regeneration in response to climate change and resource depletion.</p>	<p>While life has intrinsic value and not just utilitarian value, it is still striking that, of the 80,000 tree species we know, only 1% have been studied for their potential use. Humans have contributed to deforestation for more than 12,000 years. The world's forests are now diminished to only 31.7% of the total land mass. The rate of deforestation has dropped from 7.3 million hectares in 1990, to 3.3 million hectares per year in 2015.</p>
<p><b>What are the small steps on which we could collaborate at the scale of our community or city to make them more permeable and attractive habitats for a greater range of species and biodiversity?</b></p>	<p><b>What is the role of primary, secondary and higher education in promoting an attitude towards the rest of nature which is not only based in utilitarian (service to us) value, but includes a deeper understanding of the intrinsic value of all life?</b></p>
<p><b>How can you challenge private-sector unsustainable practices of production of agricultural commodities such as palm oil, soy, paper and beef products with the view of decelerating the pace of deforestation?</b></p>	<p><b>Using the internet as an information resource, could you draw a mind-map of how habitat loss, fragmentation, overexploitation, invasive species, pollution and climate change, interact to speed up biodiversity loss?</b></p>
<p>About 1.6 billion people's livelihood depends on forests, including some 70 million indigenous people. 2.6 billion livelihoods directly depend on agriculture, while more than half of our agricultural lands are affected by soil degradation. We all depend on the food they provide! While the list of species under international protection continues to grow, since 1999, at least 7000 species of animals and plants have been reported in illegal trade affecting 120 countries.</p>	<p>As of 2015, over 23,000 species of plants, fungi &amp; animals face extinction. Microorganisms &amp; invertebrates are crucial to healthy ecosystems' functions, yet remain poorly understood and their diversity uncatalogued. By 2016, protected Key Biodiversity Areas (KBA) cover only 16.6% of terrestrial, 18.1% of freshwater and 20.1% of mountain areas. Increasing the size of KBAs is vital to protecting species and functional biodiversity of land ecosystems.</p>

SDG 15 FLASHCARD 44

© Copyright Gaia Education www.gaiaeducation.org

Source: Gaia Education



# Addition information about SDGs

- Overview of indicators including the metadata and explanations - <https://unstats.un.org/sdgs/indicators/database/> and [https://unstats.un.org/sdgs/indicators/Global%20Indicator%20Framework%20after%202020%20review\\_Eng.pdf](https://unstats.un.org/sdgs/indicators/Global%20Indicator%20Framework%20after%202020%20review_Eng.pdf)
- Country profiles - <https://country-profiles.unstatshub.org/>
- UN Data catalog - <http://www.sdg.org/#>
- UN, GRI and PwC reporting guide - [https://www.globalreporting.org/resourcelibrary/GRI\\_UNGC\\_Business-Reporting-on-SDGs\\_Analysis-of-Goals-and-Targets.pdf](https://www.globalreporting.org/resourcelibrary/GRI_UNGC_Business-Reporting-on-SDGs_Analysis-of-Goals-and-Targets.pdf)
- Overview of the SDG related global data - <https://sdg-tracker.org/>
- SDG Report 2019 - <https://www.sustainabledevelopment.report/>
- Voluntary national review results - [https://sustainabledevelopment.un.org/content/documents/26136Estonia\\_Main\\_messages\\_VNR\\_Estonia\\_2020\\_700.pdf](https://sustainabledevelopment.un.org/content/documents/26136Estonia_Main_messages_VNR_Estonia_2020_700.pdf)
- Estonia specific tool - <https://tamm.stat.ee/>



# The end

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Erasmus+

Project no. 2019-1-PL01-KA203-065784



# Circular Economy



## Circular Economy

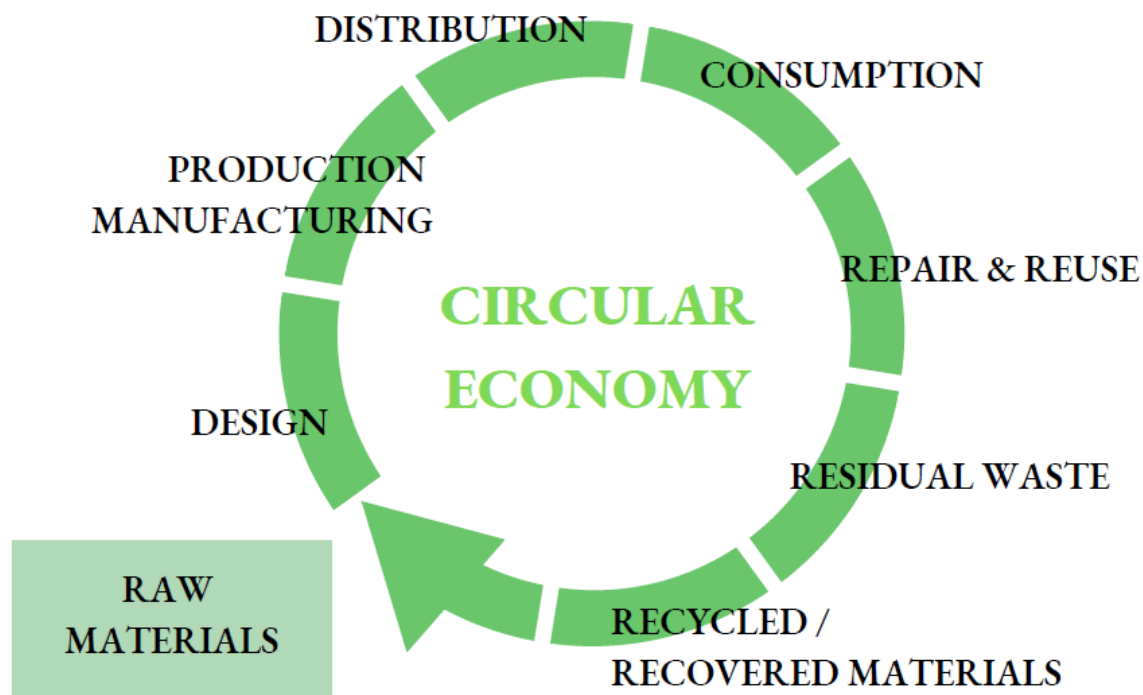
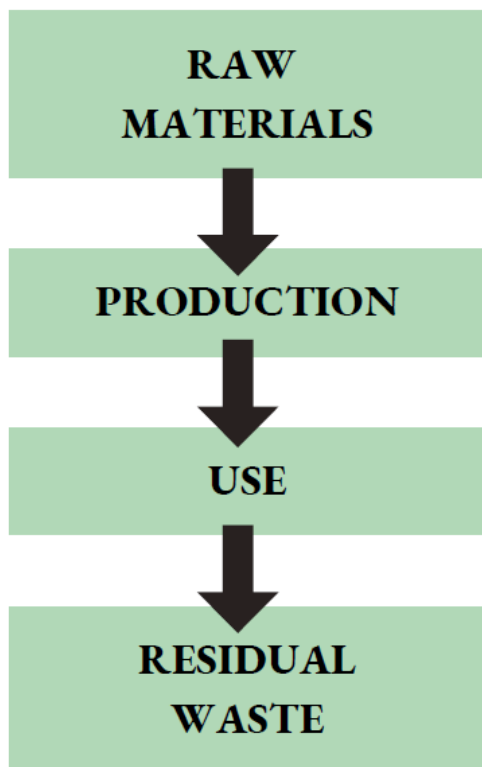
□ presents a sustainable way both to produce goods and services and to contribute to the development of economies

□ is based on 3 basic principles:

- 1) preserving and valuing natural capital: controlling finite stocks and balancing flows of renewable resources;
- 2) optimizing resources productivity through the circulation of products, components and materials, both in technical and biological cycles;
- 3) enhancing the effectiveness of the system by reducing harm to human welfare, regarding for instance, food, mobility, shelter, education, health and entertainment, and managing externalities related to land use, air, water and noise pollution, release of substances and climate change.

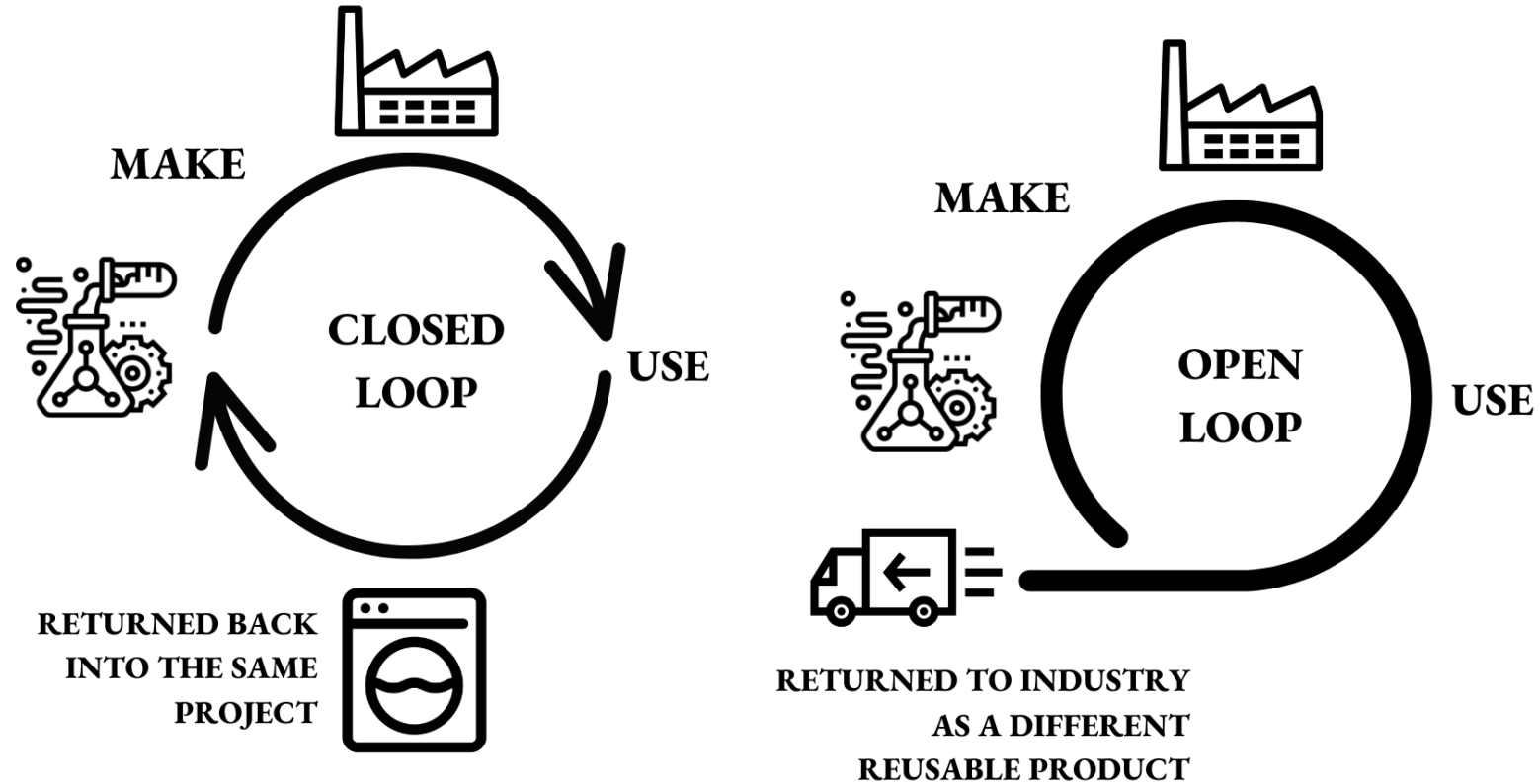


## LINEAR ECONOMY



Source: Own creation



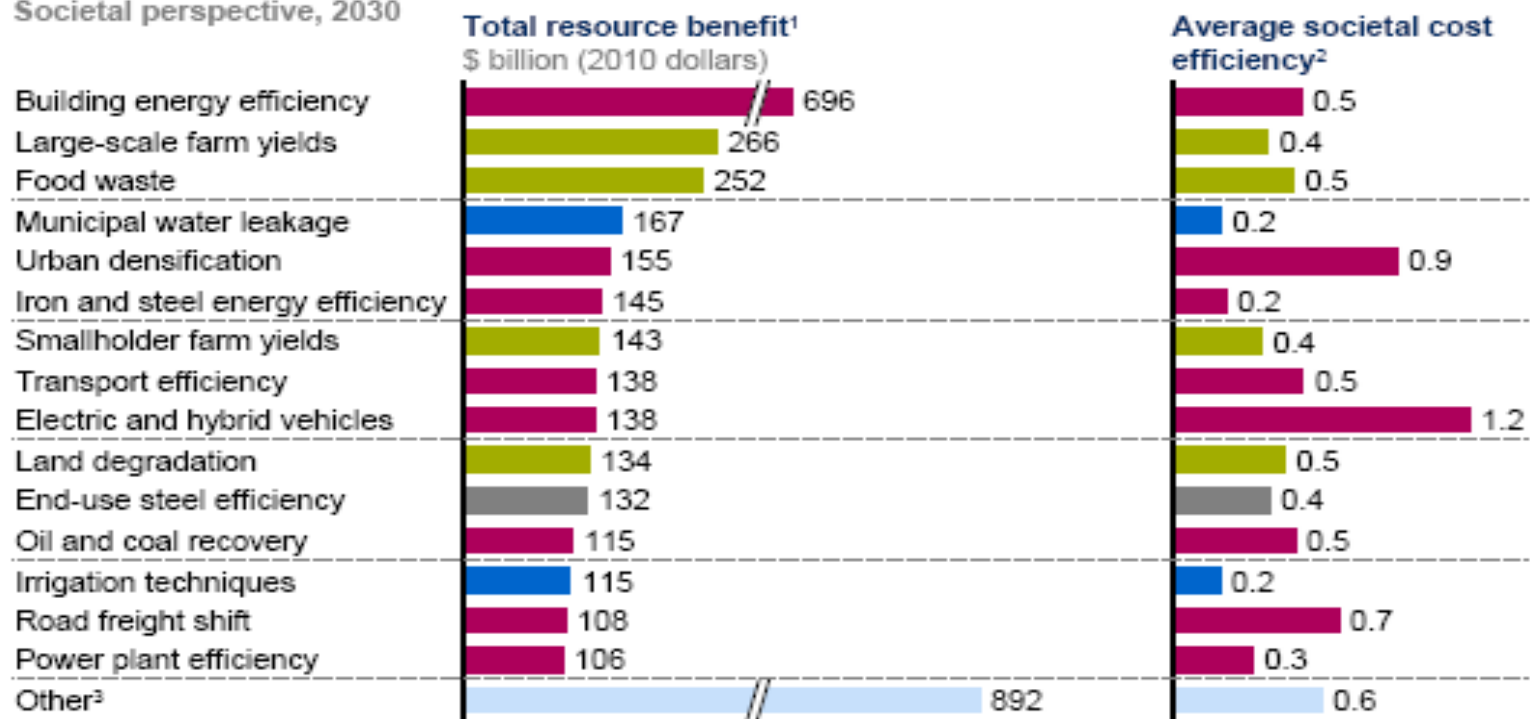


Closed Loop vs. Open Loop Recycling

Source: Own creation

## Fifteen groups of opportunities represent 75 percent of the resource savings

Societal perspective, 2030



1 Based on current prices for energy, steel, and food plus unsubsidized water prices and a shadow cost for carbon.

2 Annualized cost of implementation divided by annual total resource benefit.

3 Includes other opportunities such as feed efficiency, industrial water efficiency, air transport, municipal water, steel recycling, wastewater reuse, and other industrial energy efficiency.

SOURCE: McKinsey analysis

## Circular Economy can be applied in:

**industries**

**practical life (individuals and families)**

**companies and institutions**

**cities and society**

**social innovation purposes**

**in the relation all together**



*...“textile production is a major contributor to climate change and produces an estimated 1.2 billion tones of CO<sub>2</sub> equivalent per year. According to the UK Parliament’s Environmental Audit Committee report “Fixing Fashion”, this is more than the total produced by international flights and maritime shipping combined.*

*Textile production also entails substantial resource use: for example, to produce 1 kg of cotton takes between 10,000 and 20,000 liters of water. More alarmingly, the World Bank reckons 20% of global water pollution is caused by textile processing, making it the second biggest polluter of freshwater resources on the planet.”*

RECYCLING RATES  
FOR USED TEXTILES:

**26%**  
IN EUROPE

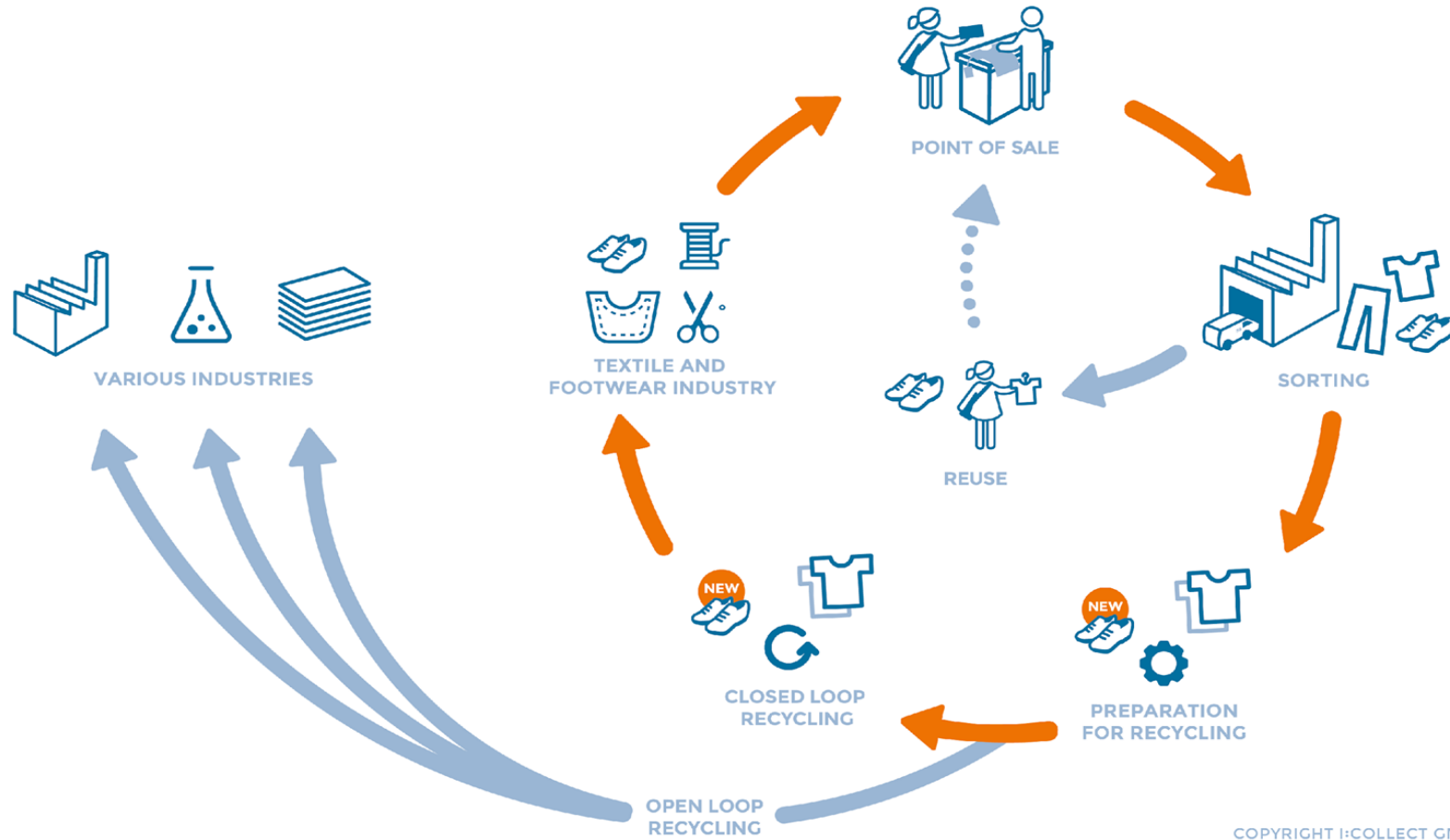
**15%**  
IN CHINA

**12%**  
IN THE USA

**4%**  
IN HONG KONG

Source: <https://www.bir.org/the-industry/textiles>





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## Important is...

the choice of the most sustainable production materials, which not pollute the environment, biodegradable and with the most appropriate production processes

warn about the best ways of dealing with textiles use, such as washing textiles, how to reuse them or to be able to give or sell them in second hand



# FACTS ABOUT RECYCLING GARMENTS

Only 15% of consumer-used clothing is recycled

Nearly 100% of textiles and clothing are recyclable

15+ million tons of used textile waste is generated in the U.S. each year

Synthetic clothing may take hundreds of years to decompose

the balance



Some international stores have already started campaigning on **sustainable clothes** (e.g. C&A, H&M, Mango, Zara) **or reuse/recycling** (e.g.: Intimissimi, H&M or Women Secret that give discounts on the exchange of used clothes)



[https://commons.wikimedia.org/wiki/File:Intimissimi\\_vector\\_logo.svg](https://commons.wikimedia.org/wiki/File:Intimissimi_vector_logo.svg)

<https://commons.wikimedia.org/wiki/File:H%26M-Logo.svg>

<https://www.c-and-a.com/uk/en/corporate/company>



Since 1932  
**SMART** SECONDARY MATERIALS<sup>™</sup> AND RECYCLED TEXTILES  
*The Association of Wiping Materials, Used Clothing and Fiber Industries*



# THE LIFE CYCLE OF SECONDHAND CLOTHING



What happens to your recycled used clothing?

Once a resident determines that their clothing, shoes, handbags, or household textiles have reached the end of their useful life, materials are collected by Simple Recycling and collected clothing is sorted and graded for condition.

**10-20%**  
Top quality materials are sold to local thrift stores where they create access to low cost clothing and jobs for local residents.

**80%**  
The vast majority of clothing collected is not resaleable in the U.S. so it is further sorted for international export or broken down for raw materials.

**45%**  
Reused and Repurposed  
Majority is exported as secondhand clothing.

**30%**  
Recycled and Converted  
Reclaimed wiping rags are used in various ways as industrial and residential absorbents.

**20%**  
Recycled into Fiber  
Post-consumer fiber is used to make home insulation, carpet padding, and raw material for the automotive industry.

Only 5% ends up as waste.



Thrift industry employs nearly 100,000 workers in the U.S. with over \$1 billion wages paid. In addition, private sector recyclers create an additional 15,000 to 20,000 jobs nationally.<sup>2</sup>

The textile recycling process follows the conventional recycling maxim of **Reduce, Reuse, Recycle!**

Sources:  
<sup>1</sup> EPS 2009 Federal MSW waste study; 3.8 billion lbs. recovered divided by 2010 U.S. Census Population 310 million  
<sup>2</sup> "Textile Recycling in the U.S." Report submitted to SMART by Dr. Jana Hawley PhD, Univ. of Missouri 2009  
<sup>3</sup> EPA 2009 Federal MSW waste study.

## **BENEFITS OF RECYCLING**

The recovery and recycling of textiles provide both environmental and economic benefits by:

**Reducing the need for landfill space.** Certain synthetic fiber products do not decompose, while natural fiber such as wool does decompose but produces methane which contributes to global warming.

**Reducing pressure on virgin resources.** This includes materials traditionally used in textiles such as cotton and wool, as well as oil and other chemicals employed to produce synthetic fibers.

**Reducing pollution.**

**Reducing water and energy consumption.**

**Reducing demand for dyes and fixing agents.** This, in turn, minimizes the problems caused by their use and manufacture.

Source: <https://www.bir.org/the-industry/textiles>



**Problem: Circular Economy applied to your group Topic**

**Looking for:**

**i) Integrated solution to be applied by**

- consumers / families in practical life (individuals and families)
- producers, firms and/or institutions
- cities and society

**and**

**ii) design a circular scheme that illustrates your integrated proposal.**



# The end

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Project no. 2019-1-PL01-KA203-065784



# Entrepreneurship Agile Management



## Entrepreneur

"An entrepreneur buys at prices defined in the present to sell at uncertain prices in the future. The entrepreneur subsists on an uncertain income, unlike another worker who has a fixed salary."

Cantillon, 1755

An invention makes it possible to produce something more cheaply. It first gives a profit to entrepreneurs... and this profit... is an elusive sum, which entrepreneurs grasp but cannot hold. [It] slips through their fingers and bestows itself on all members of society. Were it not for that interval, entrepreneurs as such would get nothing, however much they might add to the world's productive power.

Clarke (1899, 1907)

Entrepreneurial activity involves (a) risk-taking, (b) energetic activity, (c) individual responsibility, (d) money as a measure of results, (e) anticipation of future possibilities, and (f) organizational skills.

McClelland (1961)



Uncertainty  
taker

Dynamic  
Theory

Traits School



## Entrepreneur

“An entrepreneur is someone who specializes in taking judgmental decisions about the coordination of scarce resources.”

Casson (1982, 2003)

Roles of the entrepreneur in the history of economic theory include: 1) assumes risk associated with uncertainty, 2) supplies capital, 3) innovator, 4) decision maker, 5) leader, 6) manager, 7) organizer and coordinator, 8) owner, 9) employer of factors of production, 10) contractor, 11) arbitrageur, 12) allocator of resources.

Hebert and Link (1988)

The entrepreneur is characterized principally by innovative behaviour and will employ strategic management practices in the business.

Carland et al. (1984)

Behavior  
School

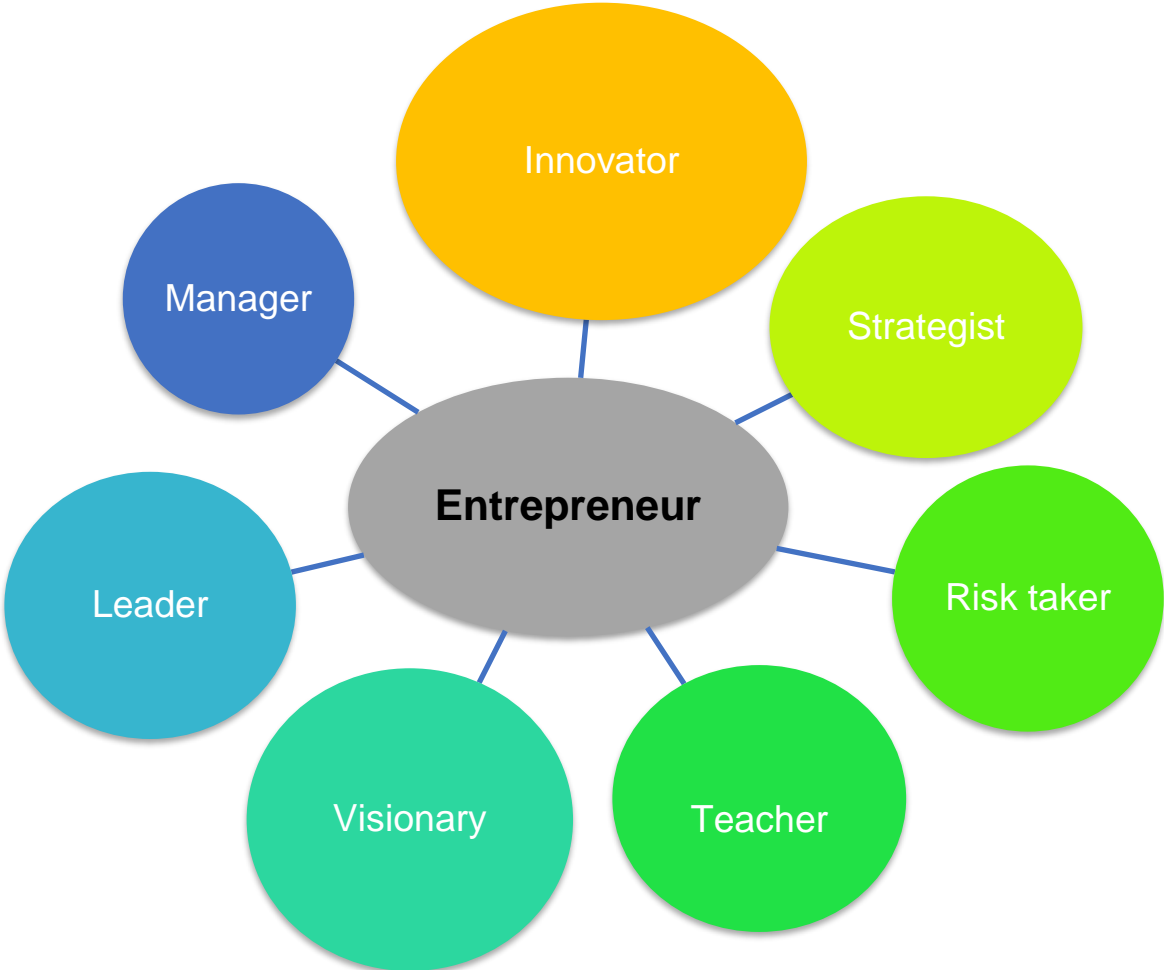
Combination

Strategic  
thinker

# What is a Entrepreneur?

Entrepreneurship is a way of thinking, reasoning, and acting that is opportunity obsessed, holistic in approach and leadership balanced.

Timmons and Spinelli (2008)

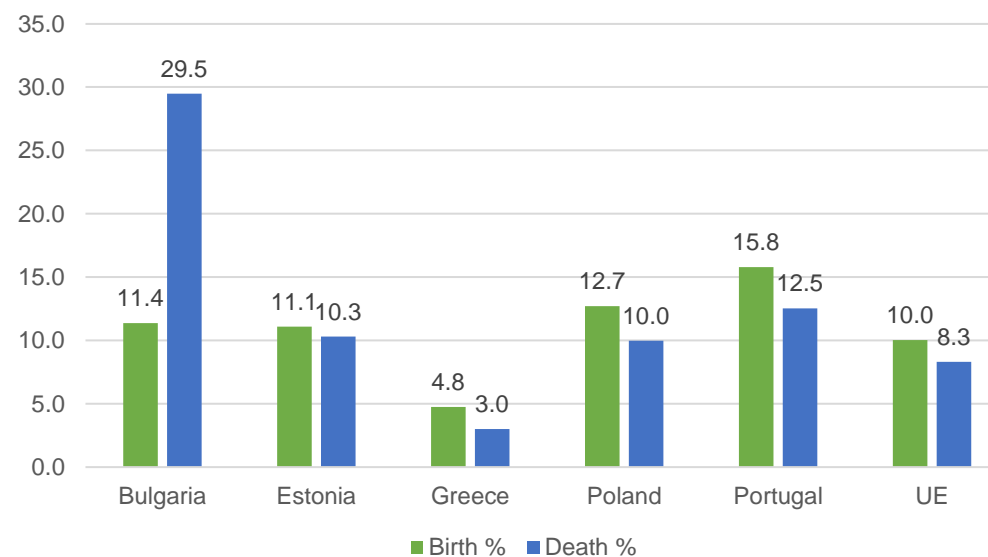


Source: Own creation

2019	Birth %	Death %	Enterprises
Bulgaria	11,4	29,5	348.667
Estonia	11,1	10,3	82.263
Greece	4,8	3,0	717.680
Poland	12,7	10,0	2.022.248
Portugal	15,8	12,5	930.303
UE	10,0	8,3	23.168.929

Source: Eurostat

Birth and death businesses rates in the EU - 2019



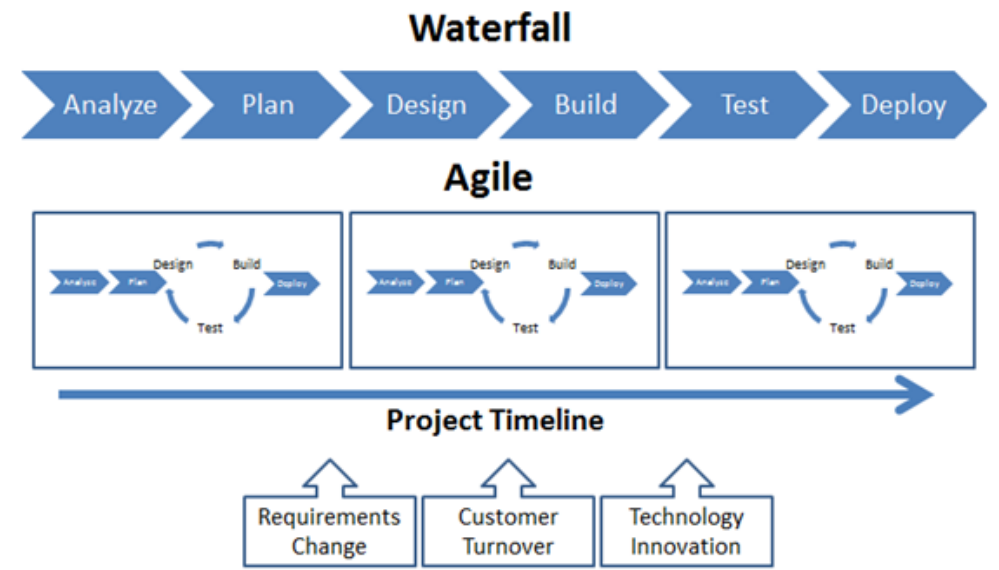
Source: Eurostat

# Agile Management

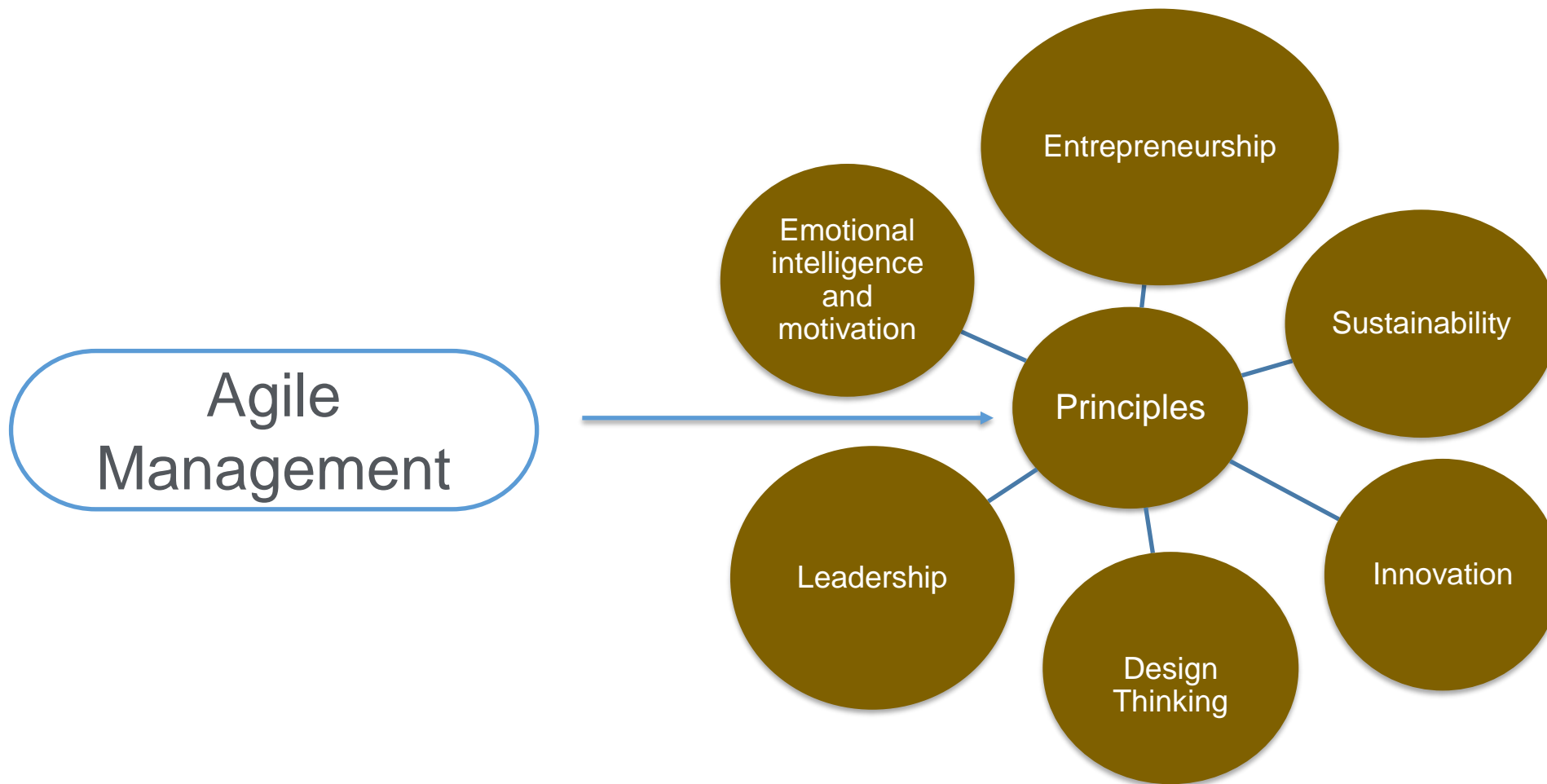
## The 4 Agile Values



Source: productplan.com



Source: undefined.photos



Source: Own creation





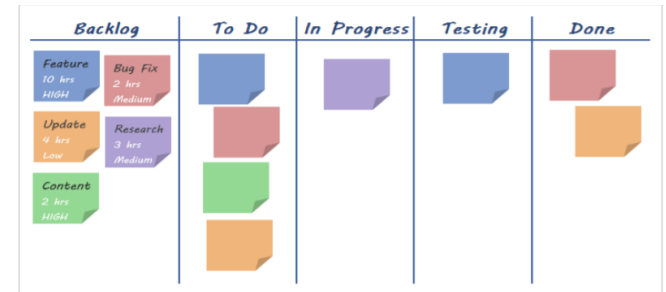
Source: tataandhoward.com

**Agile Management**

Support and development concepts

Objectives and key-results

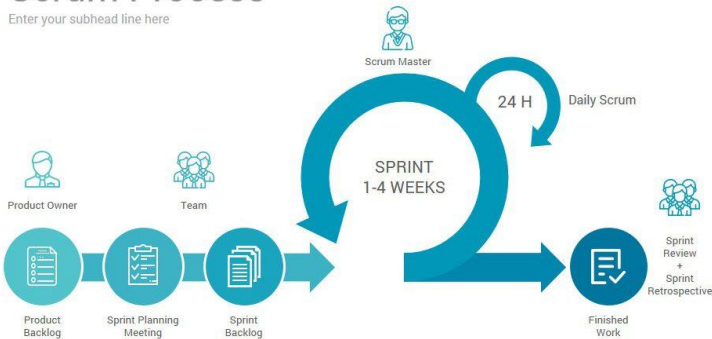
**Kanban Methodology**



Source: agilecockpit.com

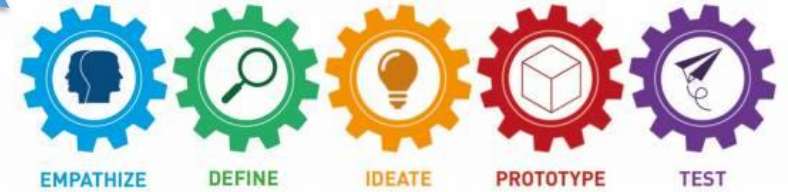
**Scrum Process**

Enter your subhead line here



Source: planview.com

**DESIGN THINKING**



Source: innos.at

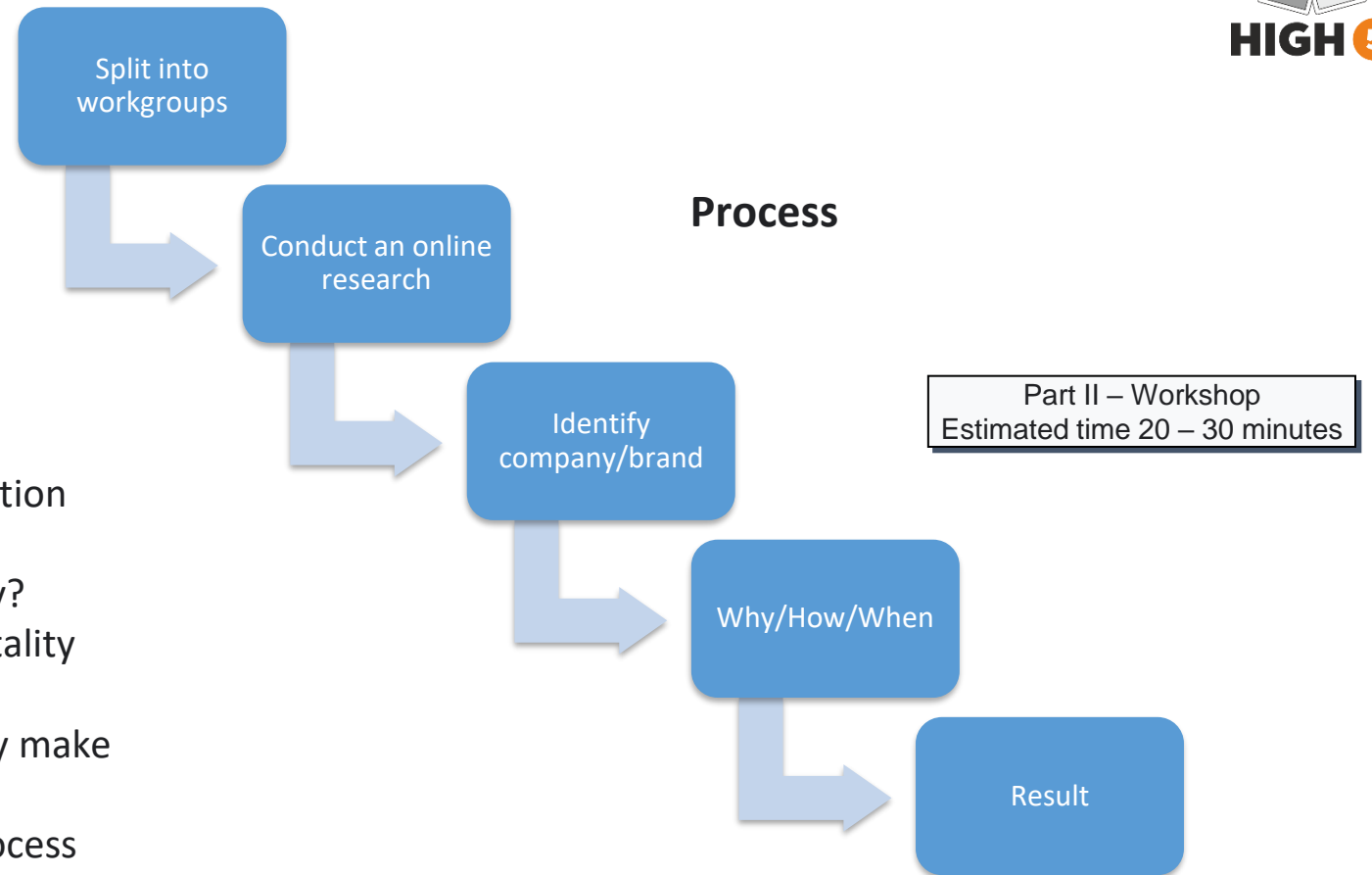


ΠΑΝΕΠΙΣΤΗΜΙΟ  
ΘΕΣΣΑΛΙΑΣ



## Objectives:

- Identify reasons that motivated the change
- Define whether it was an innovation or an adaptation
- The importance of design thinking in the process
- Has the company become more sustainable? Why?
- What change: finance approach, leadership, mentality
- Impact of the change
- Why were they, entrepreneurs, and what did they make different
- Did they consider circular the economy in the process



# Agile Management

## Group discussion of the findings:

- Present the case
- Explain their choice
- Were they innovators or adapted to their needs
- The result
- Good examples of measures taken by companies
- Why design thinking is so important in the process
- The importance of sustainability in the future of the companies
- Why the circular economy is important in the production process
- The importance of being an entrepreneurship

Part II – Workshop  
Estimated time 20 – 30 minutes

# The end

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Erasmus+

Project no. 2019-1-PL01-KA203-065784



# Corporate Social Responsibility



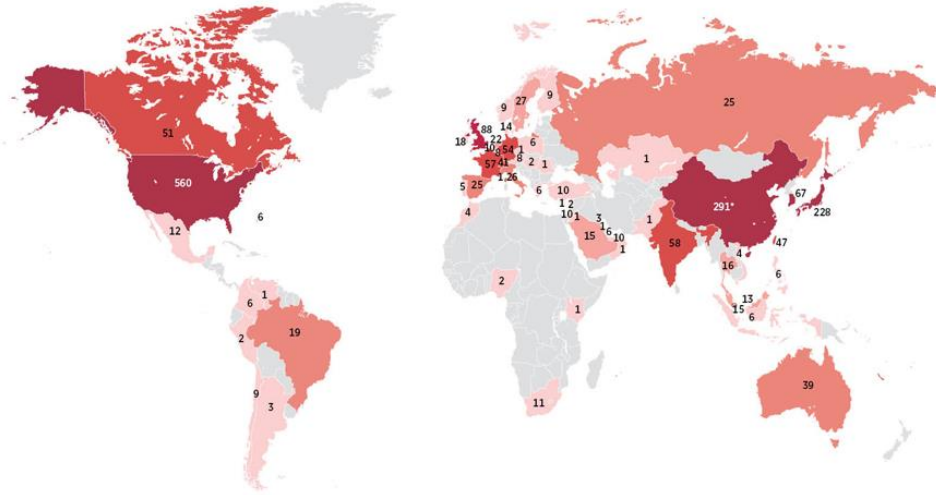
What is CSR  
(ang: Corporate  
Social  
Responsibility)?





# Corporate Social Responsibility

## GLOBAL 2000



A multinational is a corporate organization that owns and controls the production of goods or services in at least one country other than its home country that can conduct business worldwide and has as its main objective to make a profit. (EX: Exxon (U.S.), Chevron (U.S.), Saudi Aramco (Saudi Arabia), Gazprom (Russia), China National Petroleum Corporation (China), Equinor (formerly Statoil of Norway), TOTAL (France), and ENI (Italy).

Source: Forbesindia



ΠΑΝΕΠΙΣΤΗΜΙΟ  
ΘΕΣΣΑΛΙΑΣ



### THE TOP 100

THE TOP 100			COUNTRY CODES				
1	●	ICBC	CN	51	▼	SIEMENS	GE
2	●	CHINA CONSTRUCTION BANK	CN	52	▲	BOEING	US
3	▲	JPMORGAN CHASE	US	53	▲	AMAZON.COM	US
4	▼	BERKSHIRE HATHAWAY	US	54	▲	TD BANK GROUP	CA
5	▲	AGRICULTURAL BANK OF CHINA	CN	55	▼	PROCTER & GAMBLE	US
6	▲	BANK OF AMERICA	US	56	▼	ING GROUP	NE
7	▼	WELLS FARGO	US	56	▼	POSTAL SAVINGS BANK OF CHINA	CN
8	▲	APPLE	US	58	▲	HONDA MOTOR	JA
9	▼	BANK OF CHINA	CN	59	▲	SUMITOMO MITSUI FINANCIAL	JA
10	▲	PING AN INSURANCE GROUP	CN	60	▼	GOLDMAN SACHS GROUP	US
11	▲	ROYAL DUTCH SHELL	NE	61	▲	INTESA SANPAOLO	IT
12	▼	TOYOTA MOTOR	JA	62	▲	INDUSTRIAL BANK	CN
13	●	EXXON MOBIL	US	63	▼	NOVARTIS	SZ
14	▲	SAMSUNG ELECTRONICS	KO	64	▲	GLENCORE INTERNATIONAL	SZ
15	▼	AT&T	US	65	▼	BANCO BRADESCO	BR
16	▲	VOLKSWAGEN GROUP	GE	66	▲	PRUDENTIAL	UK
17	▲	HSBC	UK	67	▼	FORD MOTOR	US
18	●	VERIZON COMMUNICATIONS	US	67	▼	IBM	US
19	▲	BNP PARIBAS	FR	69	▼	CVS HEALTH	US
20	▼	MICROSOFT	US	70	▼	SHANGHAI PUDONG DEVELOPMENT	CN
21	▲	CHEVRON	US	71	▼	COMMONWEALTH BANK	AU
22	▲	ALLIANZ	GE	72	▼	WALT DISNEY	US
23	▲	ALPHABET	US	73	▼	PRUDENTIAL FINANCIAL	US
24	▲	WALMART	US	73	▼	ROSNEFT	RU
25	▼	CHINA MOBILE	HK	75	▲	ENEL	IT
26	●	TOTAL	FR	76	▼	CITIC PACIFIC	HK
27	▼	SINOPEC	CN	77	▲	FACEBOOK	US
28	▲	UNITEDHEALTH GROUP	US	77	▲	FACEBOOK	US
29	▼	DAIMLER	GE	77	▲	FACEBOOK	US
30	▲	PETROCHINA	CN	80	▲	SAIC MOTOR	CN
31	▲	BANCO SANTANDER	SP	81	▲	ALIBABA	CN
32	▲	CHINA MERCHANTS BANK	CN	82	▲	BASF	GE
33	▼	AXA GROUP	FR	83	▲	RELIANCE INDUSTRIES	IN
34	▼	COMCAST	US	84	▼	CHINA STATE CONSTR ENGINEERING	CN
35	▲	CHINA LIFE INSURANCE	CN	85	▼	CHINA CITIC BANK	CN
36	▲	BP	UK	86	▲	SONY	JA
37	▼	MITSUBISHI UFJ FINANCIAL	JA	87	▼	WESTPAC BANKING GROUP	AU
38	▼	BANK OF COMMUNICATIONS	CN	88	▼	BANK OF NOVA SCOTIA	CA
39	▼	SOFTBANK	JA	88	▲	BRITISH AMERICAN TOBACCO	UK
40	▲	BMW GROUP	GE	90	▼	CHINA MINSHENG BANKING	CN
41	▲	ANHEUSER-BUSCH INBEV	BE	91	▲	EQUINOR	NO
42	▲	ROYAL BANK OF CANADA	CA	92	▲	AIA GROUP	HK
43	▼	GAZPROM	RU	93	▼	ROCHE	SZ
44	▲	PFIZER	US	94	▲	LLOYDS BANKING GROUP	UK
45	▼	ITAÚ UNIBANCO	BR	95	▲	ENI	IT
46	▼	NIPPON TELEGRAPH & TEL	JA	96	▲	CHARTER COMMUNICATIONS	US
47	▲	SBERBANK	RU	97	▼	NISSAN MOTOR	JA
48	▼	NESTLE	SZ	98	▲	LUKOIL	RU
49	▲	INTEL	US	99	▼	UNITED TECHNOLOGIES	US
50	▲	MORGAN STANLEY	US	100	▼	BAYER	GE

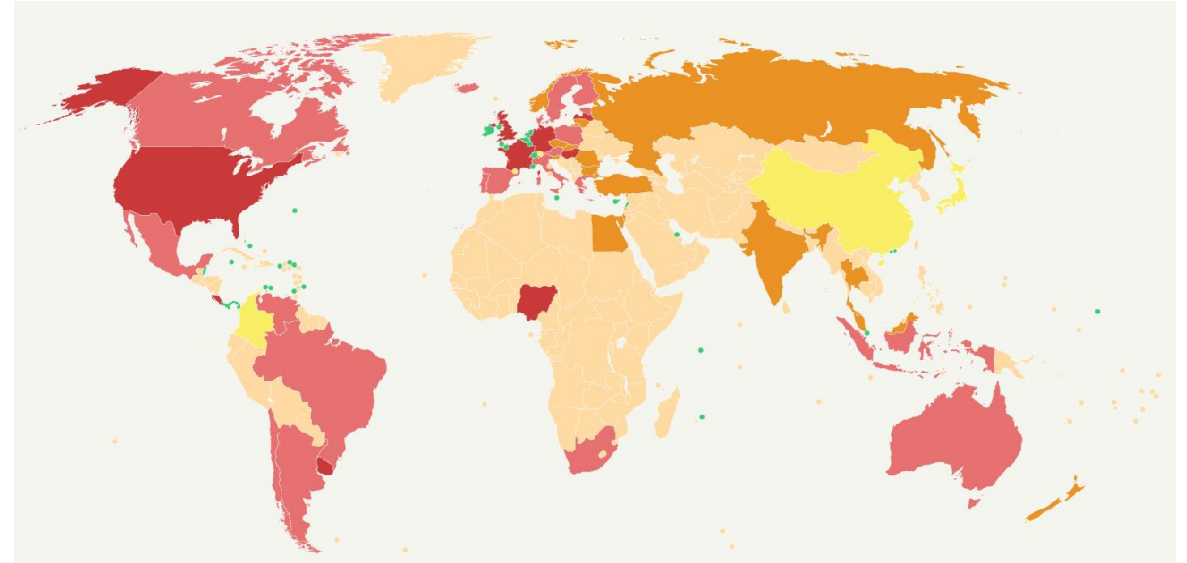
Forbes Global 2000: The world's biggest companies

- The top 10 companies are all Chinese and North American
- The Asia-Pacific region leads with 792 companies, 40% of the entire list
- The growing importance of the Chinese economy in the world
- The importance of oil companies is still very large

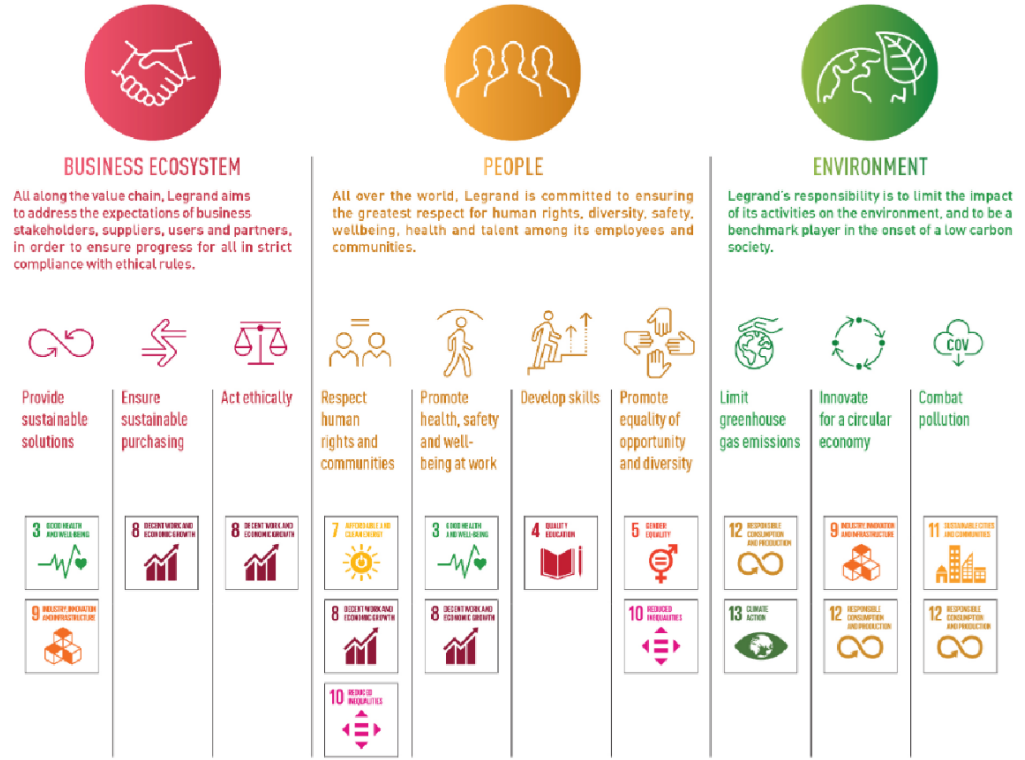
Source: Forbesindia Sept. 2018



- Multinational firms shift profits to tax havens to reduce their global tax bills. (EX: Ireland, Bermuda).
- Close to 40% of multinational profits are shifted to tax havens each year
- Globally, more than \$900 billion (2018) in profits were shifted to such tax havens by multinationals from all countries.



Source: [missingprofits.world](http://missingprofits.world)



Environmental Corporate Social Responsibility (ECSR) is a concept, where companies integrate environmental concerns into their business operations and the interaction with stakeholders, without compromising economic performance.


Source: Legrand Company

## Coca-Cola (areas of focus)

- Sustainable Packaging
- Water Stewardship
- In Our Products
- Sustainable Agriculture
- Climate Solutions
- Product Quality & Safety



Through our 2030 Water Security Strategy, we're focused on increasing water security through a context-based approach to water replenishment, advocacy for smart water policies and responsible water use across our operations and supply chain.

WATER LEADERSHIP 



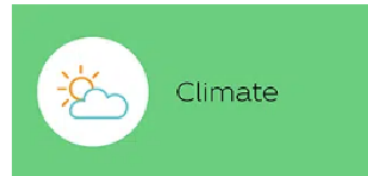
We offer a portfolio of drinks for consumers' beverage needs and preferences, and are continuing to seek opportunities to reduce added sugar. We rolled out a new and improved formulation of Coca-Cola Zero Sugar.

TOTAL BEVERAGE PORTFOLIO 



We ramped up investments in partnerships with NGOs and innovators like The Ocean Cleanup in 2021. We also set a new industry-leading goal to significantly boost our use of reusable packaging by 2030, which aims to drive collection rates while simultaneously reducing our carbon footprint.

WORLD WITHOUT WASTE 




Building on the progress of decarbonizing our system by achieving our 2020 climate goal, our 2030 science-based target is to reduce absolute greenhouse gas emissions by 25% against a 2015 baseline.

CLIMATE 



In 2021, we took action to create a better shared future through investments in economic empowerment; diversity, equity and inclusion; and giving through The Coca-Cola Foundation.

PEOPLE & COMMUNITIES 



Our Principles for Sustainable Agriculture advance sustainable sourcing of our agricultural ingredients at the farm level, taking a longer-term perspective to reflect our expanding portfolio, increasingly diverse supply chains and the most recent science to support farmer livelihoods and ensure continuity of supply.

Source: Coca-Cola Companies

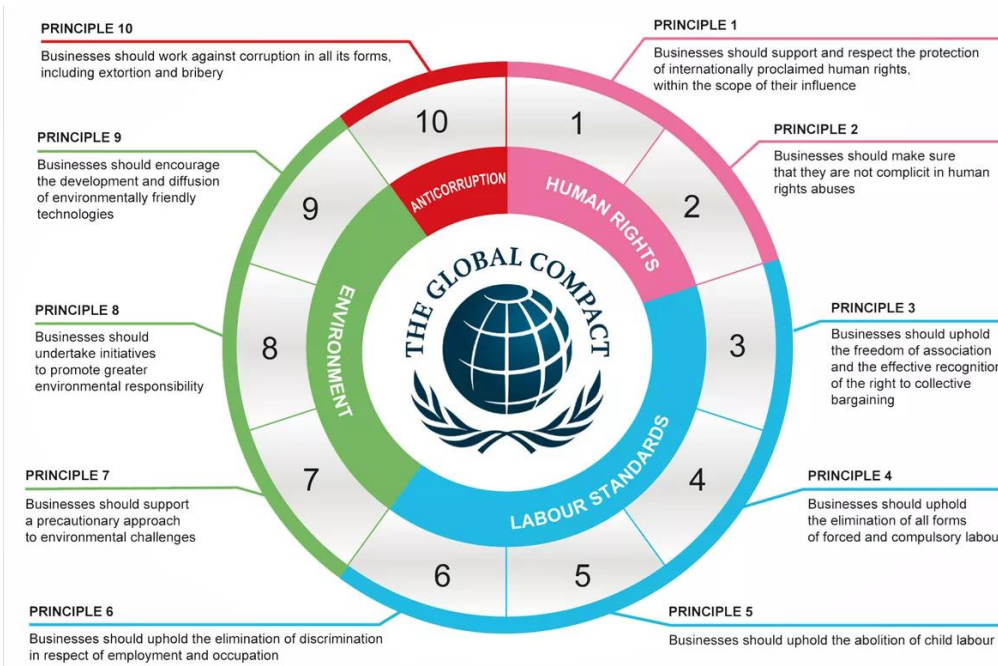
ESG stands for environmental, social and governance, the three most important non-financial factors for a company. It is a strategic and analysis approach that is very widely used by institutional investors and analysts to evaluate sustainability performance. In fact, according to Janus Henderson Investors, a British global asset manager, ESG is today "the bedrock of sustainable and responsible investing for any company". Society and stakeholders are increasingly asking for information on how companies manage issues relating to sustainability.



Source: Iberdrola Companie

# The Ten Principles of the UN Global Compact

The United Nations Global Compact is a non-binding United Nations pact to encourage businesses and firms worldwide to adopt sustainable and socially responsible policies and to report on their implementation. The UN Global Compact is a principle-based framework for businesses, stating ten principles in the areas of human rights, labor, the environment and anti-corruption.



Source: United Nations

## What is Greenwashing???

- It's a behaviour or activity that makes people believe that a company is doing more to protect the environment than it really is.
- Is when an organization spends more time and money on marketing itself as environmentally friendly than on actually minimizing its environmental impact.

It's a deceitful marketing gimmick intended to mislead consumers who prefer to buy goods and services from environmentally conscious brands.



## 15 EYE-OPENING CORPORATE SOCIAL RESPONSIBILITY STATISTICS

How do customers know if companies do not lie about social corporation responsibility?

1. 70% of Americans believe it's either "somewhat" or "very important" for companies to make the world a better place
2. 77% consumers are motivated to purchase from companies committed to making the world a better place, while 73% of investors state that efforts to improve the environment and society contribute to their investment decisions
3. 41% of millennial investors put a significant amount of effort into understanding a company's CSR practices, compared to just 27% of Gen X and 16% of baby boomers
4. 25% of consumers and 22% of investors cite a "zero tolerance" policy toward companies that embrace questionable practices on the ethical front
5. A majority of American consumers (55%) believe it's important for companies to take a stand on key social, environmental, and political issues

# The end

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Project no. 2019-1-PL01-KA203-065784



# High Impact Presentations



# What is a presentation

- Verbal communication
- + some supporting tools



# The power of verbal communication

Martin Luther King, I have a dream (1.48)



# The importance of verbal communication

Verbal communication has more impact than written!

We all remember something that “someone said”

- In our everyday life we communicate
- In various forms

# The importance of verbal communication

- More direct communication of ideas
- Interpersonal communication
- Less formal, less rigid
- Immediate reactions, we may observe others as we speak
- More effective in solving problems and conflict resolution

# What it means ....

Usually face-to-face communication

- The audience can see us

What is important

- What we say
- How we look

So, for impact it is important

- The speaker must **show belief in their words**
- The presentation must be **relevant to audience needs**

# Common problems in verbal presentations

We all communicate verbally on a daily basis

- Verbal communication is a natural activity

But when we speak in front of an audience stress changes the way we come across

- Some almost present a different personality than their real one

We don't have enough time to say everything we wish

# What is important in a presentation

To convey the central message

To maintain the audience's attention  
To pursue audience engagement

To let our personality come across

These imply ....

- Expressing our ideas clearly
- Empathy, understanding the reactions of the audience
- Avoiding information overload



# Who is a good speaker?

Someone with correct grammar and syntax?

or ...

Someone who presents clearly a message

Provides relevant and good examples

Helps the audience follow

It requires practice!

# Preparing a presentation

## Example to avoid

### Structure

- Introduction
- Overview
- What others do
- Our proposal
- Conclusions

Used even in conferences  
Audience falls asleep

# Proposed structure

Strong entrance

1 central message, first!  
2-3 sub-messages

The audience cannot follow several messages in the same presentation

We do not have time to say all we wish

Supporting tools for explanations

- Examples
- Video, images, slides, animations
- Stories

Strong closure



# Tell a story

Tell a story (people love stories not objects)

Create strong images

Ok to use some clichés

Supporting tools

Non-verbal communication

- Effective during pauses
- Can create feelings
- Can change perceptions
- Not suitable in all cases

# Audience participation

Relevant examples

Rhetorical questions

- Must be relevant to the audience

Address each person individually



# The importance of eye contact

The audience needs to feel that we are addressing them

It shows confidence in what we say

In everyday communication we look at our listener when we say something important

This is a good rule for verbal presentations too

- Not always stare at the listener
- But at the beginning and end of an important message

# The importance of pauses

Some speakers feel they speak too fast

This is not necessarily a problem

- If the audience understands us

More important to use pauses

- Between important messages
- To allow the audience to digest what we said

# 10-20-30 rule for slideshows

10 slides

20 minutes

Font size 30+

Avoid “death by powerpoint”



# About supporting tools - slides

Not everything will fit in slides

Use notes

Avoid reading the notes

A presentation should be more than that

The audience can read a paper at home

# What to avoid

Don't read the slides!  
Don't turn your back to the audience

Use slides for underlining concepts

Emphasis is on verbal communication

Keep notes separately



# Body language

Less is more

Not many moves and gestures  
Use our hands like in everyday conversation

About unconscious movements

Avoid some movement

- Don't cross your arms on your chest
- Don't put your hands in your pockets
- Don't walk nervously

Breathe!

# The end

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# Pictograms and Design Thinking or Design Thinking and Pictograms

Trends and parallels in prehistoric rock art  
and the contemporary street art

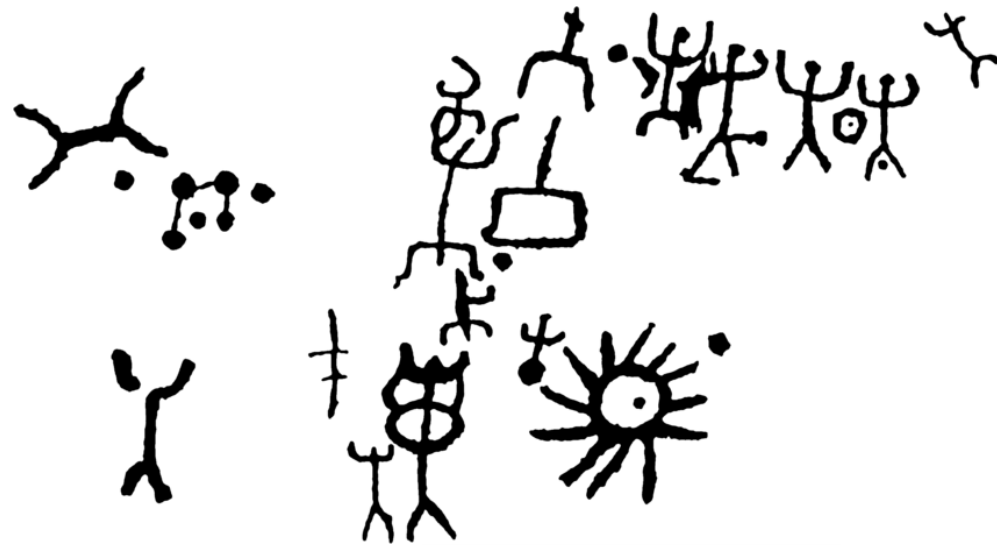


# ?Pictograms?

Pictograms are the oldest tool for visualization of human thoughts



# One-way Evolutionary Proucense



# Culture and Communication Layers

Alphabetic culture

Early writing system culture

Pictogram culture

Oral culture



# ?Pictograms?



HIGH 5

Today we still have a huge amount of pictograms in usage. They are in use in the fields of industry, trade, sport, tourism and everyday life.

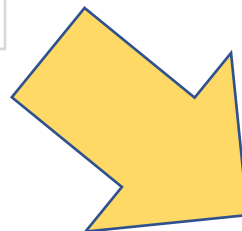
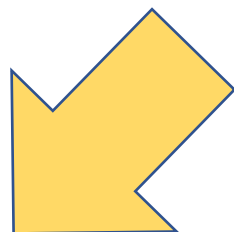
The new heyday of the pictogram is related with the technological and industrial development from the past 30 years. The advance of computer software, opportunities to travel, cross-border exchange of goods and services all increased use of pictograms.



# Types of Pictograms



PICTOGRAM



LOGOGRAMS



IDEOGRAMS



# ? Pictograms – Basic Principles?

- The pictogram is a symbol representing a concept, object or activity by illustration
- The pictogram is directly related to its surrounding environment
- The pictogram should be based on general social and communication conventions
- Every detail can change the meaning
- The pictogram should not contain many different visual elements
- The accumulation of pictograms in our environment must be carefully planned



Australia

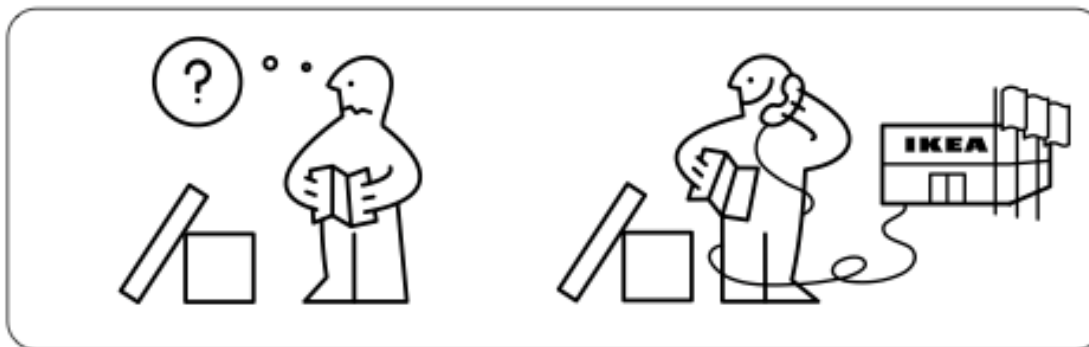
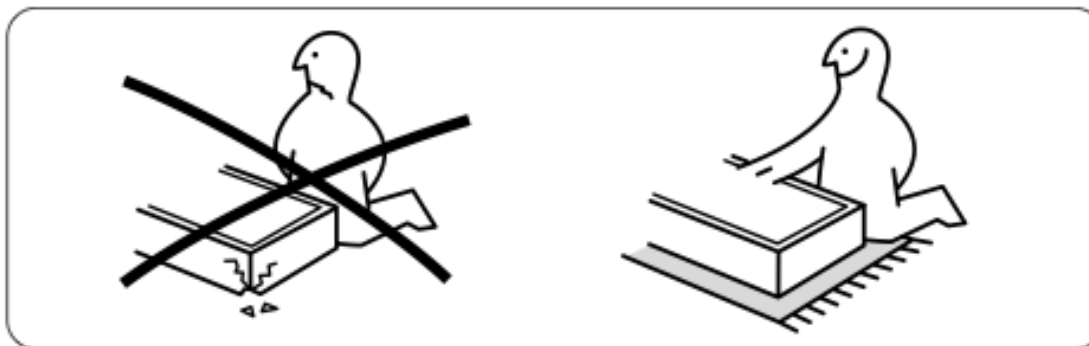
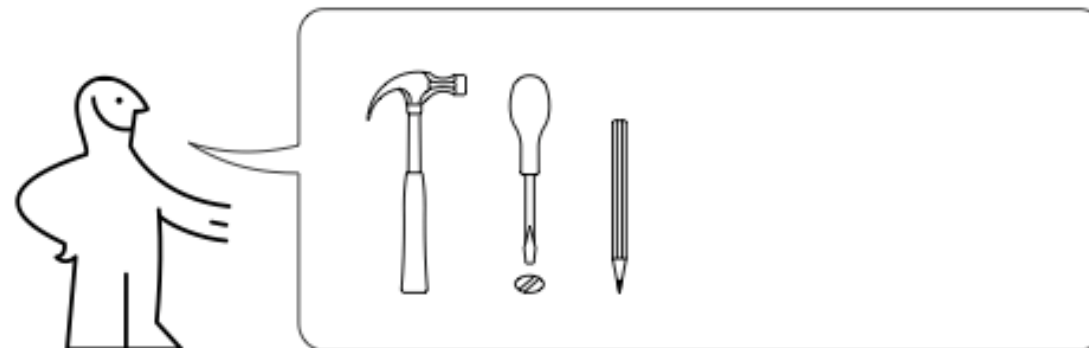


Laos



Qatar

# GOOD PRACTICES



If you present something more complex or abstract a different meaning can arise



- When accumulating more than one pictogram, a different meaning may occur



1. The street is forbidden for cars but not for bicycles
2. The street is forbidden for bicycles but not for cars
3. The street is forbidden for cars and for bicycles

# COMMUNICATION ISSUES AND SUSTAINABILITY



- HUMANS CONSTANTLY COMMUNICATE WITH SURROUNDING ENVIRONMENT
- IF THE SURROUNDING ENVIROMENT SEND YOU RONG SIGNALS YOU CAN GET EAZILY CONFUSED
- IN FIELDS OF TRANSPORTATION, PRODUCT INSTRUCTIONS, LABOR PROTECTION THE MISUNDERSTANDING IS DIRECTLY RELATED WITH SUSTAINABLE DEVELOPMENT





# ARE YOU READY TO TRY YOUR PICTOGRAM LITERACY LEVEL

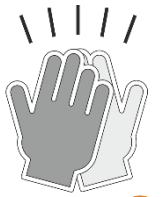






Erasmus+

# WHAT WILL... IF YOU CAN NOT READ THIS???



HIGH 5



TALLINN UNIVERSITY

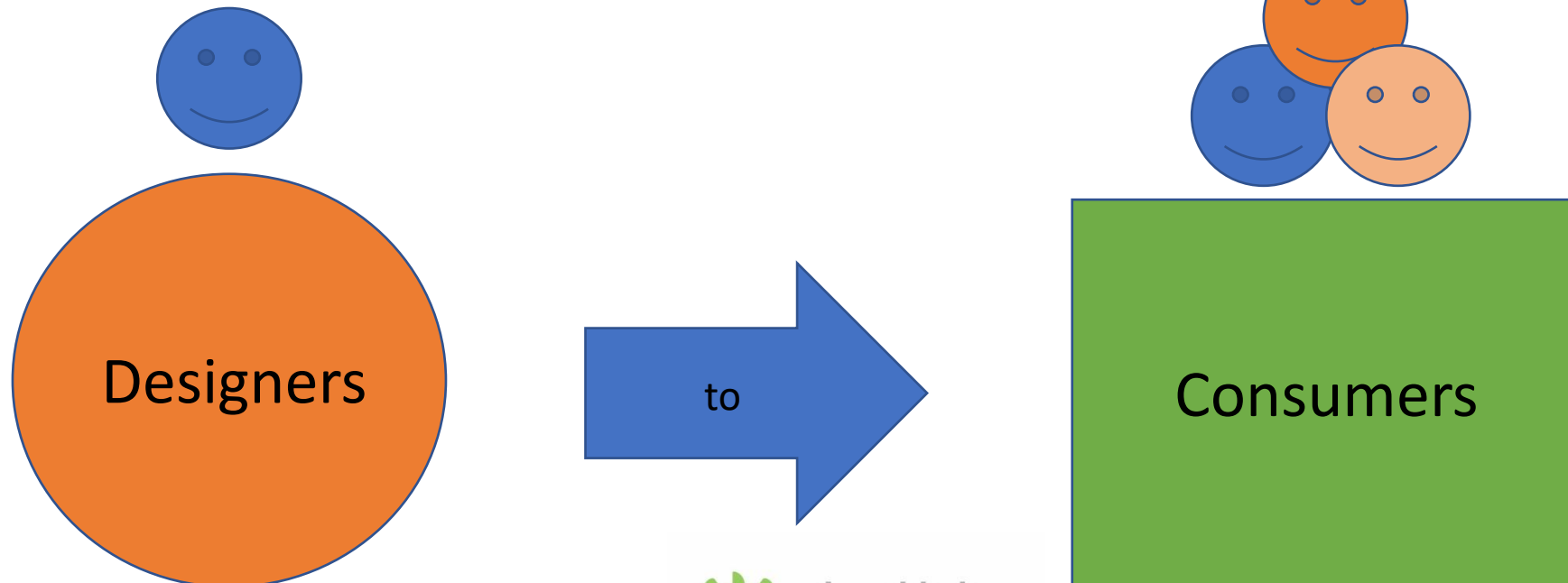


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ΘΕΣΣΑΛΙΑΣ

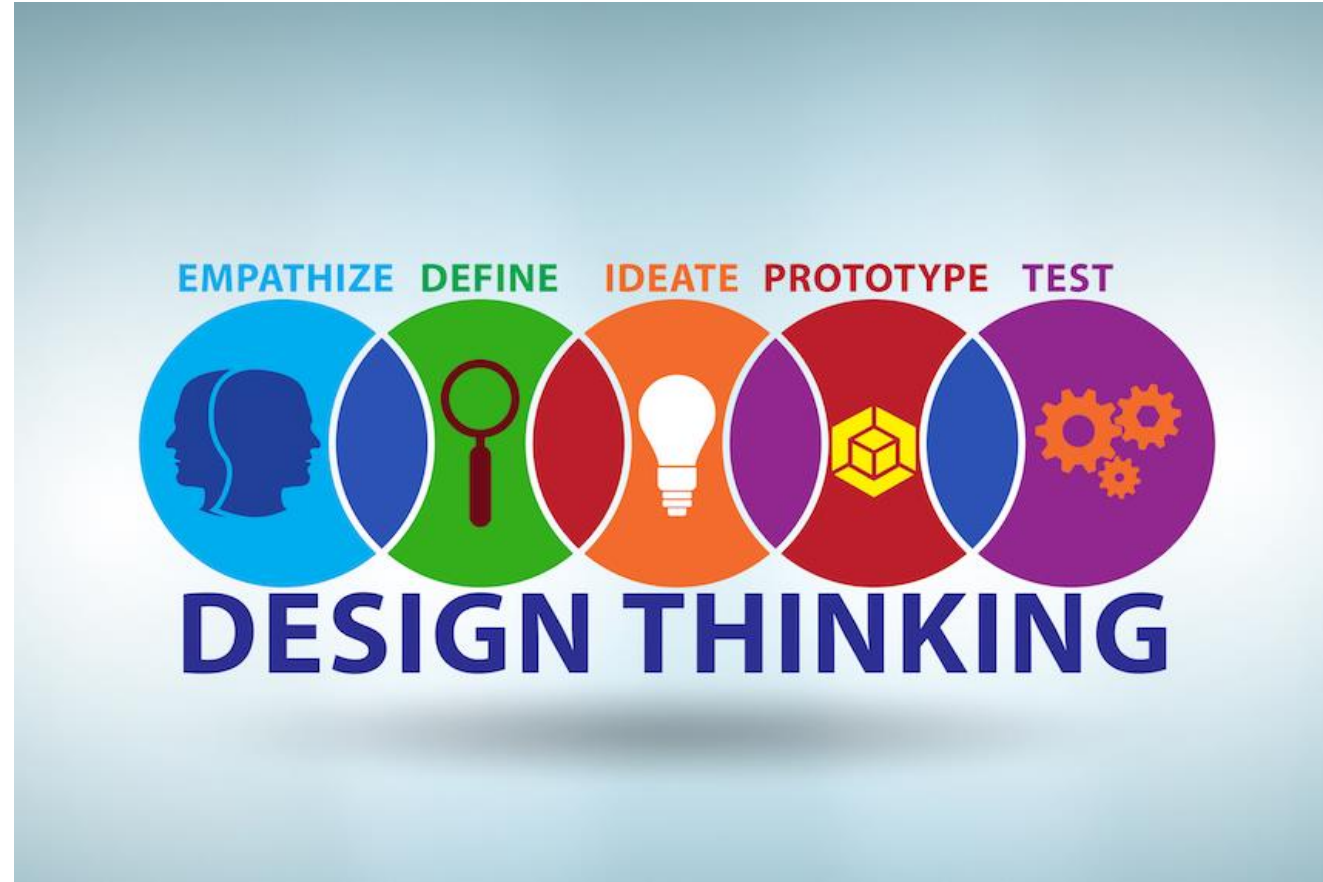


# Who creates the pictograms?

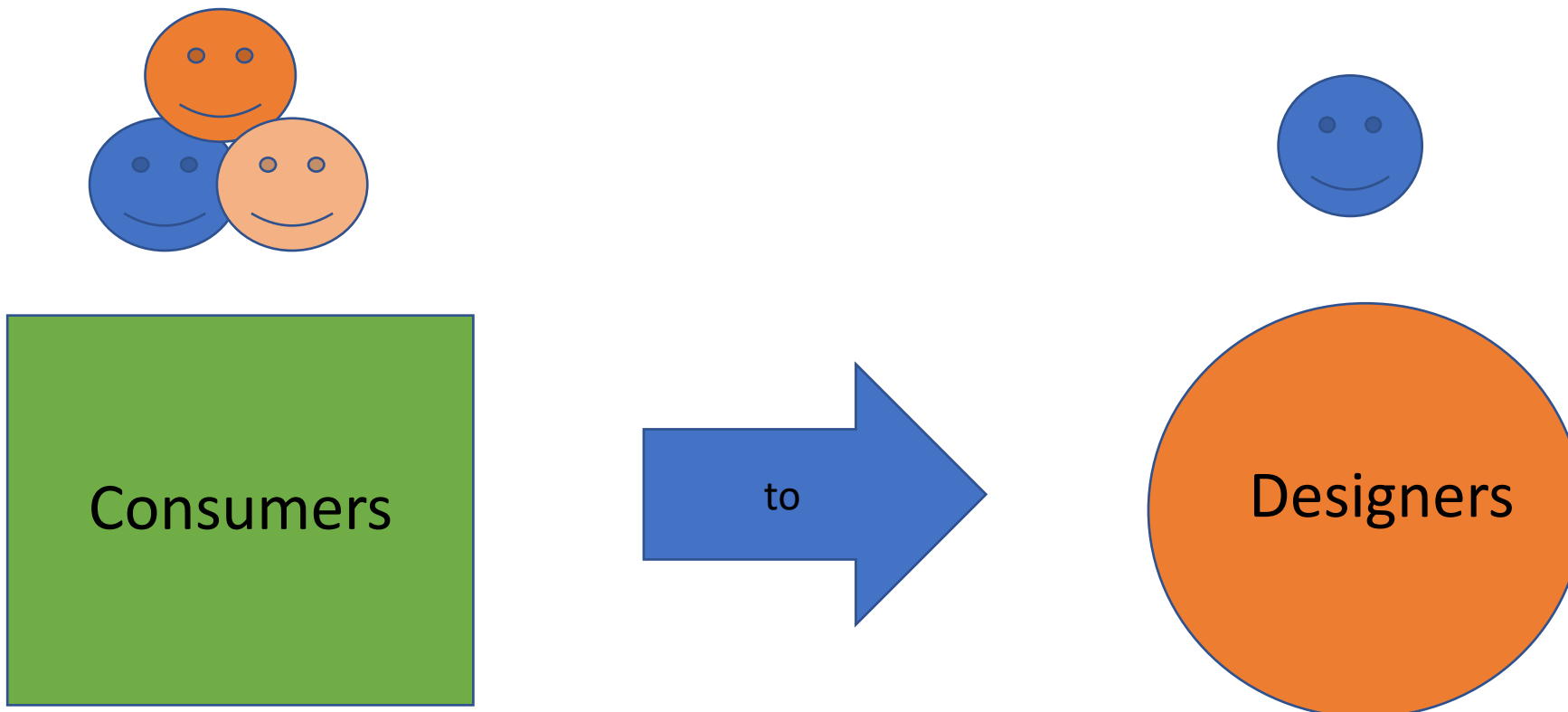
- Designers from different types of industries and social sectors.
- [International standard \*ISO 7001: Public Information Symbols\*](#).



# PICTOGRAMS AND DESIGN THINKING PRINCIPLES

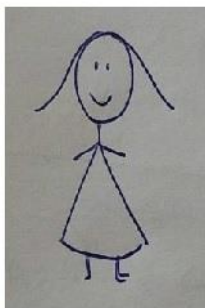


# LETS USE DESIGN THINKING



# HIGH5 PICTOGRAMME EXPERIMENT

Aleksandra



Anna



Ana Rocha



Sotiris



Konstantinos



Жени



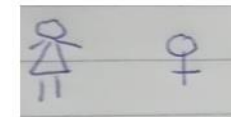
Oliver



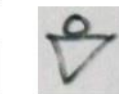
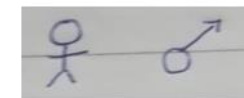
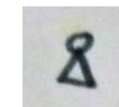
Kris



Elisaveta



Trinu



Source: Own creation

SO!

*The number of pictograms in use is rising from year to year*

*Soon we will challenge a problems related with  
so called pictorial literacy and especially iliteracy*

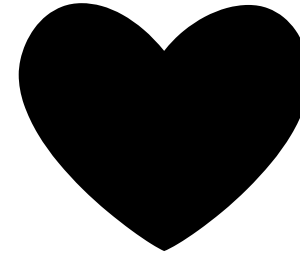
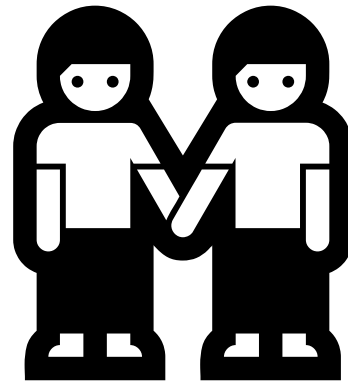
OR

*We can design the pictogram on principles of Design Thinking –*

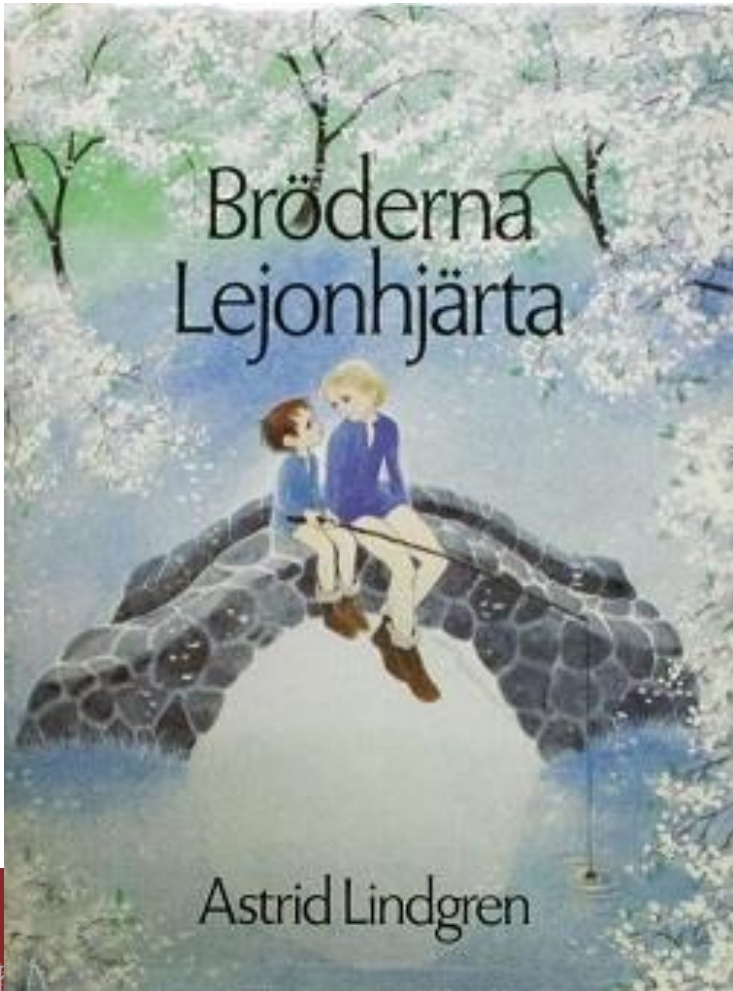




# READ THE PICTOGRAMS GUESS THE TITLES OF MY FAVOURITE BOOKS

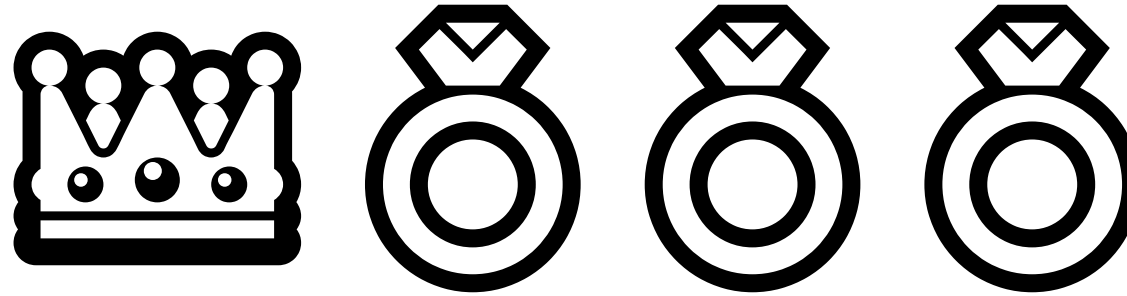


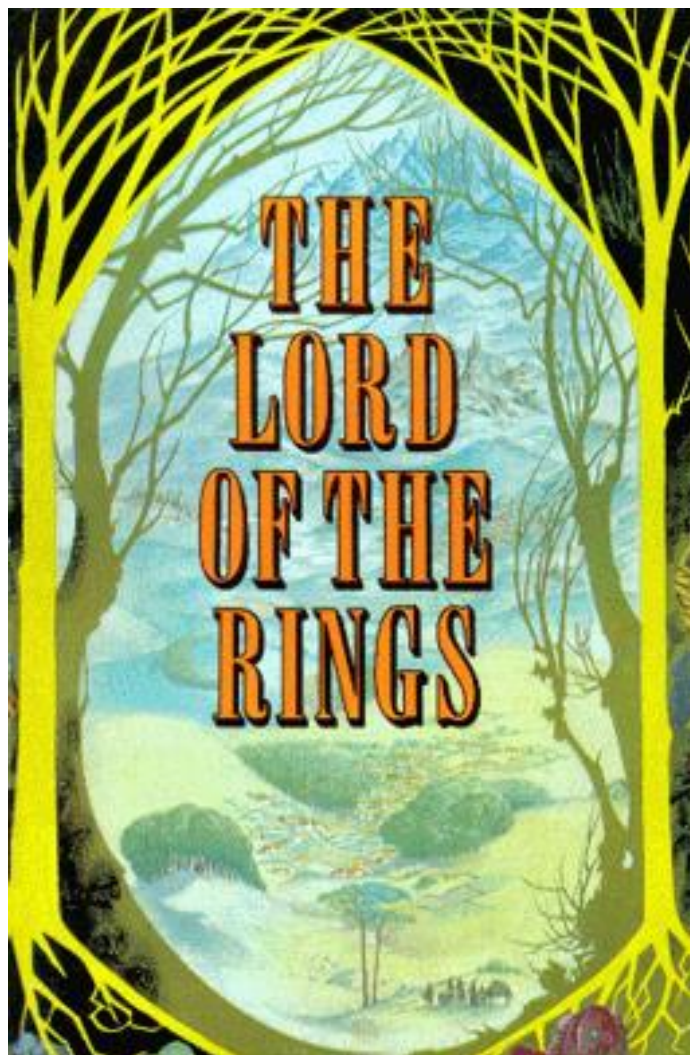
# The Brothers Lionheart



(Swedish: Bröderna Lejonhjärta) is a children's fantasy novel written by Astrid Lindgren

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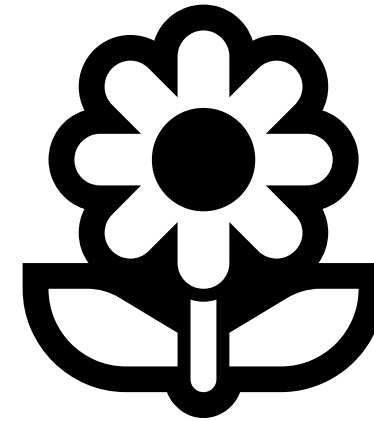
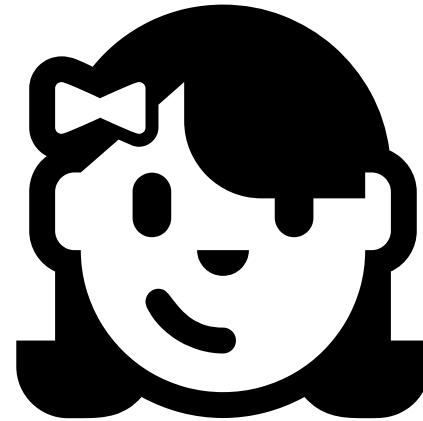
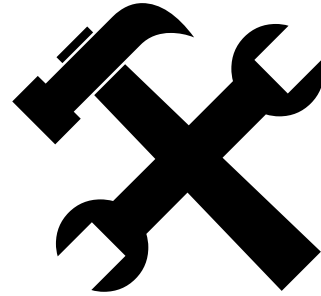




# The Lord of the Rings

The Lord of the Rings  
is an epic fantasy novel by  
English author and scholar J. R. R. Tolkien

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# The Master and Margarita

(Russian: Мастер и Маргарита) is a novel by Russian writer Mikhail Bulgakov, written in the Soviet Union between 1928 and 1940

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YOUR FAVOURITE BOOK OR MOVIE**



# PICTURES SOURCES

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# The end

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